



## SALMON FEST

Little Creek Casino Resort Parking Lot

**August 19, 2006**

11:00 am to 7:00 p.m.

7:00 p.m. Terri Clark Concert

@ Skookum Creek Events Center

\$200.00 per booth total

**We need vendors!!!!**

**Strut your stuff!**

Traditional or contemporary salmon dishes

Traditional or contemporary side dishes

Artisans and crafters

Let's make this an event our tribal community can be proud of!

Questions? Call Leslie Johnson,

Tourism Director, 432-3838

Email: [Ljohnson@ieinc.org](mailto:Ljohnson@ieinc.org)

We Want SQUAXIN vendors!!!

Give me a call!

### First Salmon Ceremony

Friday, August 11th

### Women & Girls Gathering

August 23-27

For more info, call Keena at SPIPA, 426-3990.

## Tribe Holds Ceremony for Skookum Creek Bridge Replacement Project

The Squaxin Island Tribe conducted a small blessing ceremony July 17th for the Skookum Creek Bridge replacement project.

The Skookum Creek Bridge will be closed July 10 through January 12. During that time, all traffic must detour to Old Olympic Highway by way of Highway 101 at the Kennedy Creek exit.

The bridge is being replaced because it is "functionally obsolete" due to safety concerns. The new bridge will have wider lanes, a sidewalk and guardrails among other features.

Shaker Ministers Rose Algea and Mike and Shirley Davis offered a song and prayers for the success of the construction project as well as the safety of its workers and travelers making the detour.

Mason County Commissioner Jayni Kamin was on hand to acknowledge her appreciation for the "strong partnership between Mason County and the Squaxin Island Tribe in many areas."

State Senator Tim Sheldon expressed his gratitude to the Tribe which is paying for 80% percent of the project. Mason County is paying for the remaining 20%.

Tribal Council member Russell Harper said its appropriate to take time to remember the bridge for "its strength in holding us up as we crossed the creek for so many years." He said its good to mix the old (memories) with the new (hopes and goals for the future) and unite them as one.

For safety reasons, site visits are not allowed unless coordinated ahead of time. For more information. Call, email, or visit if you have any questions about the project, contact Lynn Scroggins, Squaxin Planner and Project Coordinator @ (360) 432-3952 OR email: [lscroggins@squaxin.nsn.us](mailto:lscroggins@squaxin.nsn.us).



*Mason County Commissioner Jayni Kamin and State Senator Tim Sheldon offer words of appreciation*



**People of the Water**  
 10 S.E. Squaxin Lane  
 Shelton, WA 98584

PRSR STD  
 U.S. POSTAGE  
 PAID  
 SHELTON, WA  
 PERMIT NO. 96



# CULTURAL RESOURCES



## TRIBAL NEWS

K L A H - C H E - M I N

10 S.E. Squaxin Lane  
Shelton, WA 98584

PHONE: (360) 426-9781  
FAX: (360) 426-6577  
www.squaxinland.org



Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

**Submissions Deadline:**  
15th of each month

### SQUAXIN ISLAND TRIBAL COUNCIL:

- JIM PETERS: *Chairman*
- ANDY WHITENER: *Vice Chairman*
- VINCE HENRY: *Secretary*
- RUSSEL HARPER: *Treasurer*
- WILL PENN: *First Council Member*
- PETE KRUGER: *Second Council Member*
- CHARLENE KRISE: *Third Council Member*

### Klah-Che-Min Staff:

THERESA M. HENDERSON: EXT. #3945  
thenderson@squaxin.nsn.us

## The Month of the Dogwood...

Dale Croes - Recently I congratulated Rick Peters for completing the documentary video on Squaxin Island Tribe shellfish history and I mentioned that our South Puget Sound Community College researchers Nea Hubbard (Puyallup) and Patrick Lynch, had been conducting a quarter-long project to see what season(s) butter clams were harvested at the ancient Qwu?gwes site. Rick quickly pointed out that the Elders said "The butter clams are best to harvest when the Dogwood blooms." He commented, "Your scientific research will prove them right, or [and he hesitated on this thought] prove them wrong."

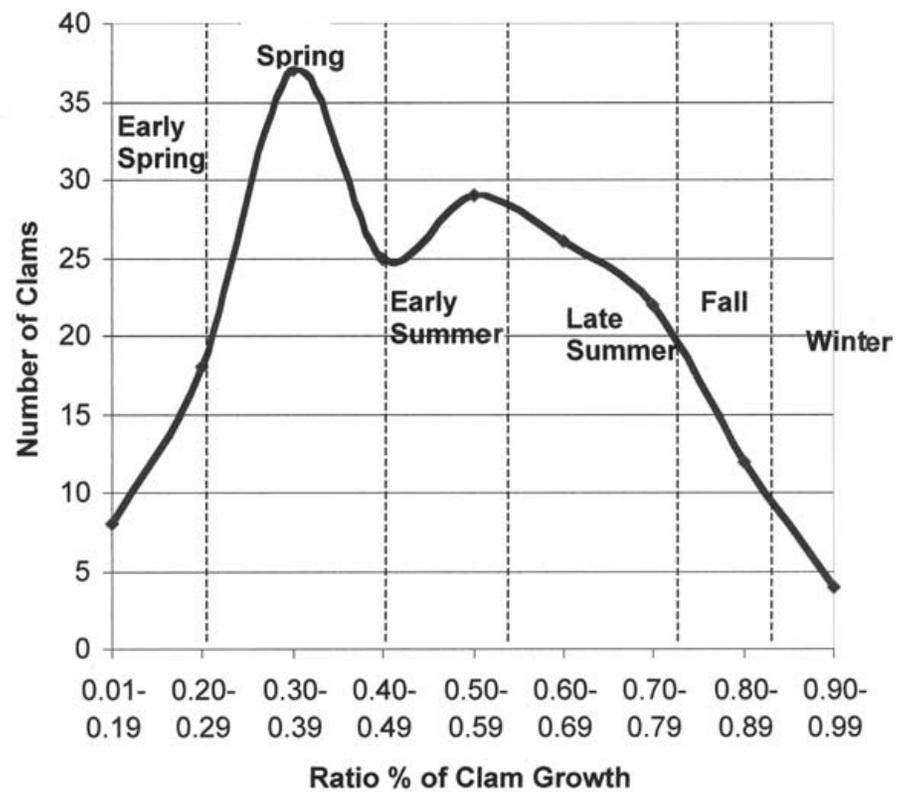
I too found the latter thought unnerving, but proceeded with my scientific approach. The data was soon entered. As we compiled the first chart representing approximately 200 ancient butter clams (whole enough to examine from one square), I was pleased to see that the science complimented the cultural knowledge. We had a late spring season peak. I did not know the blooming cycle of Dogwood trees—so I called Rhonda Foster, Director, Cultural Resources Department, to ask, "When do the Dogwood bloom?" She said, "Late spring"—Bingo! (See Figure 1).

It was also pointed out that "butter clams are rich with 'strong medicine,' known today as iodine and can make you sick if you eat too many. "Our Ancestor's knew if they are harvested in spring there was less 'strong medicine.'"

How do we estimate season of harvest from a clam shell? Clams have annual rings (or surface ridges) something like tree rings. They, like trees, cannot feed so well in the middle of winter and stop growing, creating a ridge. Of course the last annual growth is stopped when the butter clam is harvested and shucked at Qwu?gwes for a meal, or to dry for later use or trade. We measure that last growth with a digital caliper, which must represent a percentage of what it would grow in a full year (Figure 2). We next measure the last 3 full year "rings" above the last growth edge. The average of the last 3 full year measurements is divided into the measurement of its edge width to get a percentage of growth before it was harvested. Therefore, on the chart, 35% means the butter clam grew 35% of its average yearly growth, so appears to be harvested in spring—probably late spring.

