Little Creek Casino Resort Hotel Tower Two is Looking Sharp and Ready for Business

“Sacrificial love” sums up the heart, dedication and enthusiasm that went into building the gorgeous new hotel tower at the resort that opened with a ribbon cutting ceremony on March 12th.

Kim Burrows, LCCR Director of Hotel Operations (also designer and interior decorator) was visibly moved during the ceremony when she expressed her gratitude for all the many people involved in the construction project. “I am so proud to have been a part of this project,” Kim said. “I must admit that, when I was told I would be the interior designer on this project, I became a bit nervous. With so many choices to be made and so much to choose from, how would I ever get this done? Eighteen months later here we are with the most beautiful hotel in the area. I must give a great deal of credit to my staff. Without them none of this would have been possible. Carmen, Dottie and Dena did a super job of keeping me organized. The mover and installer crew worked their tails off doing whatever was asked of them and Larry always kept his head when I was losing mine. Last but not least I thank the housekeeping staff that worked countless hours to get the rooms ready for our grand opening. You are an amazing bunch of people and without you and your efforts none of this would have been possible. I hope that everyone will take pride in this beautiful new addition to the property we really have something special here.”

The 98-room Hotel Tower Two was added in preparation for the upcoming golf course, concerts, special events and other tourism-related activities.

Tower One has operated at an amazing 90+% occupancy rate during summer months and 70+% occupancy rate during the winter months. Weekends are booked months in advance.

Kim was tireless in her dedication to the job and to ensuring tribal members were well represented in the art displayed throughout the rooms, hallways, conference rooms and foyers.

The new south entrance features a beautiful water fountain depicting “The People of the Water” with special respect for women. It includes a bronze statue of a young woman digging clams near the water’s edge. Fox and Raven stand guard. It’s all VERY beautiful, so if you haven’t gone down to check it out, do it soon. You’re gonna love it!
Methamphetamine Home Testing

The Office of Housing staff has recently received training for on-site meth testing. Morse Environmental, who specializes in sampling and processing, trained our staff to recognize and sample for the presence of Methamphetamines. The staff is now able to recognize the characteristics of clandestine drug labs.

The Office of Housing has already started testing empty units for Methamphetamines. After a tenant leaves for any reason, either voluntarily or involuntarily, homes will be tested. A positive test may result in significant damage charges for the former tenant. An average clean-up cost for homes contaminated with meth is about $4,500. This testing process is intended to ensure the safety of our children, community members and homes.

Medicine Creek Treaty Tree Update

Medicine Creek Treaty Tribes, Washington State Department of Transportation and Washington State Historic Preservation Office are working together to ensure the wood that fell during a winter storm will be rescued and made available to the three tribes for cultural purposes.

Stay tuned for more details as they become available . . .

General Body Meeting
MAY 5TH
Sign-In Begins @ 8:30 a.m.

Elections will be held for:

VICE CHAIR
Currently held by Andy Whitener

COUNCIL MEMBER 3
Currently held by Charlene Krise

Event Center Confirmed Shows

Comedy at the Creek
April 14, 2007
8:00 p.m. show
Tickets: $25/$20 ON SALE NOW

John Michael Montgomery
May 11, 2007
8:00 p.m. show
Tickets: $34/$28 ON SALE NOW

REO Speedwagon
May 12, 2007
8:00 p.m. show
Tickets: $36/$45 ON SALE NOW

Bill Cosby
September 1, 2007
Two shows: 6:30 and 9:00 p.m.
Tickets: $60/$50 ON SALE JUNE 7, 2007

BB King and Etta James
September 15, 2007
7:30 pm show
Tickets: $90/$80 ON SALE JUNE 21, 2007

Carlos Mencia
November 2, 2007
Two shows: 7:00 & 9:30 p.m.
Tickets: $45 / $35 ON SALE: AUGUST 2, 2007
Water Quality in Skookum Creek

John Konovsky - The Squaxin Island Tribe Natural Resources Department has monitored water quality in Skookum Creek for over five years. Our objective is to ensure that the quality of the water will support abundant and healthy finfish and shellfish populations in the watershed.

Natural Resources collects stream water temperature data during the summer months, and measures fecal coliform bacteria, plant nutrient pollutant levels, and streamflow year around. The results indicate that, on Tribal property, water quality is good and has not changed over the past five years.

Skookum Creek, as it passes the Tobacco Factory, Little Creek Casino Resort and the Childcare Center, has low levels of bacteria and very low levels of nutrients like nitrogen and phosphorus. Little Creek has slightly higher levels of nutrients, but still well within widely accepted scientific standards.

Stream temperature is the major concern—it is higher than fish prefer during the summer in Skookum Creek. The primary cause is a lack of trees along the stream banks. Trees provide shade and when they fall into the creek, they create deep pools and fish cover.

To cool stream temperatures, Natural Resources has planted trees on tribal property and added logs to the creek (see picture). Upstream, we have offered to plant trees on all property adjacent to the creek.

State agencies also monitor water quality. The Department of Ecology found excessive bacteria and high stream temperatures upstream of tribal property. Most of the bacteria seem to die before they reach tribal property, but water temperature continues to warm. Department of Health data indicates that the water in Little Skookum Inlet is clean enough to maintain the highest level of shellfish harvest possible.

Community

Freedom Isn't Free

Community Business
Opportunity
Kamilche Valley Fruit Stand Operations
May 25, 2007 (Memorial Day Weekend) through September 3, 2007 (Labor Day Weekend)

Island Enterprises, Inc. and Kamilche Trading Post welcome the seasonal business opportunity for a community member to provide leadership for the day to day operations at the Kamilche Valley Fruit Stand. You will be expected to set and maintain consistent hours of operations and prepare and maintain daily sales and expense records. Please forward your business proposal (“strategic plan”) which must include the following objectives:

- Making your purchasing decisions
- How you would minimize shrinkage/spoilage of fresh fruits and vegetables
- How you intend on managing order fulfillments
- How you intend to manage inventory
- Your established performance goals for employees

You are encouraged to submit your proposal to Joan Koenig at Island Enterprises, Inc., 3591 SE Olympic Hwy, Shelton, WA, 98584 or fax (360)427-0628. You must be willing to comply with all Kamilche Valley Policies, Rules and Regulations. We will no longer be accepting proposal’s after April 6, 2007.

Who Are These Handsome Protectors of Freedom?

