Summer Employment 2011
Seeking Squaxin youth ages 16 to 21 who desire summer employment

It's that time of year again to begin recruitment of Squaxin Island tribal youth who desire summer employment with Squaxin Island Tribe. If you are a Squaxin Tribal member between the ages of 16 and 21 and are interested in working for six weeks this summer, please contact Astrid Poste in Human Resources to get an application. You must submit an application even if you participated in the program last year.

The six weeks of employment will begin on Wednesday, July 6th and will run through Friday, August 12th.

If you would like assistance with completing your application, writing a cover letter or doing a resume, please attend one of the application workshops scheduled to take place on May 18th and June 1st from 3:00 – 6:00 p.m. in the Tribal Center lunchroom.

Please note all applicants for Little Creek Casino Resort will be asked to attend the May 18th application workshop to complete required Gaming Licensing paperwork.

Your application must be submitted by June 3rd so that we have time to find positions for all who complete the application process. Applications received after the June 3rd will be considered only if positions are still available.

Squaxin Island tribal preference will be exercised in the hiring of these positions in accordance with the Tribe's Personnel policies. If you have questions about this program, feel free to contact Astrid Poste at (360) 432-3865.

Stepping Stones:
Youth Pre Employment Training Program for Squaxin Youth AGE 13-15

Youth will participate in group projects, which promote the development of accountability, work ethics, and pride in the community. This hands-on model will encourage tribal youth to learn a multitude of transferable skills they can apply later to employment for Squaxin Island Tribe or elsewhere.

If you are a Squaxin tribal youth who is going to be 13 – 15 years old by July 1, 2011 and are interested in participating in this program, please call Astrid (360) 432-3865 in Human Resources to leave your contact information. We will want to provide you with additional program information. Please be ready to provide the following:

- Name
- Address
- Phone number
- Date of birth
- Squaxin Island Enrollment number
- T-shirt size

To assist us with the planning and to ensure you get a t-shirt, please stop by or call by June 3, 2011; Employment Applications are not required for Stepping Stones.

Parents: To provide an initial opportunity for training in the employment application process, please encourage your youth to call or stop by on their own, rather than calling on their behalf.

NWITC’s domestic violence program wins national recognition

Northwest Indian Treatment Center’s domestic violence program won national recognition from WomenSpirit Coalition, which presented NWITC staff members Sonja Ibabao and Ofiialii Tovia with awards for “outstanding service” on April 14, 2011.

WomenSpirit also provided trainings for all staff at NWITC to ensure sensitivity regarding domestic violence.

The “Envision Awards” ceremony was held at Kana Lodge near Suquamish and was dedicated to the “honoring of murdered, battered and missing native women.”

The program operates under the Office on Violence Against Women grant (OVW). Funding for the three-year program was awarded in

Continued on Page 2
Allen Mosier's Remains Found Near Lynch Road

Mason County sheriff’s detectives identified human remains found Tuesday, April 19th off Lynch Road as Allen Lee Mosier, 37, a Squaxin Island tribal member who was last seen on Sept. 28, 2006.

Allen’s remains were found Tuesday, April 19th off Lynch Road, southeast of Shelton, near the railroad tracks. The investigation is being treated as a homicide, Chief Deputy Dean Byrd said. The remains were discovered about 10 a.m. by a Green Diamond work crew, Byrd said. The remains appear to have been there for “a long time,” but Byrd could not say how long. There are no obvious signs of homicidal violence, but a King County forensic pathologist will examine the bones.

Allen was identified using dental records.
A celebration of Allen’s life will be held in May. Please watch for details.

NWITC
Continued from Page 1

October, 2009 and the program was up and running by December of that same year.

Intensive individual domestic violence work is modeled after the medicine wheel in order to help “make spirits whole again.” Listen to the Grandmothers is a film shown wherein Native elders share stories from their own personal experiences and give advice on the importance of women. For example, the mouths and hands of drummers and singers are sacred, they say, and should not be used for abuse.