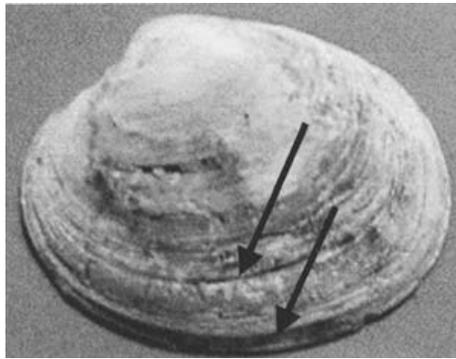
To do this analysis we need ancient butter clams complete enough to measure. Since these shells are up to 700

years old, they usually crumble during that time period. We found the best preserved butter clams in the oxygen-free waterlogged layers, where the ancient nets and basketry have been preserved. We collect clams with hinges to make sure we have single individuals. Since a clam has two hinges, we make sure we do not double count an individual by only measuring "left" hinged clams—those that bend to the left when viewed from the top. In that manner we do not count the same clam twice. Though we collected over 23,000 hinges from the square (N19E14), only about 200 left-hinged butter clams were complete enough to measure their edges. We still need to expand our sample in other squares.



**FIGURE 1.** Percent ratio of last growth "ring" on ancient butter clams from square N19E14 at the Qwu?gwes Heritage Site, Mud Bay. Note that butter clams are collected year round, most in late spring. Analysis by students, Nea Hubbard and Patrick Lynch.



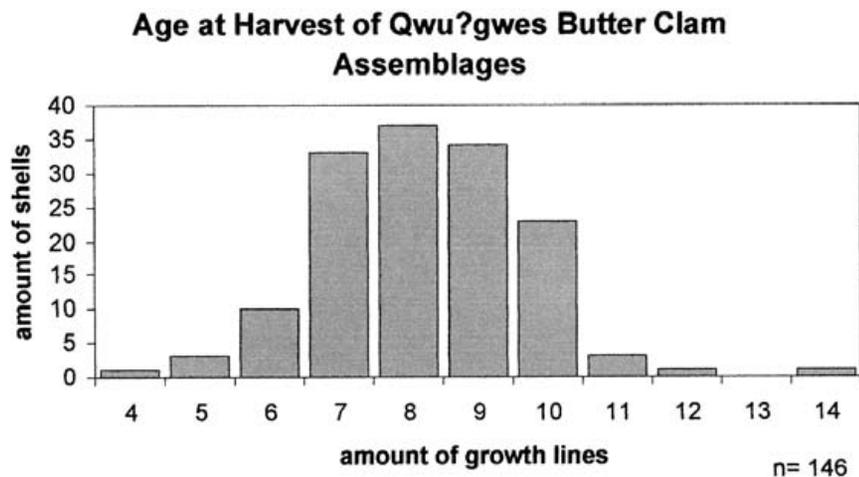


**FIGURE 2.** Left: Growth “rings” on an ancient butter clam—note the small amount of ending (edge) growth representing the year it was harvested. Right: Measuring the amount of growth for a full year.

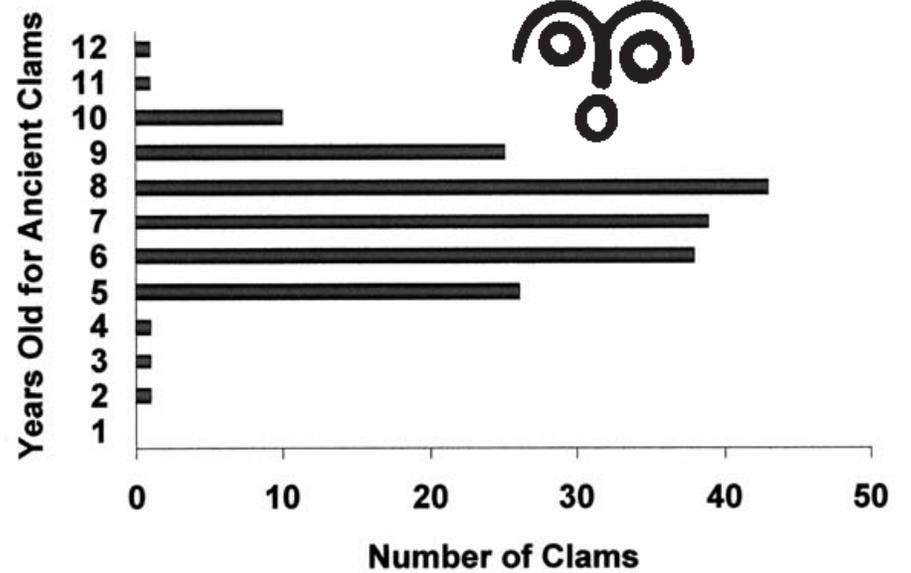


We also wanted to know how old the butter clams were when harvested—this can definitely reflect management of shellfish beds. If they are only harvested at a certain age range, then the beds are left alone until they reach that age range. We know from shellfish research that a butter clam can live to 15 years old, and maybe older.

A previous Qwu?gwes researcher, Jennifer Hurst, measured the age-of-harvest on about 150 ancient butter clams and discovered that the age range was restricted to between 7 and 10 years old. Few were taken younger and few lived to be 11 years old in the beds. This reflects strict management: leaving younger ones, collecting them at prime, and leaving few to reach older ages (Figure 3)



**FIGURE 3.** Age of harvesting ancient butter clams as shown by Jennifer Hurst’s data. Nea Hubbard and Patrick Lynch also counted the age of the butter clams from square N19/E14 last spring quarter. We found the same pattern, further supporting strong management of the shellfish beds (Figure 4).



**FIGURE 4.** A different orientation of the data, and showing more 5 year olds collected in N19E14, but still showing a limited age-at-harvest range, with younger ones not kept and beds collected when the butter clams are no older than 10 years old. Mostly 6-9 year old butter clams.

We hope this gives you a glimpse of working with science and cultural knowledge to see some very significant trends. Though the butter clams are best, and probably tastiest, to collect in late spring, they are in fact collected year-round. Also they are collected with strong management controls to assure a sustainable harvest and a high quality of life for the ancient Peoples of south Sound.

If you have any thoughts or comments about this report, especially ideas we never thought about, please send them to Rhonda Foster at CRD or her e-mail: rfoster@squaxin.nsn.us and/or Dale Croes at SPSCC or his e-mail: dcroes@spscc.ctc.edu , Thanks.



## Public Safety Department to Auction Car

Squaxin Island Police Department will auction off a 2001 Mitsubishi Eclipse that was seized for drug activity. The auction will take place at Summit Towing, 3533 Mud Bay Rd., Olympia, WA, on August 2, 2006 at 10:30 a.m. Viewing starts at 8:00 a.m.

## Important Information

### About Occupational Drivers Licenses

Due to construction of the new bridge, there will be no occupational driver’s licenses issued in tribal court for those working at the casino, hotel, events center, KTP, or tobacco factory until the road re-opens. The only occupational driver’s licenses that will be issued during this time are for those that work in offices on the reservation on the hill; this includes those working at SPIPA.

If you have questions, please call the court clerk at 432-3828.



## Do You Qualify for this Weatherization Assistance Program?

Weatherization programs exist to help low-income households reduce home energy consumption, while increasing the health, safety, comfort and longevity of their home. The Community Action Council of Lewis, Mason and Thurston Counties provides a Weatherization Assistance Program which may include air measures such as weatherstripping and caulking, insulation measures to wall, floor and ceiling areas and related repair measures. Health and safety issues such as indoor air quality and heating system repair are also addressed. Each home is unique as to what is needed.