Kim Kenyon
Harvey Krise

Calling All Tribal Veterans
The Squaxin Island Tribe Veterans Memorial Committee is planning to publish a book listing all tribal veterans and their military history. The book will be used as a fund raiser for the upcoming veterans memorial and will be constructed in the Tu Ha' Buts (Future World) complex. The committee is requesting all veterans to submit a few paragraphs about their military history as soon as possible so they can begin compiling the information. The committee hopes to have the veterans memorial constructed in time for Veterans Day in November. Thank you VERY much!

Allen is Still Missing

Despite rumors that have circulated over the past few months, Allen Mosier is still missing. Anyone with questions or information about Allen’s whereabouts are encouraged to contact Squaxin Island Public Safety Department immediately. Allen was last seen September 28th after parting company with friends in the woods behind the new tribal housing development, Slocum Ridge.
Community

Walking On . . . Louis Denney

Louis Smile Denney died on Sunday, February 18th at Mason General Hospital. He was 55. He had lived in Mason County for 28 years. He was born June 15th, 1951 in Raymond to Smile F. and Goldie M. (Wray) Denny.

He lived in the Lake Quinault area while working for the U.S. Forest Service, moved to Mason County 20 years ago, and lived on the Squaxin Island Reservation for the past 15 years. Mr. Denney worked for the Squaxin Island Housing Authority. He was also a fire-fighter, carver, singer, musician and played in a band.

His wife, Mabel Eileen Seymour, preceded him in death on December 17th, 2006. Surviving are sister, Victoria Denney of Chiloquin, Oregon; aunts Helen Anderson or Longview and Bonnie Jean Drummin of Eugene, Oregon; and numerous nieces, nephews, cousins, brothers and sisters-in-law.

A celebration of his life was held at 1:00 p.m. on Saturday, February 24th, at the Squaxin Island Gym. Arrangements were by McComb Funeral Home in Shelton.

I wish to thank the Squaxin Island Tribe, the Tribal Council, the tribal Elders, Chairman Jim Peters and his family, Little Creek Casino Resort, Kamilche Trading Post, McComb’s Funeral Home, the Cowlitz Drummers/Singers/Dancers and those who baked salmon and steamed clams (you know who you are) and donated a wonderful array of food to the Memorial Dinner/Feast in Louis S. Denney’s memory.

Special thanks to Rhonda Foster and Becky, Connie and Debbie Napoleon for making the cedar roses as boutonieres and corsages and to the 14 men and 17 women who were Honorary Pallbearers. Also thanks to Margaret Henry and Theresa Henderson for their help in reproducing photos for display at my brother’s Memorial Celebration, to Vinny Henry and Dustin Goodman for the set up and clean up of the seating and floors and to those who sent the many floral arrangements and cards of condolence. Finally, thanks to Louis’s many friends and relatives who befriended and respected his life and his works over the many years.

Note - I have donated, in my brother’s name, all of his carving tools and equipment to the Cultural Resources and Education Departments and all of his musical instruments to Allen Ford, his grandson.

"All My Relations"

- Victoria L. Denney, "Sister"

Hello, I am Loretta Case, and I am a cousin to Mabel Seymour. I did not spend much time with Mabel and Louis, but that doesn’t mean that I did not love them both, because I did. My husband and I would go over to their home on the 4th of July and watch the fireworks with them. I would take the grandkids to their home on Halloween. Louis would always be dressed up and do different things for the kids. He would do things WITH the kids. I remember stories that Louis would tell the kids and I would see the delight in their eyes as they listened. Mabel and Louis loved the kids.

We would like to thank Louis for sharing his woodwork, stories and sense of humor. We would also like to thank Mabel and Louis for sharing their life with us and giving us the memories and laughter, the music and stories.

I feel that Mabel went first because she had to clear a path for Louis because she knew about his eyes. We knew that great love they had for each other, forever. Thank you both!

We would like to thank Ila Ball for being there for Mabel and Louis in their time of great need. We would also like to thank Jim, Lisa and family for cooking the fish and to everyone who brought us food. We all enjoyed it!

Thank you!

Rick and Loretta Case
**Button Robe Ceremony @ MLRC**

Ruth Whitener - MLRC was asked by Brandi Peters to host a Button Robe Ceremony for her husband, Kris Peters, who is tribal member and police officer. Brandi has been planning this for quite some time, getting advice from Charlene Krise, Dale Clark and Corey “Bear” O’Lague on how to organize such a ceremony.

The ceremony was spectacular! Dale Clark, along with Bear, the drum group and dancers provided the protocol for the ceremony. Brandi created a beautiful button robe with Kris’s family crest. Witnesses were called and given gratitude for their participation. Lester Greene from Wyaatch was our visiting elder overseeing the ceremony. He later commented that “the service was very well done.” He also stated that we have too many sad gatherings and not enough of these happy gatherings. I believe there was unanimous agreement with Lester.

The staff at MLRC would love to provide more of these happy ceremonies, whether it’s a button robe ceremony, naming or just a cultural get together. We love to bring people together and be a part of a happy occasion. This is what I look forward to - providing cultural opportunity for our community. My job is to build our culture and to share it with those who inquire about our cultural heritage. I love to be able to create events such as a storytelling session with Roger Fernandez or a spiritual teaching by Ralph Edger. These men are both very well known throughout the Northwest tribes. I also coordinate cultural activities, including basketry, drum making and sewing classes, just to name a few. If you are interested in any of these events/activities, or have ideas that you would like to share with me, please feel free to contact me at 360.432.3841.
Storyteller/Artist
Roger Fernandes Is Coming To the MLRC This Month

Roger Fernandes is a Native American artist whose work focuses on the culture and arts of the Puget Salish tribes of the western Washington region. He is a member of the Lower Elwha Band of Klallam Indians and has a degree in Native American Studies from the Evergreen State College.

He works in a variety of mediums including painting, drawing, print making and sculpture. His work reflects the traditional designs and art of the Coast Salish people as well as contemporary artistic statements that examine the changes in Native tribal culture over the past century. He has several of his pieces in private and public collections across the region including major commissions by the Seattle Arts Commission and the King County Arts Commission. He also works in graphic design and illustration and has created artwork and designs for the Lower Elwha Tribe, the Seattle Indian Health Board, the U.S. Forest Service, the U.S. Indian Health Service and the Duwamish tribe.

He has been active as a storyteller since 1995, sharing the stories and legends of the local Salish tribes to audiences across the state. He was on a select roster of speakers for the Washington Commission for the Humanities and created a special performance entitled, “Teachings of the First People”, that has the audience consider the teaching aspect of story.