If a client qualifies for services, they are offered a vast array of support services for three full months, including transitional housing, counseling and financial assistance with transportation, food and clothing. Contact is made with these clients three times every week. After four months, clients are contacted weekly for one full year.

Individual safety plans are created one-on-one for each client. No one knows the exact locations of safe houses, but other reservations are preferred. This allows clients to feel like they are at home, but stay within a safety net. “And they can experience other tribal cultures and make friends there,” Sonja said.

In addition, clients are supplied with resource information for everything from food banks, to mental health services and shelters. “We include just about anything you can think of within the three states we serve (WA, OR & ID),” Ofi said.

The domestic violence program coordinates with two other programs offered at NWITC: Methamphetamines & Suicide Prevention Initiative (MSPI) and Substance Abuse and Mental Health Services Administrative (SAMHSA). All together there are five staff who form the Recovery Support Team.

“We come as a group to check up on our clients regularly,” Ofi smiled.

“This has always been a dream of June’s,” Sonja said. “She always hoped to be able to offer services to clients after they completed their treatment programs to help them through the really tough times they face struggling for sobriety when they leave NWITC.”

“We push forward to see her vision succeed,” Ofi said.

The program is compiling a complete list of services within Washington, Oregon and Idaho that will be published and available to clients - or anyone who is interested - in 2012.

This is the only program of its kind being offered through a treatment facility anywhere in the country. “We are always full,” Sonja said.

Northwest Indian Treatment Center also has the distinction of being one of the only treatment facilities receiving national accreditation through CARF three times in a row (3 years at a time) with no audit findings and is rated in the top 3% of treatment facilities in the entire United States.

“We are definitely blessed!” the women agree.
**Community**

### Tribal Council Resolutions

11-13: Authorizes membership in National Indian Gaming Association  
11-14: Enrolls Madelynn Henderson  
11-15: Authorizes submission of a funding request to the BIA for implementation of a tribal Timber Fish & Wildlife project  
11-16: Agrees to enter into contract with TruBallot, Inc. to modernize the Tribe’s election counting process with auxiliary tabulation  
11-17: Establishes the 4% fish and shellfish taxes as zero as of March 10, 2011  
11-18: Adopts amendments to Title 7, the Natural Resources Management Act pertaining to fish buyers  
11-19: Authorizes the contract with Ridolfi Inc., for the Comprehensive Tribal Facilities Energy Audit Project  
11-20: Authorizes submission of a DOJ SMART grant application to assist the Tribe with costs associated with developing an Adam Walsh Act, SORNA implementation program to protect the community against sex offenders and offenders against children  
11-21: Requests property to be put into trust status

### Petroglyph Presentation at State Capital Museum

Monday, May 16, 2011 @ Noon  
At the State Capital Museum 211 SW, Olympia, WA 98501  
(360) 586-0166  
Charlene Krise, Director of the Squaxin Island Museum, Library & Research Center and  
Drew Crooks, Historian/Anthropologist

Petroglyphs, or rock carvings, are an amazing part of Southern Puget Sound’s Native American heritage. In this program Drew Crooks will examine the archaeology and history of petroglyphs in the region, with a special emphasis on the rock carvings found on Harstine Island and near Eld Inlet. Charlene Krise will discuss the cultural importance of the petroglyphs, the transfer of the Harstine Island and Eld Inlet carvings to the Squaxin Island Museum, and the ongoing work of the Museum to reclaim Squaxin artifacts and heritage.

### Good Timber

The Shelton Schools Foundation, a recognized non-profit organization operating for educational purposes to promote, sponsor, and financially support instructional and cultural enhancement, academic technology, teacher and student support and recognition, and athletics/activity programs within the Shelton School District is sponsoring a special event for Mason County Forest Festival this year.