*Below are the income guidelines for the weatherization program:*

Household	Average Monthly Income	Annual Income	Monthly Income For Wage Earners
1	\$ 1,021	\$ 12,250	\$ 1,276
2	\$ 1,375	\$ 16,500	\$ 1,719
3	\$ 1,729	\$ 20,750	\$ 2,161
4	\$ 2,083	\$ 25,000	\$ 2,604
5	\$ 2,438	\$ 29,250	\$ 3,047
6	\$ 2,792	\$ 33,500	\$ 3,490
7	\$ 3,146	\$ 37,750	\$ 3,932
8	\$ 3,500	\$ 42,000	\$ 4,375

If you would like more information on any of these programs, please contact Lisa @ Office of Housing 432-3871.

### What are loans?

A loan is borrowed money which must be repaid in one or more payments. Lenders charge interest on the amount you borrow. This means that you pay back more than you receive. This is how a lender covers the cost of doing business and makes profit. The higher the interest rate, the more you must repay. You should know that the lower the monthly payment, the longer it will take you to repay the loan and the more you will pay to borrow the same amount at the same interest rate.

Compare:

- \* You borrow \$500 at 18% interest for 12 months:
- \* You pay \$45.84/month x 12 months  
\$500.00 principal (you get)  
+ \$50.08 interest you pay  
= \$550.08 total to repay
- \* You borrow \$500 at 18% interest for 24 months:
- \* You pay \$24.96/month x 24 months  
\$500.00 principal (you get)  
+ \$99.04 interest (you pay)  
= \$599.04 total to repay

Sometimes you may need to borrow a few hundred dollars because of an unexpected medical bill, broken appliance, or to buy a used car to obtain or keep a job. While the amount of cash you may need is small, the amount of interest you will repay may be large.

### Always Shop Around

NCLC is a consultant for lawyers and others on consumer issues affecting low- and moderate-income Americans. This brochure was supported, in part, by a grant from the Open Society Institute

4.02

### What You Can Do To Avoid Problems

**\* Save now for unexpected expenses.** Even putting aside a small amount each week will help: Try to save your money before there is an unexpected expense so that you can avoid borrowing. You can talk with budget counselors who can help you understand how you spend your money each month and how you might save.

**\* Shop around.**

Do not look just at the monthly payment. Compare the interest rate (also called the "annual percentage rate"), the total amount you will repay, the number of payments, and the amount of fees added on to the loan.

**\* Read before you sign,**

Make sure you or someone you trust reads the loan papers before you sign them. If the lender will not let you take them home to study them and tries to rush you, walk away. That is a sign of trouble.

**\* Consider alternative credit.**

If you open an account at a credit union (which is like a bank and is backed by the federal government), you can get a small loan at interest rates of 10-20% instead of the 254-830% (for pawnbrokers and rent-to-own stores) or 730% (for the payday loan).

If you need a loan to start up a small business, there may be a non-profit organization in your area that can help.

### Where Else To Go For Help?

If you borrowed money from one of these lenders and want to know your rights, you may be able to get free assistance from your local legal aid office.



## Borrower Beware:

### The High Cost of Small Loans, Pawnbrokers and Rent-To-Own Stores

NATIONAL  
CONSUMER LAW  
CENTER INC

77 Summer Street, 10th Fl.  
Boston, MA 02110  
Phone: (617) 542-8010  
Fax: (617) 542-8028  
www.consumerlaw.org



## First Time Homebuyer Education Class

The Office of Housing would like to congratulate the tenants who completed their First Time Homebuyer Education Class and received their WA State Housing Finance Commission certificate.

The training was held on June 20 & 21, 2006 and included information on the following topics:

- Understanding your credit
- Types of Loans and understanding the loan process
- Predatory lending
- Maintaining your home
- Meeting your financial obligations

*Below: Chasity and Mike Masoner, Tasha Gamber, Lorane Gamber*



A BIG thank you to Mia Vermillion from Countrywide Home Loans for presenting a portion of this valuable information.

The Office of Housing will be conducting First Time Home Buyer Classes on a quarterly basis. If you are interested in attending, please contact Lisa Peters @ 432-3871.



*Brittney and Jake Johnston*

## The High Cost of Different Kinds of Small Loans



### Payday Lenders

Some check cashers will offer to take a personal check from you or from someone else you know. The lender will hold that check and not cash it for one or two weeks. In return they will give you an amount of cash that is less than the written amount of your check. Sometimes, the lender will charge another fee on top of the interest.

At the end of the two weeks, you must either pay back the full amount of the check (more than what the lender gave you), or the lender will cash the check. Often, the lender will try to get you to write another check in a larger amount and give you little or no cash back. In this way, the lender gets more money from you and you get further in debt.

The difference between the amount of your check and the amount of cash you get in return is interest that the lender is charging you.

For example:

- \* You write a \$256 check
- \$200 loan you get back
- = \$56 interest you pay (730% on an annual basis)

Compare this to annual interest rates as low as 10-15% that banks and finance companies charge.

### Pawnbrokers

Pawnbrokers are companies that allow you to trade something of value such as jewelry, a stereo, or even your car, in exchange for cash. Usually, a pawnbroker will lend less than one-half of the value of your property. You must pay back the loan within a certain period of time or the pawnbroker can sell your property and keep the money. Since you are charged fees, and only receive at most 1/2 of the value of your property in cash, you may be paying up to 200% interest per year.

### Pawning Your Car Title

Some pawnbrokers will allow you to keep the use of your car but take the paper that is your title to the car. In exchange you will get cash; but, again, no more than one half of the car's value. If you do not repay the loan, the pawnbroker will find your car, take it, and sell it. If you can make all the installment repayments, the pawnbroker still makes quite a profit off you.

For example:

- \* You give your car title (\$1,000 value) - \$500 loan you get back
- \* You pay weekly installments of \$103.30 for 10 weeks
- \* \$103.30 x 10 weeks = \$1,033
- \$1,033 you pay
- \$500 you get
- = \$533 interest you pay (830% on an annual basis)

### Renting A TV, Stereo, Furniture, or Appliances

When you go to a store and rent these items instead of buying them, you will often pay at least three or four times what it would cost to buy them.

For example:

- \* You rent a 19-inch color TV (\$300 value)
- \* You pay \$16/week x 52 weeks = \$832
- \$832 you pay
- \$300 value of the TV you get
- = \$532 interest you pay (254% on an annual basis)

Sometimes the rent-to-own company will rent you a used TV and tell you it was new. Then, they make even more money from you. And if you miss a payment, the company may repossess the TV, leaving you nothing to show for all the payments you made.



## Abuses by Some Small Loan Lenders

- \* Some lenders charge very high interest rates.
- \* Most lenders will also add fees to the cost of the loan and try to sell you insurance. These extras make the loan even more profitable for the lender and more costly for you.
- \* Some lenders make it hard for you to figure out how much the loan is really going to cost.
- \* Some will encourage you to borrow from them over and over again so that they can make more money at your expense.





## Congratulations Neve Peters

Neve Peters, daughter of Joseph and Amy Peters, received \$500 scholarship for winning the 3rd grade award of the Olympia Federal Savings Scholarship Essay Contest. The scholarship required Neve to submit an essay based on the theme "A Centennial Celebration: 100 Years of History". She decided to write her essay in a letter to her future Great Great-Granddaughter about the history of Griffin School. Way to go Neve!