Roger will be visiting the MLRC April 19th, 2007 at 11:00 a.m. Admission: $5.00 adults, $4.00 seniors, $2.00 K-12. He would like anyone who has interest in storytelling to join us, share your stories, and hear his stories. Ruth Whitener has attended another event with Roger and feels he has a lot to share with everyone here at Squaxin Island.

"Indian Life"
Quilt By Rose Brownfield
To Be Raffled at General Body Meeting
Tickets $1 or 6 for $5
Available at Colleen Woodard’s office or through Rose
Winner will be drawn at General Body meeting May 5th
Supports Elders’ travel fund!

Bagley Family Reunion / Potluck

APRIL 7, 2007
Calling All Family . . .
of Florence, Clara, Josephine, Hazel, John, Violet, Frenchie and Marion!!!

For more information, or for suggestions,
Call Terri Capoeman:
462-3505 or (cell) 561-2913
tcapoemans@hctc.com
OR
Gloria Hill
462-0117

Tribal Council Resolutions
07-17: Authorizes submission of a grant application to the U.S. DOT FHWA Federal Highway Administration under the Public Lands Highway Discretionary (PLHD) for up to $1,000,000 to upgrade Arcadia Boat Ramp and provide a parking area and rest rooms suitable to the needs of the tribal community
07-18: Authorizes submission of a grant and loan application to USDA-Rural Development for up to $850,000 for the purpose of installation of a pump and force main/reuse pipeline that connects tribal housing sewer system to existing pipes leading to the Membrane Batch Reactor Wastewater Treatment Facility
07-19: Certifies that the Tribal Council has met the requirements for notice or and public participation in a project to install a pump and force main/reuse pipeline that connects tribal housing sewer system to existing pipes leading to the Membrane Batch Reactor Wastewater Treatment Facility
07-20: Approves the Third Amendment to the Class III Gaming Compact
FREE Tax Preparation Site
Tu Ha’ Buts Learning Center
Tuesday and Thursday evenings 5:00 p.m. – 8:00 p.m.
February 13, 2007 - April 12, 2007

There are volunteers on site who have passed the IRS tax course and test. Please call Lisa Peters @ 432-3871 to schedule an appointment for your tax preparation.

Upcoming Events

One-on-One Credit Counseling
with a Certified Housing Counselor
Administration Bldg. 2nd Floor
Tuesday, April 3, 2007
By appointment only
4:30, 5:30, 6:30

Conveying Homeowners Workshop
Administration Bldg. 2nd Floor Conference Room
Tuesday, April 3, 2007
4:00 p.m. - 7:00 p.m.

Screen Repair/Seasonal Maintenance
Administration Bldg. 1st Floor Lunch Room
Monday, April 16, 2007
4:30-6:30

If you have any questions about the scheduled classes, or would like to attend one, please contact Lisa Peters @ 432-3871. The OOH asks that you call to reserve a seat if you plan to attend a workshop.

2007 State of Washington Save Energy Tips
You turn up the heat, and walk through the kitchen barely noticing the quiet hum of the refrigerator. You notice there’s a little cold air coming in below the back door to the house. You’ve meant to get a storm door there - but it costs. Everything costs, these days.

Should you turn off the computer? Why bother? It’s late, time for bed. As you come into the bedroom you flick on the switch. The bulb is out again. Why don’t they last longer?

This is how we spend money in Washington. In fact, most families could save up to 20 percent on their energy bill by taking some simple steps and some planning. They don’t involve expensive equipment. They won’t take a lot of time. But they do take some reminding.

That’s what these monthly tips are for. These suggestions will make your home more comfortable, safer - and save you money.

We hope you put it in a place you see every day. We can’t do anything about the price of energy. But we can do something about how much we use.

INVEST IN NEW SMOKE DETECTORS. Install one with a new battery on every level of your house and outside each sleeping area and replace the batteries twice each year. Change them when you turn the clocks ahead or back for daylight savings time. NOTE: Some of the new smoke alarms come with a ten year battery. They are designed to be replaced as a unit, so you don’t need to replace the batteries with these alarms.

GET A CARBON MONOXIDE ALARM. They protect you against this odorless gas produced by defective heaters burning natural gas, oil, propane, wood, or kerosene. Immediately call the fuel company if the alarm goes off.

KEEP THE AREA CLEAR AROUND YOUR FURNACE. It needs air to burn the fuel and remember, never store combustibles near the furnace.

NEVER LEAVE ENGINES RUNNING IN AN ATTACHED GARAGE. This means snow blowers, lawn mowers, cars, or anything else with an internal combustion engine. Don’t even do it if the garage door is open.

LET IN FRESH AIR BY OPENING WINDOWS OR BY RUNNING FANS WHEN CHEMICALS ARE BEING USED IN THE HOUSE OR GARAGE.

NEVER PULL A PLUG OUT BY THE CORD.

USE PLASTIC SAFETY CAPS IN ELECTRICAL OUTLETS. Especially when there are small children in your home.

DON’T INSERT METAL OBJECTS INTO AN APPLIANCE-LIKE A KNIFE INTO A TOASTER-WITH-OUT UNPLUGGING THE APPLIANCE FIRST.

Do You Know What’s On your Credit Report???
The Office of Housing now has a Certified Housing Counselor that comes in monthly to assist Tribal members with credit problems or questions. The OOH has the ability to pull a FREE credit report from all 3 credit reporting agencies, which will also reflect credit scores from each. The Counselor will then evaluate your report with you and offer assistance with any questions regarding your credit. If you are interested in obtaining your credit reports and receiving a free consultation, please call Lisa Peters @ 432-3871 to schedule an appointment.

Did You Know?
The use of dryer sheets can build a film over the lint filter in your dryer, which can cause your dryer to burn out. Do this simple test at home:
1. Remove your dryer screen.
2. Go to your sink and run water over the screen.
3. If the screen is clean, the water should run freely through the screen. If the water sits on top of the screen, you have a film built up. This film build up could cause your dryer to burn out or overheat which could cause a house fire.

The best way to keep your dryer working for a long time and to keep your electric bill low is to: take out the lint filter and wash it with hot soapy water and a toothbrush every 6 months.
Child Development and Mentoring

Lynn Olson - A new study in the scientific journal Child Development shows that if students are taught that their intelligence can grow and increase, they do better in school. The study, conducted by research psychologist Carol Dweck from Stanford University, found that students who believe that their intelligence can grow as they learn do better in school than students who believe that their intelligence is fixed.

In mentoring, this research underscores the important work that adults do in offering praise, encouragement, and a "you can do it" approach as they work with children.

The following is a story about the research from NPR's Web site dated February 15, 2007.

