

Lena Lake –One of Brooks Farrell’s Favorite Hikes



Lena Lake. Photo by efheinitz.



The day hike to Lena Lake is one of the most popular in the Olympics. Lower Lena Lake, formed by a rock slide that dammed Lena Creek, is snow-free much of the year and is a good choice for almost anyone.

Whether you are out for a picnic or a two-day climb, be gentle on the land. The trail is popular and hikers have been hard on the trails. Rangers ask that you not shortcut switchbacks. Also be forewarned that there is poison oak between the switchbacks on the trail.

Getting there

Drive U.S. 101 along Hood Canal to the Hamma Hamma River Road (FR 25) 2.3 miles north of Eldon. Drive 7.6 miles to the trailhead, elevation 700 feet.

Brooks recommends this hike:

This is a nice family friendly hike. Take your time. Enjoy nature & enjoy the fellowship with the people you hike with.

Before you leave home:

Bring water & food with you. Wear a supportive pair of shoes to avoid ankle problems. No flip flops or sandals. Go as early as possible & be sure to lock your car & don't leave valuables in site.

Get your \$5 permit per vehicle at the trailhead. Safety tip: Stay together and stay on the trail. At the top, Lena Lake is a beautiful setting. It is a mountain lake, so it is cold!

Brooks can be reached at 432-3870 for more information.