Neve is going to be in fourth grade at Griffin School in the fall. She enjoys playing piano, horseback riding, and girl scouts. Neve loves science and math. She dreams of being a Crime Scene Investigator when she grows up.



## FOUND

**Grey Mother Cat**

**Recently had Kittens**

**If you think she may be yours,  
Call Nancy Rose @ 432-9469**

## Special Thanks

Special Thanks to so many people at Squaxin Island Tribe for the help and concern you have shown since my husband, Dewey Sigo, has been at Firlane. I really appreciate the Tribe's help, especially from Leah Cruz, her beautiful daughters and Lovely Alex Rivera. Jai-mie told her mom she wanted to take care of me and I think that is just so sweet. She's been helping with the lawn and the paper. I can't thank her enough. Thanks again, and especially to my special friends

Ramona and Barb.

You are all very kind to me

- Jean Sigo

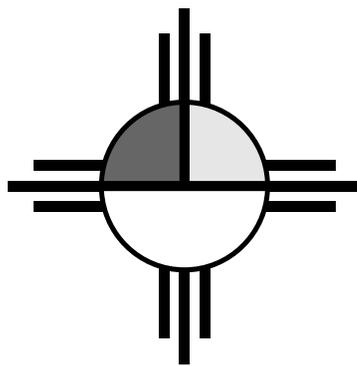
## Tribal Council Resolution

**06-63:** Approves \$30,018 of Squaxin Island Tribe's BIA IRR 2006 construction allocation to be obligated to the Skookum Creek Bridge project



**Freedom Isn't Free**

## Who Are These Handsome Protectors of Freedom?



**2nd FY07**

**Public Budget Hearing**

**August 16th**

**4:30 p.m.**

**Council Chambers**



*Willie Whitener*



*Ron Whitener*



## Building Green: Saving Resources and Money, Creating Healthier Spaces and Places

Lynn Scroggins - To work for respect of the elders, not to waste things, to build a community for past, present, future... "Green building", "building green", "green built", and just plain "green" are terms for a different, more responsible way of developing buildings and communities. Green is in keeping with traditional Native ways that protect and conserve natural resources as good stewards of the land and its inhabitants. Green building is an up-front investment of community time, effort, and money to create buildings and ways that save money (utility bill) through energy efficiency, save resources through environmental conservation, and create healthier indoor spaces for healthier people. Elements of green building are: design, land use and site issues, materials, equipment, and business practice (see sidebar list). Green building is inevitable because we can act more responsibly about what we do and how we do it.

On July 11-13, 2006, the HUD NW Office of Native American Programs (ONAP) held the nation's first HUD ONAP Green Building workshop at Squaxin's Little Creek Hotel. The purpose of the workshop was to host a regional forum to share information about green building development and sustainable design in Native American communities and to determine whether there was enough interest for similar workshops in other regions throughout the country. Given the feedback from about 60 people who attended the workshop, including people from 18 Northwest tribes who learned a great deal from presenters and participants, the workshop was successful.

The workshop was conceived by the HUD Emerging Leaders Program, recognizing the need to partner and "get the word out" about green building. HUD HQ ONAP Deputy Assistant Secretary Rodger Boyd, an architect by trade, was proud to recognize first green building in Arizona State, a BIA school built on his Navaho Reservation. Boyd and other supportive HUD NW ONAP managers attended the workshop, lunched with Squaxin hosts, and toured the Squaxin Reservation.

On the tour, Squaxin Construction Manager Dan Neelands shared information about the new wastewater treatment system that will meet the needs of Squaxin's Kamilche commercial and community users, treating all the waste water and converting it into Class A "reuse water" for irrigating the Salish Cliffs Golf Club golf course. Dan also shared information about a green built project to build a Natural/Cultural Resources Building next to the new SPIPA Building, overlook-

ing the Kamilche valley. Its pre-design is complete, the fundraising is beginning, and the tentative opening is 2008.

All sustainable design and green efforts need to be promoted and celebrated. Stay tuned for more information about these projects and other ways Squaxin is becoming green in future Klah-Che-Min articles. For more information, contact Dan Neelands at (360) 432-3975 or Lynn Scroggins at (360) 432-3952. ###

### Environmental Building News Checklist

\* [www.buildinggreen.com](http://www.buildinggreen.com)

### Design

Smaller is better \* Energy Efficient Design \* Using Renewable Energy \* Optimizing Material Use \* Water-Efficient, Low-Maintenance Landscaping \* Easy to Recycle Waste \* Graywater Usage \* Durability Design \* Future Reuse & Adaptability \* Avoiding Potential Health Hazards (i.e. Radon, Mold, Pesticides)

### Land Use & Site Issues

Renovate Older Buildings \* Create Community \* Encourage In-Fill & Mixed-Use Development \* Minimize Automobile Dependence \* Value Site Resources \* Minimize Building Impact \* Responsible On-Site Water Management \* Benefit From Existing Vegetation \* Site-Work Protection of Trees & Topsoil \* Avoid Pesticides & Chemicals to Harm Groundwater

### Materials

Durable \* Low-Maintenance \* Low-Embodied (Less Processed) Energy \* Locally Produced \* Recycled \* Salvaged \* Responsible Wood \* Avoid Off-Gas Pollutants \* Minimize Pressure-Treated Lumber \* Minimize Packaged Waste

### Equipment

High-Efficiency Heating & Cooling \* Avoid Ozone-Depleting Chemicals in Mechanical Equipment & Insulation \* High-Efficiency Lights & Appliances \* Water-Efficient \* Mechanical Ventilation Equipment

### Business Practices

Minimize Job-Site Waste \* Make Business Operations More Environmentally Responsible \* Make Education a Part of Daily Practice

*These photos are taken during the HUD green building conference and tour, which included a delightful happenstance with the youth during their community cleanup event. Thanks to everyone who made the event a success!*





## Mason County Kids Campaign Kicks off at Fair

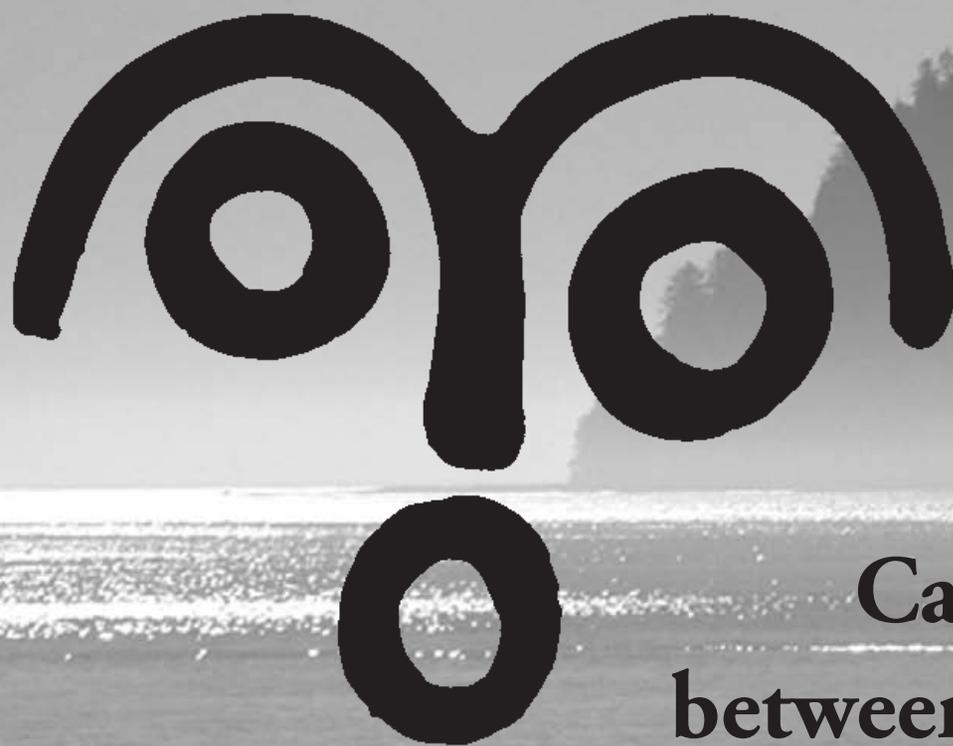
Ben Johnson - The Mason County Health Department, in collaboration with Mason Matters, received a grant from the Washington Health Foundation to promote the Mason County Healthiest Kids Campaign. The Campaign is a community project designed to encourage families with young children to engage in activities that promote health and safety.