Students' View of Intelligence Can Help Grades

By Michelle Trudeau

Morning Edition, February 15, 2007 - All children develop a belief about their own intelligence, according to research psychologist Carol Dweck from Stanford University. "Some students start thinking of their intelligence as something fixed, as carved in stone," Dweck says. "They worry about, 'Do I have enough? Don't I have enough?'"

Dweck calls this a "fixed mindset" of intelligence. "Other children think intelligence is something you can develop your whole life," she says. "You can learn. You can stretch. You can keep mastering new things."

She calls this a "growth mindset" of intelligence.

Dweck wondered whether a child's belief about intelligence has anything to do with academic success. So, first, she looked at several hundred students going into seventh grade, and assessed which students believed their intelligence was unchangeable, and which children believed their intelligence could grow. Then she looked at their math grades over the next two years.

"We saw among those with the growth mindset steadily increasing math grades over the two years," she says. But that wasn't the case for those with the so-called "fixed mindset." They showed a decrease in their math grades.

This led Dweck and her colleague, Lisa Blackwell, from Columbia University to ask another question. "If we gave students a growth mindset, if we taught them how to think about their intelligence, would that benefit their grades?" Dweck wondered.

So, about 100 seventh graders, all doing poorly in math, were randomly assigned to workshops on good study skills. One workshop gave lessons on how to study well. The other taught about the expanding nature of intelligence and the brain.

The students in the latter group "learned that the brain actually forms new connections every time you learn something new, and that over time, this makes you smarter."

Basically, the students were given a mini-neuroscience course on how the brain works. By the end of the semester, the group of kids who had been taught that the brain can grow smarter, had significantly better math grades than the other group.

"When they studied, they thought about those neurons forming new connections," Dweck says. "When they worked hard in school, they actually visualized how their brain was growing."

Dweck says this new mindset changed the kids' attitude toward learning and their willingness to put forth effort. Duke University psychologist, Steven Asher, agrees. Teaching children that they're in charge of their own intellectual growth motivates a child to work hard, he says.

"If you think about a child who's coping with an especially challenging task, I don't think there's anything better in the world than that child hearing from a parent or from a teacher the words, 'You'll get there.' And that, I think, is the spirit of what this is about."

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."

—Leo Buscaglia

Thank You, Pepsi Company, for Donation to Education Fund

ViewPoint

Education

Tribal member Gary Brown - Hello! My name is Gary Brown. I am a 29 year-old tribal member. I am writing to inspire those who don't have a GED to take some time and try to get it. I have taken three of five tests and passed them with flying colors! I've yet to do my math test; that one is going to be my toughest. But I'm really putting my heart into getting my GED and hope to start some college classes in the fall. What I'm realizing is that I'm not too old and it makes me feel really good to read I "passed!" Smile! I've got two more tests to do, and even if I fail, I'm going to keep trying. And that is really all that matters. So, to all of you who didn't finish high school and have been thinking about getting a GED, now is the time! There are a lot of jobs coming up and almost all require a GED or high school diploma. So if you find that you got spare time on your hands, give it a shot. You just might amaze yourself. I know I sure did! Smile!
Computer Lab
The Computer Lab is open and will be available Monday through Thursday, 3:30 to 6:00 p.m. and Friday 3:30 to 5:00 p.m. in TLC. Students and parents must read, complete and sign the TLC Computer Use Agreement before students will be allowed to use the computers. The computer lab is open to adults from 9:00 a.m. to 5:00 p.m. The computers are intended to be used for educational purposes - homework, research and reports, etc.

Private Tutoring Sessions
Private tutoring sessions will be offered in TLC. A certified teacher will be available for private individual tutoring sessions. If your child needs a little extra help in any academic area, please call to schedule an individual tutoring session. Please be aware that there is often a waiting list for these services. Call Lisa Evans at 432-3882 or stop by TLC to schedule your appointment.

Higher Education
The deadline to apply for funding for summer quarter, 06/07, is Friday June 19, 2007 by 5:00 p.m. If you need assistance with higher education paperwork, please give me a call, Lisa Evans, @ 432-3882. Please see the Higher Education Calendar for important dates and deadlines.

Scholarship Corner
Archaeological Field School, South Puget Sound Community College (Anthropology): MLRC received a scholarship to fund one Mud Bay Archeological Field School student for the summer of 2007. You must be an enrolled Squaxin Island Tribal Member and an undergraduate who has had some social and/or natural sciences training and limited to NO field experience. Interested students are required to write a letter of application to the MLRC. The letter should include the following information: Background information; educational interest and plans; information that demonstrates applicant's initiative, positive attitude and inspiration; special or relevant skills and activities. Students must attach a copy of their most recent college transcripts that demonstrates course work, previous field/lab experience, Anthropology and related courses, year in school, major and cumulative GPA. The application deadline is 5:00 p.m. on Friday June 1, 2007. Submit applications to: Lisa Evans, Education Assistant; Squaxin Island Tribe Education Dept.; SE 70 Squaxin Lane; Shelton, WA 98584. You may also fax to, Attention: Lisa at (360) 426-7897 or email to levans@squaxin.nsn.us.

Cornell University, College of Engineering: The Curie Academy program is a one-week summer residential program for high school girls who excel in math and science, enjoy solving problems, and want to learn more about careers in engineering. Eligibility and application requirements: current sophomore or junior girls; completion of at least algebra II and advancement through at least three science courses (by the end of the 2006/07 academic year.) Minimum cumulative GPA of 3.0 on a 4.0 scale. Completed applications must be accompanied by a typed or neatly written essay of no more than 500 words explaining the following: Why the applicant wants to participate in the CURIE academy; what she hopes to gain from the experience; what interests her about engineering; what thoughts she has about her future career. You must submit a written recommendation from a math or science teacher or high school counselor, an official high school transcript and a high school profile. For applications and complete information, go to www.engineering.cornell.edu/curie. Applications must be postmarked by April 16, 2007.

American Indian Endowed Scholarship: Applicants must be financially needy students, with close cultural ties to an American Indian tribe, who will be enrolled full time at a public or independent college or university in Washington by fall term 2007. All qualified applicants will be considered, however priority is given to upper division and graduate level students. Application materials must submitted as one complete unit, including the following attachments: A statement describing the applicant's close social and cultural ties to an American Indian tribe and/or community in Washington state; a statement of intent to return service to the state's American Indian community; three letters of recommendations; two of the letters should verify the student's social and cultural ties to an American Indian tribe or community within the state, and one letter should address the applicant's character and commitment to return service to the state's American Indian community; high school, GED, and/or college transcripts, as applicable; and the signed release of information form, as printed on the application. For applications and complete information go to www.engineering.cornell.edu/curie. Applications must be postmarked by April 16, 2007.