A multi-media, professional theatre performance titled Good Timber by the Other Guys Theatre Group from Victoria, B.C., will be presented the first week of June 2011 at the Shelton High School Performing Arts Center. Good Timber is a vibrant and entertaining historical look at our western timber industry through the use of video footage, song, and storytelling. It will provide attendees an opportunity to understand the historical importance of the timber industry in the Pacific Northwest and hear stories about the logging era of the past.

Mason County schools students in grades 6-12 will watch the performance during the school days. Two public performances will be presented during Forest Festival weekend Saturday, June 4, one at 4:00 pm following the Logging Show in downtown Shelton and one at 7:30 PM prior to the fireworks display at Shelton High School. A limited number of public tickets are also available for Thursday and Friday school matinees.

Tickets are $12.00 for public performances and will be available beginning mid-April at the Mason County Museum, at Lynch Creek Floral, and Sage Bookstore.
Cooking Outdoors

Warmer temperatures and the aroma of delicious meat charbroiling over an open flame make cooking outside very inviting. Before firing up the grill and donning your chef’s cap, a quick safety check can prevent fires and explosions. Many accidents occur in the spring when a gas or propane grill has been left idle for a period of time or just after refilling and reattaching the grill’s gas container.

To reduce the risk of fire or explosions, be sure to:

- Check the tubes that lead into the burner for any blockage from insects, spiders or food grease.
- Check hoses for cracking, brittleness, holes and leaks. Make sure there are no sharp bends in the hose or tubing. Replace scratched or nicked connectors. If you smell gas or detect a leak, immediately turn off the gas and don’t attempt to light the grill until the leak is fixed.

Grills manufactured after Oct. 1, 1995, are required to have three additional safety features to eliminate leak hazards:

- A device to limit the flow of gas in the event of hose rupture,
- A mechanism to shut off the grill and
- A feature to prevent the flow of gas if the connection between the tank and the grill is not leak proof.

A few extra minutes of preparation can help ensure your grilling experiences are safe, yet fun, outdoor activities.

Tips for Controlling Ant Problems

Rule #1- Keep Them Out of the House

You may have the cleanest home or kitchen in the world, but ants happen and summer encourages infestation. You stroll into your kitchen and find ants marching all over your counter and it seems as if they are taking over the whole house. Hot weather often drives the ants inside looking for cooler temperatures and moisture. Your house qualifies as the solution for the hot thirsty ant. Ants are unlikely to become a problem if sanitation and physical control are followed. They are social creatures who communicate through their antennae. On finding sweet treasures an ant will return to the nest and pass some of its booty to his fellow ants. They will then follow a trail to the source of the riches.

Below are a few tips from www.pestdetour.com:

- Keep kitchens and other rooms as free of food as possible. Wipe all kitchen surfaces with soap and water.
- Eliminate cracks and crevices, especially in kitchens and other food preparation and storage areas.
- Place food scraps and leftovers in tightly sealed containers.
- Store sugar, syrup, honey and other sweets in closed containers.
- Rinse out empty soft-drink containers and remove them from the house.
- Empty garbage daily and thoroughly clean waste cans.
- Pet foods should also be kept in tightly sealed containers. Keep your pet’s eating area clean. Keep kitchen and bathroom areas dry.
- Look for nesting sites, such as potted plants. If ants are found in the potted plants, remove the plants and containers from the house. Submerge the infested pots for 20 minutes in water that contains a few drops of liquid soap.
- Outside your home keep plants, trees and shrubbery well-trimmed and at least six (6) inches from the house.
- Store wood at least 20 feet from the house and, if possible, off the ground.
- Seal cracks and holes on the outside of the home including entry points for utilities and pipes.
- Ants can be difficult to manage, but with diligent monitoring and elimination of the conditions that contribute to infestations, you can be successful. While gaining control of any ant problem inside, and although it may be tempting to think the world would be a better place without these pesky critters, keep in mind that ants play an important part in maintaining a healthy ecosystem. Ants are very efficient at keeping our soils healthy. The problem is keeping the ants outdoors. The tips above, hopefully, will help solve that problem.