The Healthiest Kids Campaign kicks off July 28-30 during the Mason County Fair. Any family, with children between the ages of 0-9, is eligible to participate. To get started, families will need a Healthiest Kids Passport, which can be picked up at the Mason County Health Department fair booth. Passports will be available at the Health Department and other health and service agencies throughout Mason County after the fair.

The passport includes health and bonus activities to complete such as: getting immunizations up-to-date; attending a car seat / booster seat / seat belt clinic; getting a well child exam and annual dental exam; completing a family health survey; participating in daily physical activity and more. Local participating agencies and providers will offer passport stamps when families complete a health activity. Families who complete all of the passport activities will be eligible for a grand prize drawing for a trip to Disneyland for a family of four.

Families have one year to complete their passport activities and turn your Healthiest Kids Passport into the Mason County Health Department at 303 N 4th Street, Bldg IV Shelton WA 98584. The Health Department will also collect passports during community events such as car seat clinics, the Mason County Children's Festival, and at health fairs (look for the yellow Healthiest Kids Campaign banner). All Healthiest Kids Passports need to be submitted to the Health Department by June 2007 to be eligible for the drawing.

For more information about the Healthiest Kids Campaign, contact the Mason County Health Dept. at 360-427-9670, ext. 400.



**Please come to  
Muckleshoot to  
potlatch with the  
Canoe Family any time  
between now and the 31st!!!**



# CANOE JOURNEY '06



*Leaving Taholah, photos by Larry Workman, Quinault*

## Canoe Journey Update from Jeremiah George (7/21/06)

Right now we're in Neah Bay waiting until Monday morning to paddle to the next stop. From Lapush to Wyaatch was 30+ or so miles, and that was a long day. Today we went around the corner to come into Neah Bay. They had a death here recently and won't be able to host us with food and singing & dancing protocol until Sunday. Some Canadian tribes will be coming in sometime in the next couple days as is Chinook/Grand Ronde and another Oregon canoe I can't think of right now. From here on the waters should be easier. Tipping over the other day was no biggie. We just turned it right side up and loaded everything back in after we got a little ways away from the breakers towards shore. We just got ourselves back in after lightening the people load and got out into the ocean. A skipper from Quinault said the same thing almost happened to them because the current was going sideways as the breakers came in. Doug Boone was with us for a few days we got him in the canoe for a little bit and he turned beet red. It's good to have some representation from the Henry family in Shianne, Sue and Vernon. Vern's been taking cooking duties. We hear other members of their family will be meeting us soon, and that's good to hear. Also, we hear Casey Krise is supposed to be coming up and hope he convinces others to go with him. Thanks to Vince Henry, Pete Kruger and Jim Peters for seeing us off out of Taholah. We miss everyone, and we're going to be buff and black the next time we come home. Ten more days of travel and then 5 or 6 days of Potlatching in Muckleshoot. We will continue doing power paddle strokes for Arlene Strobe, Dave Whitener and Ray Krise's son, Talon. Huy.

*Photo by Marjorje Penn*





# CANOE JOURNEY '06



## Canoe Journey Report from Neah Bay

by Marjorie Penn (7/21/06)

Its been a great adventure traveling with the canoes this summer! The first five minutes were a little scary when the canoe was swamped coming out of the Quinault River heading out into the open ocean, but the paddlers just bailed the canoe and jumped right back in!

It was very nice that some of our elders got to ride in the support boats around the cape at Neah Bay! It was beautiful and they enjoyed it very much!

Special thanks go out to everyone who is supporting us and traveling with us: Cameron, Beau Michael, George, Jeremiah, Charlene, Tamika, Candace, Aleta, Michael, Lila, Lizzy, Loretta, Emma, Sue, Vernon (great job cooking), Shianne, Eric, Terri, Elena, Clara, Latoya, Koreena, Lashell, Leah and her kids, Shelly & Ross (thanks for being the second support boat and having a heater when the pullers got wet), Doug, Vicki & Tully (support boat), Jolene, Dusty, Jay, Lenny, Meloney, Jamaal, Lucille, Thelma, Pete Kruger, Vince Henry, Jim Peters, Bear & Mari, Roy, Joni, Tasha, Winter, Jaden, Josh and Joe Seymour family. I'm sorry if I left anybody out. But you are all appreciated!!!

Congratulations Roy and Tasha on the birth of your new baby, fittingly named Journey!

We are all having an awesome time and are looking forward to a big representation of Squaxin Island Tribe when the canoes arrive at their final destination hosted by the Muckleshoot Tribe. PLEASE come out and show your support for the weary travelers!!!



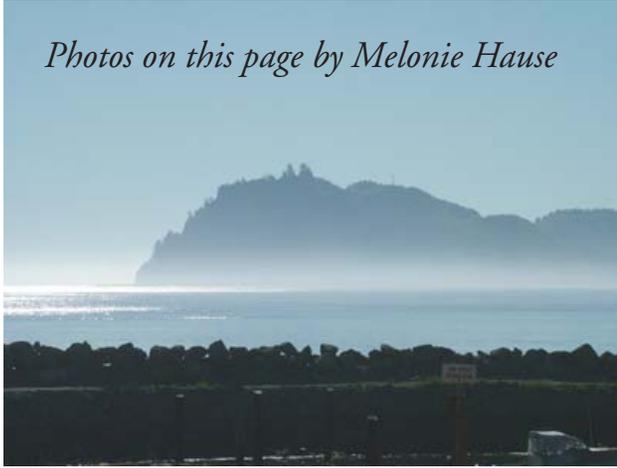
*Photos on this page by Marjorie Penn*



# CANOE JOURNEY '06



*Photos on this page by Melonie Hause*





# CANOE JOURNEY '06



*Photos on this page by Melonie Hause*



## House Panel Debates Controversial Tribal Labor Measure

An unprecedented ruling that subjected tribes to federal labor law came under fire on Thursday but lawmakers remain divided along party lines on the touchy issue.

Two years ago, the National Labor Relations Board overturned 30 years of precedent and said it would apply federal labor law to tribal-owned businesses in certain situations. The ruling said it would take into account the nature of the tribal business and the impact on non-Indians.

The San Manuel Band of Mission Indians, the tribe in the case, has since taken the dispute to the D.C. Circuit Court of Appeals. Backed by an overwhelming number of tribes and tribal organizations, the tribe is in the process of filing its final brief.

In the meantime, Indian interests are lobbying Capitol Hill to intervene. Rep. J.D. Hayworth (R-Arizona), the co-chairman of the Congressional Native American Caucus, introduced the Tribal Labor Relations Restoration Act to ensure that tribal government enterprises remain out of the reach of federal labor law.

Testifying in support of his measure yesterday, Hayworth said the NLRB ruling "discounts both the honor and the integrity of Native people. It sends the message that the United States of America does not trust a sovereign tribal government to treat its employees fairly."