HSU Science Scholarship, Humboldt State University: Nationally known for its strong natural resource management programs, Humboldt State University is pleased to announce that thirty students will receive $3,623, a year for a 4 years. All students interested in studying computer science, mathematics or environmental resources engineering with a GPA of 2.75 or higher and financial need should apply at www.humboldt.edu/sks. Priority will be given to eligible applicants who are American Indian and/or first generation college students. Applications must be postmarked by April 15, 2007.

For more information on scholarships and a complete scholarship listing please contact Lisa Evans, Education Assistant, @ (360) 432-3882 or by email at levans@squaxin.nsn.us. You may also visit our web pages on squaxinisland.org.

Washington Indian Gaming Association Scholarship: One of the principal goals in WIGA’s Mission Statement is to promote tribal economic development and self-sufficiency. The WIGA Scholarship Program is designed to promote tribal self-sufficiency by providing scholarships for Native American students in Washington, seeking to advance their own self-sufficiency and broaden their personal and professional potential through higher education. Students pursuing degrees at community colleges, four-year colleges, and in post-graduate and professional schools are eligible. For applications and complete information go to www.washingtonindiangaming.org. Applications must be postmarked by May 5, 2007.

10th Annual National Native American Youth Initiative “Counselor Application”: The Association of American Indian Physicians will select twelve counselors, age 21 and older to attend the NNAYI program to be held in Washington D.C. Each counselor will serve as a role model and chaperone throughout the week for a select group of five to six students. All/AN medical and health professional students preferred but not required. All expenses included as well as a stipend upon completion of the program. For applications and complete information go to www.nnayi/nmayi.htm. Applications must be postmarked by April 20, 2007.
Making School a Priority
Kathy Simmons, Bordeaux Elementary School Counselor - With spring here it can be hard to keep kids focused on learning. What can you do to make school a top priority for your children? Try these simple ideas; they are useful any time of the year.

**Make attendance Job #1.** Let your children know that unless they are sick, they need to be in school. Try to schedule routine doctor and dentist appointments after school hours. If possible, take family vacations during school breaks. We give rewards for perfect attendance each month at Bordeaux! And four of those lucky students with perfect attendance have their names drawn for lunch with Mrs. Murray at McDonalds!

**Show you care.** Talk about their school activities and projects. Attend as many school events as you can. If homework and after school activities conflict, speak up. “I know you have baseball practice tonight, but homework comes first. After you finish, I’ll take you to practice.”

**Keep it upbeat.** Try to set a positive example for your children, even when your own day has been difficult. Instead of saying, “I had a hard day at work, I’ll never get my project done,” try, “Work was hard today, but I made some progress on my project.” If you show a positive attitude about your work, your kids may feel better about their own work.

**WASL assessments at Bordeaux for 3rd, 4th and 5th grade students will be April 23 - May 11.** They need to come to school well rested, ready to dot their best work and show us what they have worked so hard to learn!

Thank you for sharing your wonderful children with us at Bordeaux!

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### Squaxin Youth Cultural, Educational and Activities Calendar

#### April 2007

**Co-Sponsored by DASA**

All activities are Drug, Alcohol and Tobacco Free!!

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</tr>
</tbody>
</table>
| 2   | Spring Break  
Open 9am-4pm  
Swimming 1pm-3pm | Spring Break  
Open 9am-4pm  
Skateland 1pm-4pm | Spring Break  
Open 9am-4pm  
Fun For All  
1pm-3pm | Spring Break  
Open 9am-4pm  
Movies 12pm-4pm | CLOSED!!  
Spring Holiday!  
Spring Break |  Easter Egg Hunt  
10 am Sharp!! |
| 8   | 4pm Cultural Arts & Crafts  
B-Ball 3:30-6pm | 3pm Board Games  
2pm Snack  
B-Ball 3:30-6pm | CLOSED!! | CLOSED!! | CLOSED!! | Gym open from noon to 4pm  
Staff will be on site! |
| 15  | 4pm Cultural Arts & Crafts  
B-Ball 3:30-6pm | 3pm Board Games  
2pm Snack  
B-Ball 3:30-6pm  
Healthy Cooking with Sedar | 5:00 Youth Council  
5:30 Language Group  
6pm Drum Group | 3pm Board Games  
3pm Snack  
B-Ball 3:30-6pm | 3pm Board Games  
3pm Ping Pong  
4pm Movie/ Snack | Gym open from noon to 4pm  
Staff will be on site! |
| 22  | 4pm Cultural Arts & Crafts  
B-Ball 3:30-6pm | 3pm Board Games  
2pm Snack  
B-Ball 3:30-6pm  
Healthy Cooking with Sedar | 5:00 Youth Council  
5:30 Language Group  
6pm Drum Group | 3pm Board Games  
3pm Snack  
B-Ball 3:30-6pm | 3pm Board Games  
3pm Ping Pong  
4pm Movie/ Snack | Gym open from noon to 4pm  
Staff will be on site! |
| 29  | 4pm Cultural Arts & Crafts  
B-Ball 3:30-6pm |     | Any Questions Call:  
Mark Snyder 701-1561  
Jeromiah Geong  
432-3968 or  
Bill Kadappa 463-6361 |     |     |     |     |

Any Questions Call: Mark Snyder 701-1561  
Jeromiah Geong  
432-3968 or  
Bill Kadappa 463-6361
Lisa Peters - The Squaxin Island Tribe Office of Housing held their 3rd Annual Housing Fair on March 10. This was an opportunity for individuals to gather information, ask questions, participate in some hands on repairs, have some fun and eat some GREAT food!

Thanks to all of our vendors, listed below, who provided valuable information and were on hand to answer community member and participant questions:

- USDA – Rural Development
- Key Bank
- Office of Native American Programs
- Mason County Health Dept.
- Squaxin TANF
- Thurston County Volunteer Legal Services
- NW Justice Project
- Mason County Fire District 4
- Squaxin Island Tribe Public Safety & Justice
- Mason County Garbage and Recycling
- Squaxin Island Tribe Social Services
- Reservation Animals Rescue and Education
- Consumer Counseling NW
- WA State Housing Finance Commission
- Squaxin Island Heath Clinic, Diabetes Prevention
- Tribal Point
- CTET Tribal Weatherization
- City of Shelton/Mason County
- PUD #3

The Fair was funded by a 1% Grant and a donation made by Key Bank.
Housing Fair

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- Squaxin Island Health Clinic, Diabetes Prevention
- Tribal Point
- CTE Tribal Weatherization
- City of Shelton/Mason County
- PUD #3

The fair was funded by a 1% grant and a donation made by Key Bank. Thanks to all of our wonderful sponsors, vendors, volunteers and participants for making the 3rd annual housing fair such a great success.
"Candy" Meth Emerges

Joe Vazquez, (CBS 5) SAN FRANCISCO - Authorities say the flavoring and coloring of methamphetamine is a new and dangerous strategy that drug dealers are using to enhance the drug’s appeal among younger teenagers.