Is Your Deck Safe?

Decks are a great place to have parties during the summer or to relax and enjoy an evening sunset. However, elevated decks, such as those that extend over a walkout basement, or second-story decks can present a serious hazard. Over the years, boards can rot, insects may damage the wood or fasteners and railings may loosen. The result is a structure that is weakened and in danger of collapse. Check your deck today to make sure it is safe.

- Inspect the attachment between the house and the deck. Look at the main beam under the deck for the presence of bolts and flashing. Bolts should be used instead of nails. Bolts make the connection to the home more secure and should be anchored to the solid wood framing in the home. Flashing will help direct water away and keep the connection dry.
- Check the entire deck structure, including beams, stairs, handrails and floor boards, for signs of wood rot. If there is a gap visible between the bolts and the house, they may have come loose and need to be repaired.
Running for Tribal Council Member #1

Erik Johnson

Hello to all! I am Erik Johnson, I am running for Council Member #1. I am a descendent of the Krise Family. I am the son of the late Bruce Johnson who was a driving force behind our casino, KTP, Hartstine Oyster Company (now Salish Seafoods), the original fish pens and several property acquisitions.

The Tribe very thoughtfully dedicated the "Skookum Spirit Lounge" after my father’s fishing boat, as well as the wine.

My Grandmother, Dorothy Krise (Johnson), was one of the very first Squaxin Tribal Members.

Some of you may know my uncle, former Squaxin Tribal Chairman, Bryan Johnson and/or the hard work he put into Skookum Creek Tobacco, KTP and Hartstine Oyster Company to make them what they are today.

I did live on the reservation when Phase II - if you want to call it that - was brand new 1981? I lived with my father for 5 years where Billy Lopeman lives now. I was a member of the first Squaxin Island Youth Group Leaders when we were still at the old school where the casino now stands.

I am raising my 2-year-old Son (AJ) Andrew Johnson by myself; he and I live near Arcadia Point. Some of you may have seen him at our Squaxin Island Child Development Center. He has been going there most of his life on the week days.

I want to tell you that I am prepared to carry on the family legacy of hard work and use the knowledge and skills I have learned over the last 22 years to benefit our tribe. My background and knowledge is of land planning, land surveying, civil engineering, construction management, and permitting. In the past I have negotiated and worked with the Washington State Department of Ecology, Washington State Department of Natural Resources, Mason County Health Department and Community Development and Army Corps. of Engineers.

I believe that there are more parcels available that we don’t dig on I have found several through my research of Tidelands in the past few years. I also believe that there may be some miscalculations going on the areas of the digs. As I will explain to everyone.

After the April 14th Candidate Forum Information Session and hearing the issues put forth by some tribal members, I would definitely do whatever research it takes to lay the groundwork and foundation if you will for an Elders Care Center.

I want to see us have the boat ramp at Arcadia Point for the 2012 Canoe Journey and have it as state of the art facility to assist our fisherman, clam diggers and the local community.

I would like to be a part of building the future of our Tribe.

Misti Saenz-Garcia

Hello everyone! I ask your support for reelection as a Tribal Council Member #1.

I believe in preserving our past, and securing our present and future. I am a mother to four very great and very different kids - Miguel Jordan, Brittany Faye, Justin Cruz and Bianca Angelina - and have been married to my wonderful husband, Miguel, who keeps me balanced for 19 years.

I was born and raised here. My mother is Susan Henry, my grandmother Theresa Cooper, and great-grandmother Annie Jackson.

Three years ago I promised to be a Council Member that would listen to your concerns, your wishes and your hopes for your future and the Tribe's future.

I promised to support families. I promised to work on the tools and services that families need to be healthy, to be financially secure and to reunite or mend broken families.