Rep. Sam Johnson (R-Texas), the chairman of the House Subcommittee on Employer-Employee Relations agreed. He said the NLRB has "set itself up as a judge of not just federal labor policy, but also of federal Indian policy. It raises serious questions as to whether the board in this instance is over-reaching by injecting itself into federal policymaking outside the scope of its responsibilities."

Hayworth and other supporters note that state and local governments are exempt from the National Labor Relations Act. The bill treats tribal governments in the same manner.

But Democrats who would normally support equal treatment of tribal governments are balking because their longtime political allies are the labor unions that would be directly affected by the bill. Of the 10 co-sponsors of the measure, only one is a Democrat.

Rep. Robert E. Andrews (D-New Jersey), the top Democrat on the subcommittee, said he supports tribal sovereignty but also said employees have a right to organize into unions. He questioned whether Congress should get involved before the D.C. Circuit issues a ruling.

Rep. Dale Kildee (D-Michigan), the other co-chair of the Native American Caucus, echoed those concerns. Any solution to the dispute must be crafted

in a way that "honors tribal sovereignty and respects worker rights," he said.

Indian Country is united on the issue. The National Congress of American Indians, the National Indian Gaming Association and more than a dozen tribes are taking part in the case.

Joe Garcia, the president of NCAI, testified yesterday. He said it should be up to tribes, not a federal agency, to determine the extent and influence of labor unions on their own lands.

"Many Indian tribes have exercised their sovereign authority to welcome labor unions and encourage union organization," said Garcia. "But that is a choice for Indian tribal governments -- not federal bureaucrats or labor leaders -- to make in a way that protects the functions of tribal government and the tribal members living on reservations."

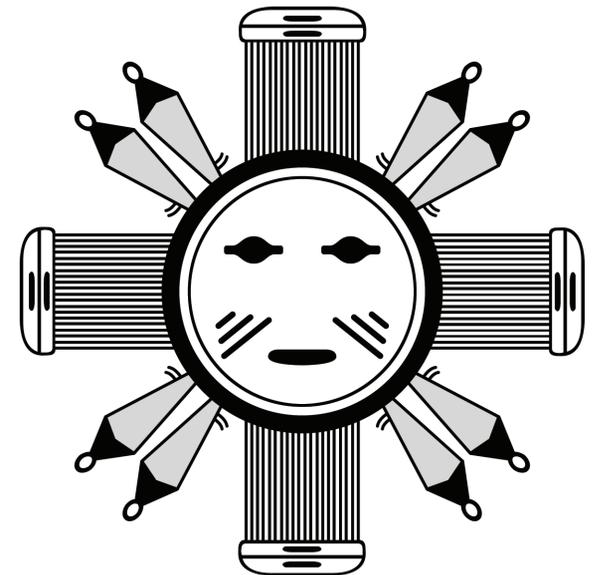
Garcia pointed out that his tribe, Ohkay Owingeh of New Mexico, developed its own labor ordinances. In a case that the NLRB declined to take to the U.S. Supreme Court, the 10th Circuit Court of Appeals upheld the tribe's right to make its own laws.

Despite the strong sentiments, tribes have had a tough time persuading Democrats to join the cause. For the past two years in a row, the House has rejected attempts to delay the effect of the NLRB ruling.

And four years ago, Democrats rallied against a Hayworth-sponsored measure that would have prevented forced unionism on reservations. "This bill is anti-labor, it's anti-worker," Rep. Nick Rahall (D-West Virginia) said at a House Resources Committee hearing in April 2002.

Hayworth's latest bill, through routed to another committee, must stand up to Rep. George Miller (D-California). He's the top Democrat on the Committee on Education and the Workforce who previously criticized tribes in California for balking at pro-labor union provisions in their gaming compacts.

Meanwhile, the D.C. Circuit Court is waiting on the San Manuel Band to file its final brief, due next month. A hearing is expected in the fall.



**Wow!!!**

## American Indian Inventors

By Michelle Tirado, American Indian Report Magazine - Maybe Thomas Edison was right when he said all that is needed to invent is a good imagination and some junk. Look at Garrett Yazzie, a Navajo who created a solar water heater with a radiator from a 1967 Pontiac, an inner tube from one of his bike's tires, 69 aluminum cans, a plastic funnel and a piece of Plexiglas. At 15, Yazzie is a year younger than Edison was when he created his first invention, a transmitter and receiver for the automatic telegraph.

Such ingenuity and creativity are embedded in Native American cultures. Indigenous people from all parts of the hemisphere can boast inventions and new practices that revolutionized how Indian people and all people around the globe lived — how they still live. From canoes and parkas to agricultural methods and medical treatments, there are hundreds of innovations that have their roots in Native America.

Yazzie's window-sized contraption, which heats water for his family's hogan in Pinon, Ariz., was engineered for last year's Arizona American Indian Science and Engineering Fair, hosted by Arizona State University's American Indian Program. An eighth-grader at Pinon Accelerated Middle School, he competed against 81 seventh-grade and eighth-grade students and took first-place in the engineering category.





# HEALTH & HUMAN SERVICES



## Congratulations Raffle Winners



**Lorrain VanBrundt**  
*June Mammogram Winner*



**Traci Lopeman**  
*June Womens Health Winner*



## Upcoming Events

### BRIEF COMMUNITY WALK

Every Thursday at 12:40  
Meet at the Elder's Building after Senior Lunch

### NEXT COMMUNITY CLEAN UP

Tuesday, August 8, 2006 from 10:00 to noon  
Meet in front of the gym. Garbage bags provided.  
This is a tobacco-free and alcohol-free event  
Funds are provided by DASA  
(Division of Alcohol and Substance Abuse)  
Contact Janita Johnson at (360) 432-3972

### MAMMOGRAM & WOMEN'S HEALTH EXAMS

August 24  
Contact Rose Algea (360)432-3930

### DIABETES SUPPORT GROUP

August 23rd, noon to 2 p.m.  
Diabetes & Your Heart  
Speaker: Dave Caulfield, ARNP  
Please RSVP to Patty for lunch  
Take time for you & your Diabetes

### COMMODITIES

### VEGETABLE TASTING & NUTRITION INFO

Monday, August 7th 10 to noon in the Gym

### COMMUNITY HEALTH WALK

Thursday, August 17th  
Meet at Elder's Building at 12:40 for  
a 20 minute walk around the REZ  
All SPIPA tribes will be taking a walk in their area at the  
same time- for diabetes prevention!  
Help us win the Walking Stick!  
A walking stick was donated by a Skokomish  
community member. The Tribe with the most walkers  
each month wins the walking stick for that month.  
We won it in June and July,  
Can we get it August?

### COME VISIT HEALTH PROMOTIONS

We have exercise videos  
( Sit & Be Fit, Yoga, Walk Away the Pounds & more)  
you can come & use in the building across from the  
clinic. Work out alone or schedule a time for a group

*Call Patty if you are interested in the  
next Smart Shopping/Food Label Reading Workshop*

Contact Patty Suskin(360)432-3929  
or Janita Johnson (360)432-3972  
for more information or stop by across from the clinic

## The Shawl Making Project

Marcella Castro - Shawl making classes started on May 19, 2006 at the Mary Johns Community Room, and I've included some photos for you to see. We ended up having 11 young ladies sign up for the classes, and on our first night we let the girls pick out the colors they wanted for their shawls. Our instructor for this project is Kathy Hurley, and it has been so great to have her, Terri Remick and (of course) my mom, Rose Algea, helping out with this fun activity for our young girls. By our third class it was so amazing to watch our girls enjoying themselves doing something together and laughing. That class kept going until 8:30 that night. The young ladies did not want to stop, so we kept at it for a while. That was the day we cut the fringes for the shawls and my mom (Rose) was a natural; she passed everyone up. I am really enjoying myself working with the youth. We will be finishing this first project soon. However, this is only the beginning of preparing for our Second Annual Sobriety Powwow on New Year's Eve. The funding for this project is from the state Drug, Alcohol and Substance Abuse (DASA) Prevention Grant. If you are a young person, or if you have children interested in getting involved in this fun prevention project, give me a call at Family Services @ 432-3931 to get on our list to participate in the upcoming classes.