A drug bust Saturday in Carson City, Nev., revealed the new look of meth.

Tinted slightly red, the meth had been cooked and then flavored to resemble candy.

“This would be the stuff that they’re calling, ‘strawberry quick,’” said Carson City Sheriff Sgt. Dar- rin Sloan. “When they consume it, they don’t get that bad taste from the meth.”

In San Francisco, the Haight Ashbury Free Clin- ics reported some of their teenage patients have recently begun to use meth flavored with chocolate.

San Francisco police told CBS 5 that they had confiscated some off-colored meth just last week.

“We asked them why it’s a different color, and they said they’re cooking it now with Coca-Cola, different flavors of soda,” said San Francisco police officer John Andrews.

Dr. Alex Stalcup is a nationally renowned drug counselor who has just started seeing teenage patients at the New Leaf Treatment Center who have suffered the ill effects of flavored meth.

“Strawberry meth – near as we know – has been only been around since the beginning of the year. We’re talking a couple of weeks,” Stalcup said.

One of the patients was unaware the substance was meth at all and was told it was a solidified form of the energy drink Red Bull, Stalcup said.

“This is clearly a drug designed to be introduced to children,” he said.

Experts believe people between ages 18 to 25 are the most likely to use the highly addictive drug.

The usual concern with meth is long-term addiction, but Stalcup said the problem with flavored meth is much more urgent; young users are much more likely to overdose, which means they could quickly end up in the emergency room.

Night Clinic Hours

For the convenience of working patients

Are you busy working during the daytime?

Wednesday evening medical appointments are now being offered to working patients and working parents with sick children.

Wednesday evening clinic hours are from 5:00 to 7:00 pm with the last appointment being scheduled at 6:30 pm.

The pharmacy is also open during these hours.

Teens Abusing

Rx Drugs to Get High

From http://www.theantidrug.com - There is a new and disturbing trend parents need to know about. Teens are abusing prescription (Rx) and over-the-counter (OTC) drugs in an effort to get high - the same kind of high obtained from illegal street drugs like marijuana or cocaine.

There are many ways you can protect your teen and keep your teen from abusing prescription drugs:

- Educate yourself and your teen about the risks.
- Keep track of your medications.
- Talk to friends, relatives and school administration.
- Follow directions carefully.
- Discard old or unused medications.
- Monitor your teen's time online.
- Be observant.
- Find other ways to relieve stress and have fun.
- For more advice and information, visit TheAntiDrug.com.

Rx Drugs Are Easy to Get

Prescription drugs are easy to get and often free to teens. All they have to do is walk out of their bedrooms, down the hall into the bathroom, and look in the medicine cabinet. Or, for OTC medications, they can head toward the nearest supermarket. Teens can also get prescription drugs from friends at school, who have brought them home or stolen them from a family friend or relative. Nearly half (47%) of teens say they get prescription drugs for free from a relative or friend.

Ten percent say they buy pain relievers from a friend or relative, and another 10 percent say they took drugs without asking.

While it can be very tricky to monitor for this type of abuse, you can do it! If you find your teen is going through a lot of cough syrup, be on alert. When monitoring your own medications, if you notice anything missing, this is a tell-tale sign. If you already have established rules about drug abuse, enforce the consequences.

Health Events April 2007

Brief Community Walk

Every Thursday at 12:40 p.m.
Meet at the Elder’s Building after Senior Lunch

Community Health Walk

Thursday, April 18th
Meet at Elder’s Building at 12:40
20 minute walk around the REZ
All SPIPA tribes will be taking a walk in their area at the same time for diabetes prevention!
Help us win the Walking Stick!
A walking stick was donated by a Skokomish community member.
The Tribe with the most walkers each month wins the walking stick for that month.
We tied with Chehalis for February.
Can we keep it in April?

Mammogram & Women’s Health Exams

April 13th
Contact Rose Algea (360)432-3930

Smart Shopping/
Food Label Reading Workshops

Contact Patty to schedule a family & friends session

Come Visit

Our Health Promotions Programs

We have exercise videos (Sit & Be Fit, Yoga, Walk Away the Pounds & more)
You can come to the building across from clinic
Work out alone, with us or schedule a time for a group

Interested in Lifestyle Balance Program?
If you are Native American & over 18, see if you qualify to participate in this 16-week workshop to improve your health by changing your nutrition & activity

Next Foot Exam Morning for People with Diabetes

Coming May 8th
Contact Patty Suskin(360)432-3929 or Janita Johnson (360)432-3972
Be Physically Active
Being active brings many benefits for your heart and your health. Regular physical activity can help you improve your blood pressure and blood sugar levels and reduce your risk for chronic diseases such as type 2 diabetes, osteoporosis, obesity, depression, and breast and colon cancer.

How much activity do you need? Aim to get at least 30 minutes of moderate physical activity on most, if not all, days of the week. If you are trying to lose weight, aim for 30 to 60 minutes on most days.

One way to live a more active lifestyle is to incorporate as much physical movement into your usual daily activities as you can. For example, decide to take the stairs instead of riding the elevator and park your car at the far end of the parking lot and walk to the building. It may sound simple, but small steps do add up. Instead of finding ways to avoid the physical aspects of daily tasks, try to improve your fitness by doing more, not less.

Keep a written log of your physical activity to help you figure out how much exercise you get versus how much you need.