## The Health Promotions Team Invites YOU to Get Healthier!

Come and visit and/or attend our programs! Melissa Grant, Janita Johnson and Patty Suskin are located in the Health Promotions building across the parking lot from the clinic. We are working with the youth several times a week during the summer recreation program providing nutrition information, fitness activities, diabetes information, and tasting healthy foods. Smart shopping tours with food label reading, food sampling at commodities and more are in the works. Call us for more information on what is happening or give us your ideas Melissa 432-3884, Janita 432-3972 or Patty 432-3929.



## Give a High-Five to the Youth!

On Tuesday, July 11th 58 youth cleaned up our community. We went all the way around T'Peeksin and collected 60 bags of trash. We recycled aluminum cans and plastic drink containers. When you see the youth, don't forget to say thank you! Let's follow their example and keep our community clean!!! Meet us at the gym for our next community clean up, August 8th from 10:00 a.m. to noon. For more information, contact Janita Johnson at 432-3972.





## Squaxin Island Tribe Hosts Diabetes Support Group with Skokomish Tribe

A delicious, healthy lunch was provided at the Diabetes Support Group held on June 13th at the Health Promotions Area. A total of 23 people from a combination of Squaxin Island Tribe, Skokomish Tribe, and community members shared information with each other about diabetes. Patty Suskin, Diabetes Coordinator, provided tips and information on how to live a long, healthy life with Diabetes.

At our next Diabetes Support Group, Wednesday, August 23rd, from noon to 2:00 p.m., Dave Caulfield, Nurse Practitioner, will share information about Diabetes and your heart. RSVP for lunch to Patty at 432-3929 or stop by the Health Promotions area.



## Congratulations to the Squaxin Island Tribe!

Squaxin Island Tribe won the walking stick for diabetes prevention in June and July. Ann Parker blessed us with a cedar rose to add to the Walking Stick as our decoration.

Squaxin Island Tribe was the first of the five S.P.I.P.A. tribes to start its Life-style Balance classes. We started Thursday, June 29, 2006 with 8 participants. This program is for Native Americans 18 and older who are at high risk of getting diabetes. Over sixteen weeks you learn how to eat healthier and exercise. Making these two small changes can prevent or postpone diabetes.

Contact Janita Johnson Diabetes Prevention, CHR for Squaxin Island Tribe 432-3972.



## MEAL PROGRAM MENU

A salad bar will be available at each meal, as well as fresh fruit or fruit salad. Beverages available each meal: milk, crystal light, water, coffee, tea, hot chocolate. Menu is subject to change. Free to seniors 55 and older. All others \$3.

Monday	Wednesday	Thursday
	Chicken Fried Steak 2	Meatloaf 3
Indian Tacos 7	Spaghetti Dinner 9	Turkey Dinner 10
BBQ Chicken 14	Swiss Steak 16	Stew 17
Sauerkraut & Links 21	Steak Dinner 23	Hot Dogs & Soup 24
Build Your Own Sandwich 28	Pork Chops 30	Swiss Dips 31

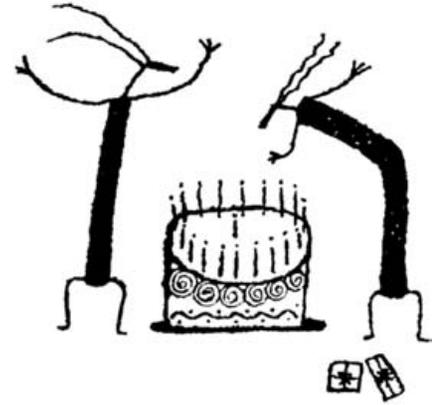


# COMMUNITY

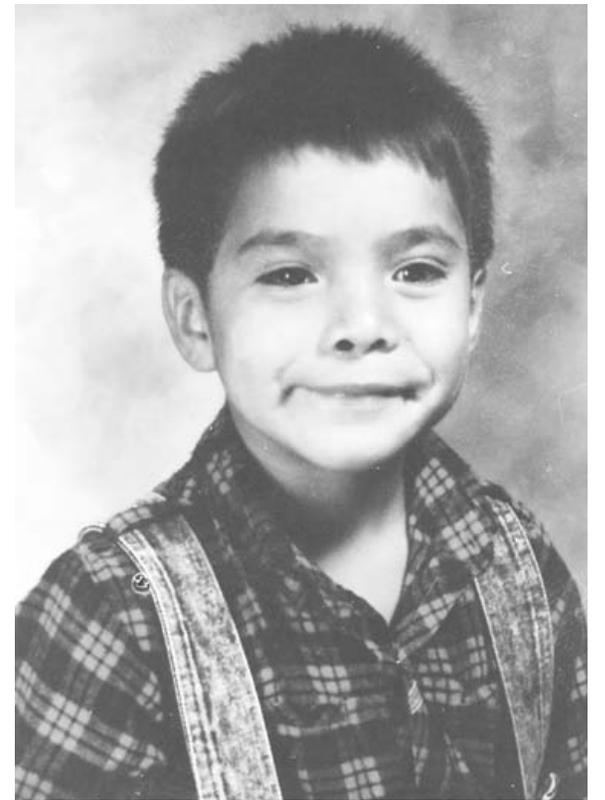


## Happy Birthday

Arron Edgley	8/1	Virginia Farron	8/17
Darla Whitener	8/1	Irvin Fletcher	8/17
Nathan Shelton	8/1	Roy Perez	8/17
Jeremie Walls, Jr.	8/1	Anthony James	8/18
Darlene Wood	8/3	Melissa Miller	8/18
Tyrone Seymour	8/4	Dionna Airel Purdy King	8/20
Lawton Case	8/4	Kayla Johnson	8/20
Leighton Case	8/4	Greg Glover	8/22
Kelly Jones	8/4	Jessica Johns	8/22
Christopher Brown	8/5	Rene Larios	8/22
Josh Miller	8/5	Eva Charles	8/23
Lois Cuch	8/6	Victoria Sanchez	8/24
David Johns	8/7	Nicole Cooper	8/25
Bob Koshiway, Jr.	8/7	Mitch Carrington	8/25
Lisa Frodert	8/8	Eden VanCleave	8/26
Chasity Parish	8/9	Meghan Brandt	8/27
Nikieta Fox	8/9	Kaytlyn Henderson	8/27
Juliet James	8/9	Rhonda Foster	8/28
Larry Melton	8/9	Lindsey Harrell	8/29
David Peters, Jr.	8/9	Angelo Rivera	8/29
Marilyn McFadden	8/11	Joseph Furtado	8/29
Alex Garcia	8/12	Cathy Campbell	8/30
Chucky Wilbur	8/14	Debra Henry	8/30
Elena James	8/14	Loreta Krise	8/30
Lewellyn Parker	8/15	Euphamie Whitener	8/30
Mathew Cooper	8/16	Ruben Vasquez	8/30
Rachel Johns-Edwards	8/16	Loretta Krise	8/31