Use this table to estimate how many calories you can burn in 30 minutes of continuous activity. Your current weight will affect the number of calories burned.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Calories Used in 30 minutes by Activity and Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Playing basketball</td>
<td>150 POUNDS: 282, 200 POUNDS: 376</td>
</tr>
<tr>
<td>Bicycling</td>
<td>150 POUNDS: 163, 200 POUNDS: 217</td>
</tr>
<tr>
<td>Gardening</td>
<td>150 POUNDS: 195, 200 POUNDS: 260</td>
</tr>
<tr>
<td>Hiking</td>
<td>150 POUNDS: 204, 200 POUNDS: 272</td>
</tr>
<tr>
<td>Jogging at 5 mph</td>
<td>150 POUNDS: 270, 200 POUNDS: 360</td>
</tr>
<tr>
<td>Mowing with a light push mower</td>
<td>150 POUNDS: 135, 200 POUNDS: 180</td>
</tr>
<tr>
<td>Playing tennis (singles)</td>
<td>150 POUNDS: 234, 200 POUNDS: 310</td>
</tr>
<tr>
<td>Walking at 1 mile per hour</td>
<td>150 POUNDS: 68, 200 POUNDS: 90</td>
</tr>
<tr>
<td>Walking at 5 miles per hour</td>
<td>150 POUNDS: 225, 200 POUNDS: 300</td>
</tr>
</tbody>
</table>

Being physically active can boost your ability to make other lifestyle improvements as well. You’ll feel more confident, have more energy, and serve as a good role model for your family and friends.

Community Walk for Diabetes Prevention
Your Support is Needed
WE WON THE WALKING STICK! With 22 walkers. Can we keep it? YES

Thanks to everyone for your support. It’s paying off. Keep up the great work!
We walk down Klah-Che-Min Dr. to Ho-Mamish Court (the duplexes). We have water available after the walk. If you work out in the fitness center, jog before work or do another physical activity your time counts. Just give me call. Everyone is welcome to attend! Can’t wait to see you:

Thursday, April 19, 2006
Start Time: 12:40 p.m. End Time: 1:00 p.m.
Place: Meet at the Elder building

For more info contact:
Janita Johnson, Diabetes Prevention CHR
(360) 432-3972

Foot Exam Morning for People with Diabetes
When: Tuesday, May 8, 2007
9:00-11:30: FOOT EXAMS by Podiatrist, Dr. Molina Kochhar
Bring your foot questions for Dr. Kochhar

Call Patty for an appt time
(360)432-3929
People with diabetes first priority,
if appts available, will schedule others

Where: Squaxin Island Health Center
Light snacks will be available

Questions? Call Diabetes Coordinator, Patty Suskin 432-3929
Wastewater Reclamation Facility Open House

Dan Neelands - There will be an open house from noon to 3:00 p.m. on Thursday, April 5th at the Squaxin Island Tribe's new Water Reclamation Facility. Please come by and see the future of water treatment first hand. This is a chance to learn about the process and meet the contractors and distributors who made the project happen. The address is 1043 State Route 108, just West of The Little Creek Casino Resort.

For more information please contact Squaxin Island Tribe Community Development, (360) 432-3982.
Outdoor Activity of the Month
Check out Scatter Creek!
Published March 07, 2007 The Olympian/Chester Allen

Prime nature views within Scatter Creek Wildlife Area

WHAT
Scatter Creek Wildlife Area

WHERE
South of Littlerock, near the intersection of Case Road and 180th Street

TO DO
Scatter Creek is 1,200 acres of prairie and oak woodlands, with access to Scatter Creek. Much of Western Washington's prairie and oak lands have vanished, but Scatter Creek still is open grassland dotted with oak stands. Scatter Creek's wildlife gets very active this time of year — especially during warm days. From now through early summer is the time to visit Scatter Creek, and see the area come alive with singing, nesting and flying birds. Right now, bluebirds are checking out the nesting boxes scattered around the wildlife area, red-winged blackbirds are near the creek and red-tailed hawks are lurking in search of prey. It's fun to visit Scatter Creek every week or so, as a huge variety of birds that love open prairie, oak woodlands and wetlands are headed for Scatter Creek to nest. Scatter Creek is one of South Sound's best birding spots, but it might be the best place to find a garter snake enjoying a sunny afternoon.

Spring, which is just around the corner, attracts wildflower-lovers and bird watchers to Scatter Creek. Camas and other wildflowers will bloom at Scatter Creek in a few weeks. From April 1 to July 31, Scatter Creek will close to horseback riding to protect ground-nesting birds, butterflies and rare plants. Dogs also must be on leashes during this time, and visitors must stay on the Inner Loop Trail. Visitors during this time see great wildflower displays and a lot of nesting and mating birds.

WILDLIFE
Most hunting — except for pheasant hunting — is not allowed at Scatter Creek. It’s possible to see blacktail deer, beaver, otter, muskrat, fox, deer, bobcat, rabbit, coyote and other wildlife at Scatter Creek. Birdwatchers see herons, ducks, red-tailed hawks, kingsfishers, killdeer, meadowlarks and other birds in season.

DIRECTIONS
From Olympia, take Interstate 5 south to the Littlerock/Maytown exit. Take Maytown Road to Case Road. Turn left on Case Road. Turn right at 180th Street and follow the street to a gravel road. The parking area for the main Scatter Creek entrance is on the right. Another access point is on Case Road, 0.80 miles north of 180th Street.

RULES
No plant or insect collecting without a special permit. No camping or bicycles allowed. No rifle or pistol shooting allowed. All dogs must be on a leash from April 1 to July 31. Fishing season opens June 1 and closes Oct. 31. Visitors must display a state Department of Fish and Wildlife Vehicle Use Permit if they park at the area. The permits come with fishing or hunting licenses or cost $10 if purchased without a license. For a list of permit sellers, go to wdfw.wa.gov.

Meal Program Menu
A salad bar will be available at each meal, as well as fresh fruit or fruit salad. Beverages available each meal: milk, crystal light, water, coffee, tea, hot chocolate. Menu is subject to change. Free to seniors 55 and older. All others $3.

<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Wednesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td>French Dip &amp; Fries</td>
<td>2</td>
<td>Meatloaf/Mac &amp; Cheese</td>
<td>4</td>
</tr>
<tr>
<td>Chalupas</td>
<td>9</td>
<td>Ribs &amp; Potato Salad</td>
<td>11</td>
</tr>
<tr>
<td>Beef Stew</td>
<td>16</td>
<td>Breakfast</td>
<td>18</td>
</tr>
<tr>
<td>Spaghetti</td>
<td>23</td>
<td>Fried Oysters</td>
<td>25</td>
</tr>
<tr>
<td>Hamburgers</td>
<td>30</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Happy Birthday

**Squaxin Indian Bible Church**
- April 1
- Family Court
- Wastewater Facility
- OPEN HOUSE
- 3:00 p.m.
- AA Meeting
- 7:30