**Happy 21st Birthday  
Tyrone Seymour Sr.**



**Love All Your Family**

**Happy Birthday Alex Brown  
From Auntie Terri and Family**

**Happy Birthday Roy  
From All Your Family**

**Happy 2nd Birthday Son Son!  
(Christopher)  
Love Always Mommy & Daddy**

## What's Happening

	1	2	3	4	5	
				AA Meeting 7:30	Bible Book Club 10:30 Mary Johns Room Food/Transportation	
6	7	<b>Court</b> Community Cleanup 9:30 a.m. @ gym	9	<b>First Salmon Ceremony</b> AA Meeting 7:30	12 Bible Book Club 10:30 Mary Johns Room Food/Transportation	
13	14	15	16	17 Community Health Walk	18 AA Meeting 7:30	19 <b>SALMONFEST</b> Little Creek Casino Resort
20	21	<b>Court</b> Church 7:30	23	24 <b>Council Mtg.</b>	25 AA Meeting 7:30	26 Bible Book Club 10:30 Mary Johns Room Food/Transportation
27	28	29 Church 7:30	30	31	AUGUST 8TH family court  AUGUST 22ND criminal/civil court	



**Arlene Strobe**

Beloved Tribal Elder Arlene Dale Strobe passed away July 10th at Capital Medical Center. She was born in Shelton, WA on July 27th, 1936 to Kenneth Botts and June (Krise) Novell.

She lived on the Squaxin Island Reservation in Kamilche for 20 years. She married Elmer Strobe in Shelton at the Colonial House on August 17, 1956. She worked at numerous places in Shelton as a Bartender and Cook. Most recently she worked as a cook for the Squaxin Island Tribe.

She was a member of the Daughters of the Pioneers and the LeFemmes at the 40 & 8. She collected snow babies, green glass and many other fine things. She loved her birds, gardening and making cakes of all kinds, her grandchildren, cooking for all family functions was her passion. DGF - Damn Good Food will be greatly missed!

Arlene was preceded in death by her parents; sisters, Irene and Andrienne (Andy); and son, Calvin.

She is survived by her husband, Elmer; daughters Patti Riley (Kelly), Barbara Knudsen (Jeff) and Joni Fox (Gary); son, Mike Strobe of Olympia; and sister, Paula Henry (Leo). She also leaves behind 12 grandchildren, three great-grandchildren, numerous nieces, nephews and cousins, her Auntie Fame and beloved best friend, Soccoro Bernal.

A funeral service was held at 1:00 p.m. on Tuesday, July 18, at the Squaxin Island Tribal Gym. Dave Lopeman officiated. Pallbearers were Ryan Strobe, Christopher Knudsen, Dax Fox, Jake Knudsen, Jeremy Obremski, Nicholas Meyer, Dale Obremski and Gavin Dolge.

The Strobe family would like to Thank the Squaxin Island Canoe Family, Peggy Johnson at Little Creek Casino Resort, Island Enterprises, Inc Security, KTP, the Squaxin Island Health Clinic, Rose Algea, Shirley and Mike Davis, Dave Lopeman and his good friend Wes, Fire District 4, Medic One, Capital Medical Center, McComb Funeral Home, Lynch Creek Floral, Ferguson Floral, Jolene Peters, Jaimie Henderson, Debbie Currero family, Rhonda Foster, Paula Peters and Brooks Farrell.

**No farewell words were spoken,  
No time to say good-bye.  
You were gone before we knew it,  
and only God knows why.**

## Congratulations Squaxin Artists

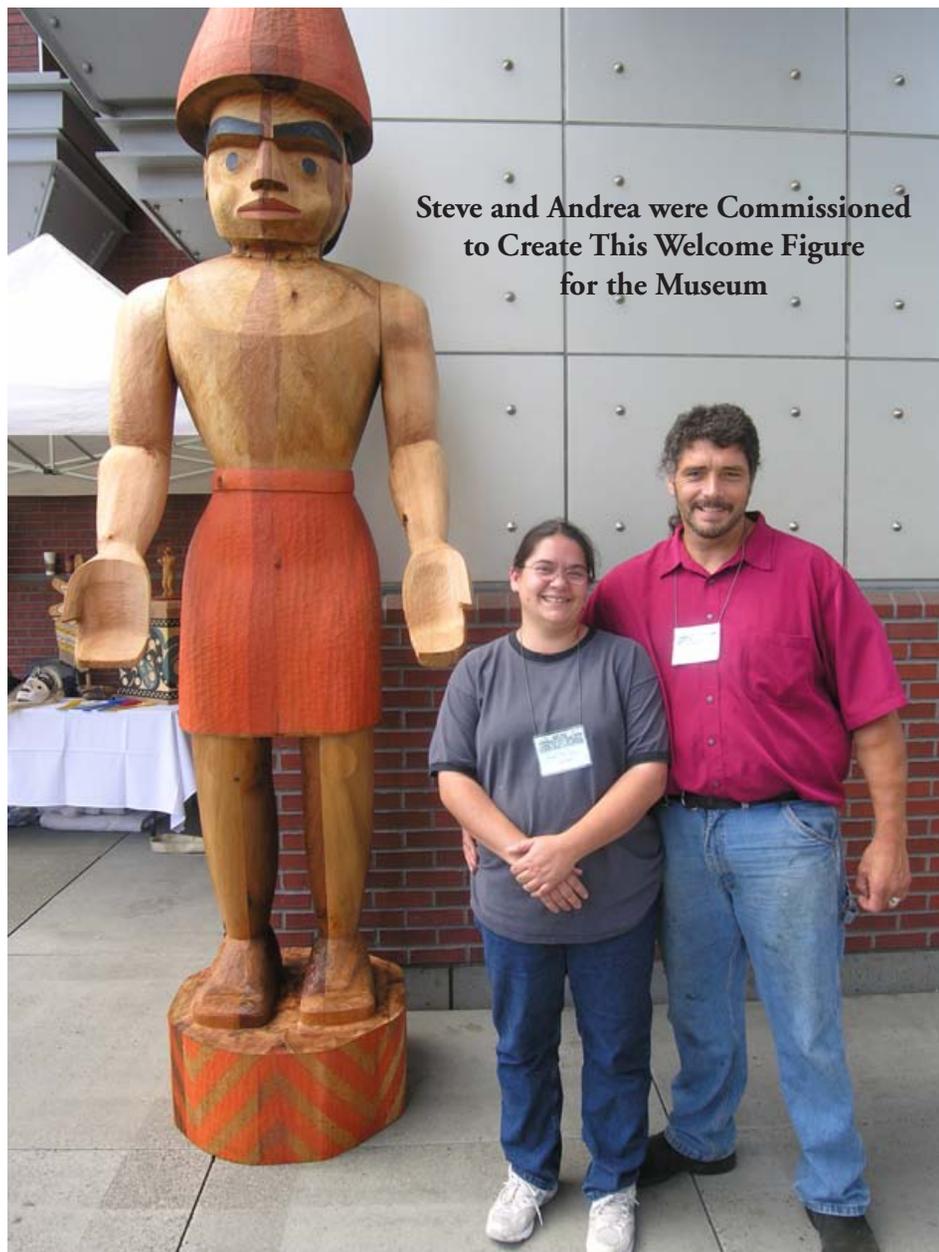
Selected by Jurors to Participate in the First Annual Native Art Show at the Washington State History Museum on July 15th & 16th!!!



"Best of Show" and "Peoples Choice"  
Spindle Whirl by Andrea Sigo



Peter Boome



Steve and Andrea were Commissioned  
to Create This Welcome Figure  
for the Museum



Mike Foster Gives His Wife, Malynn, a Break