**Criminal/Civil Court**
- Church
- 7:30

**Council Mtg.**
- AA Meeting
- 7:30

**Council Mtg.**
- AA Meeting
- 7:30

**Happy Easter!!!**
- Squaxin Indian Bible Church
- 11:00 a.m.

**Storysttelling with Roger Fernandez**
- 11:00 a.m.
- MLRC

**Wastewater Facility**
- OPEN HOUSE
- 3:00 p.m.

**Mable Greenwood**
- April 19

**Mable Seymour**
- April 19

**Elisha Peters**
- April 19

**Jolene Grover**
- April 20

**Pamela Peters**
- April 20

**Vicky Turner**
- April 20

**Edward Henry II**
- April 21

**Elizabeth Obi**
- April 21

**Emily Sigo**
- April 21

**Joshua Whitener**
- April 21

**Chasity Villanueva**
- April 21

**Happy Belated Birthday Mom**
- (Sue)

**Love Misti and Family**

**Happy Birthday**
- Adolfo

**We Love You!**
- Saenz-Garcia Family

---

**What's Happening**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/1</td>
<td>Duane Cooper</td>
</tr>
<tr>
<td>4/2</td>
<td>Colby Smith</td>
</tr>
<tr>
<td>4/3</td>
<td>Deborah Knott</td>
</tr>
<tr>
<td>4/4</td>
<td>Elizabeth Campbell</td>
</tr>
<tr>
<td>4/5</td>
<td>Mathew Block</td>
</tr>
<tr>
<td>4/6</td>
<td>Chauncy Eagle Blueback</td>
</tr>
<tr>
<td>4/7</td>
<td>Carolyn Hoosier</td>
</tr>
<tr>
<td>4/8</td>
<td>Michael Kruger</td>
</tr>
<tr>
<td>4/9</td>
<td>Mathew Block</td>
</tr>
<tr>
<td>4/10</td>
<td>Robert James</td>
</tr>
<tr>
<td>4/11</td>
<td>Traci VanMechelen</td>
</tr>
<tr>
<td>4/12</td>
<td>Daniel Hall</td>
</tr>
</tbody>
</table>

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**Community**

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- (Sue)

**Love Misti and Family**

**Happy Birthday**
- Adolfo

**We Love You!**
- Saenz-Garcia Family

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**Squaxin Island Tribe - Klah-Che-Min Newsletter - April, 2007 - Page 18**
Belated Happy 27th Birthday to my Nephew “Vince Henry” (Lil Vince)
March 3, 2007

“Dumpling”

Happy Birthday Vince
27 years have flown
You’re our Lil “Dumpling”
But my how you’ve grown

I became your “Auntie”
When you entered our lives
We have a close bond
A rare, true natural tie

When you were a baby
And even a young boy
Auntie watched you a lot
You brought so much joy

You would listen and dance
As Auntie sang songs
Sometimes on my lap
You would sing along

When I got a boyfriend
You came along too
You would sit in his lap
Honking the horn as we cruised

No seat belt laws
Back in the day
After Chass was born
The two of you played

You two could fight hard
Like siblings you see
Together so much
Mom, Chass, You & Me

Auntie loves you so much
Just want you to know
Twenty seven years
and more coming
As you continue to grow

Love,
Your
Auntie

To Brat Girl!
May All Your Hopes and Dreams
Come True!
Lots-A-Love,
Auntie, Uncle and Cousins

Wesley "Curtis" Fletcher...

"He didn’t tell me how to live--
He lived and let me watch him do it!"

Happy 87th Birthday Daddy---

I Love You! - Jackie

Best Belated 14th Birthday Wishes

1981 - ‘Lil Vince & his Auntie

1981 - ‘Lil Vince holding Auntie’s microphone in her room

1981 – ‘Lil Vince & his Auntie

Joanne Decicio & ‘Lil Vince
April 1980
Vince is one month old

March 1997
Vince Henry Sr. 36 yrs
Vince Henry, Jr. 17 yrs
Dillon Decicio 6 yrs

1980 - Vince is one month old

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Best Belated 14th Birthday Wishes
Branches In The Ground Help Salmon

Emmett O’Connell, NWIFC - Sticks in the ground are helping to restore streamside vegetation along Skookum Creek on the Squaxin Island Tribe’s reservation.

“It won’t look like much because all the passers by will see are thousands of willow stakes into the ground, but these cuttings will grow into willow trees themselves,” said Sarah Haque, Habitat Biologist for the Squaxin Island Tribe.

“Branches from most species of willow, such as Sitka willow, easily take root, so a willow grove will soon surround the newly constructed logjams creating habitat for salmon,” Sarah said.

The Tribe constructed a series of logjams along Skookum Creek to slow the creek and provide salmon habitat. “Fast, straight streams aren’t good habitat for salmon,” said John Konovsky, environmental program manager for the tribe. “Juvenile and adult salmon need slow water so they can rest and feed.”

“It isn’t enough just to put trees in the creek, to make sure there will always be trees, we need to grow a healthy forest around the creek,” John said.

Ease of planting and the ability to root quickly make willow a good choice for salmon restoration projects with limited resources. “Salmon restoration money is limited, so we try to get the most out of the money we have,” said Andy Whitener, Natural Resources Director for the Tribe.

Another benefit to the project is that the fully grown willow trees won’t grow tall enough to interfere with high-tension power lines that cross the area. “We have to work with what we’ve got and still restore the riparian area, which is why we chose to use low growing willow species and dogwood to revegetate this stretch of the creek,” Sarah said.

The restoration project will especially benefit coho salmon, which spend more time in freshwater as juveniles. “Coho over-winter, which means they spend an extra year in freshwater,” John said. “They have more needs than other species of salmon for food and shelter in freshwater. Streamside shade and habitat features such as logjams give them what they need to survive.”

South Sound wild coho populations have been declining steadily for more than a decade. “We need to continue repairing the habitat these fish need to survive,” Andy concluded.

For more information, contact: John Konovsky, Environmental Program Manager, Squaxin Island Tribe, (360) 432-3804.

SITKA WILLOW FAST FACTS

- Of the more than 350 varieties of willow tree worldwide, Sitka Willow is one of four native willow species that are common to the Puget Sound region.
- Latin name: Salix sitchensis
- Blooms are cream to yellow in color and are up to 2 to 3 inches long.
- Sitka willow are usually found near water, such as creeks and lakes.
- They range from San Luis Obispo County, California north to the Alaska panhandle and east as far as Idaho.
- They can grow anywhere from 3 to 25 tall and up to 12 inches in diameter.

What dedication!!!! Above: Daniel Kuntz and Joe Peters, Below: George Krise

Planting Trees For Little Skookum Creek

Natural Resources staff and volunteers planted thousands of small trees near the banks of Little Skookum Creek in March. The trees will help protect against run-off and provide shade which will cool water temperatures in the stream. Coho smolts prefer cool stream temperatures.