I promised to work on additional per capita payments and I promised to work on improving access to education for preschool, K-12 and higher education students.

I promised to work on creating and retaining jobs. I promised to work on the medical needs of our community. I promised to be fiscally responsible. I promised to be honest. I promised to do my best. I kept those promises.

In three short years, we, as a Tribe, have improved; families are healthier, family services have improved, opportunities now exist, and our debt has been reduced.

We have provided financial support through discounted gas, elimination of fish and shellfish taxes, and increase of per capita distributions. We assisted the Elders and disabled by protecting their per capita dollars and created new job opportunities. If you are a tribal member, and you want or need a job, a job is available for you.

We have improved the Tribe’s financial position. Debt has been reduced, spending is under control and our businesses work for the Tribe.

We have advanced the Tribe’s treaty rights, including protecting our watersheds, and improved our voice in state and local development decision making.

We successfully created off-reservation businesses and advanced the Tribe’s tax position as a sovereign government.

I am proud of participating and supporting these results.

I am particularly proud of the Tribe’s legacy of encouraging and supporting employment where Squaxin Island members are honest, hardworking and respectful.

I want to continue, and ask your support to continue. If you re-elect me, I promise to:

• Focus on policy
• Consider what is best for the long term interests of the Tribe
• Be patient
• Listen to opposing views
• Ask questions
• Participate in Tribal Council discussion
• Look to staff, commissions and committees and the members to advise me

I have been an entrepreneur throughout my lifetime, but, most importantly, I am a committed public servant. I am here to listen and help. I believe everyone deserves the opportunity to be heard.

My actions demonstrate honesty and compassion to all. I don’t believe in the rumors that cause hatred and division in our tribal community.

I believe it’s important to walk with our people, not above them, but on the same sidewalk.

We are one family, one tribe. I ask for your support in continuing the good work that I have had the privilege and honor of doing for you.

We have advanced the Tribe's treaty rights, including protecting our watersheds, and improved our voice in state and local development decision making.

We successfully created off-reservation businesses and advanced the Tribe's tax position as a sovereign government.

I am proud of participating and supporting these results.

I am particularly proud of the Tribe's legacy of encouraging and supporting employment where Squaxin Island members are honest, hardworking and respectful.

I want to continue, and ask your support to continue. If you re-elect me, again I promise to:

• Focus on policy
• Consider what is best for the long term interests of the Tribe
• Be patient
• Listen to opposing views
• Ask questions
• Participate in Tribal Council discussion
• Look to staff, commissions and committees and the members to advise me

I have been an entrepreneur throughout my lifetime, but, most importantly, I am a committed public servant. I am here to listen and help. I believe everyone deserves the opportunity to be heard.

My actions demonstrate honesty and compassion to all. I don’t believe in the rumors that cause hatred and division in our tribal community.

I believe it’s important to walk with our people, not above them, but on the same sidewalk.

We are one family, one tribe. I ask for your support in continuing the good work that I have had the privilege and honor of doing for you.
Junior Entrepreneurial Spotlight

By Stephanie Gott - Now that the weather is starting to improve, it definitely feels more like spring. Around our house this means that golf season has officially arrived. Now for the avid northwest golfer the arrival of spring = more golf time, new golf stuff, etc. To anyone else (in this case: a mother) the arrival of spring=Wow! Is it really that time of year already? But as any parent will tell you, it’s important to support and promote positive and healthy activities for kids (even if you have to remind yourself of this when paying for that new Taylor Made R-(whatever) Driver that costs about as much as it takes to feed the Tiger Woods game on your PS2. Remembering how to golf after you played the game is tough, even during grade school you always appreciated the value of the dollar. Being a full time high school Sophomore, as well as being on the high school golf team leaves little, if any, time to work. So what do you do to put a little spending money in your pocket?

CG: I finally have my own shellfish license. So of course I go digging whenever possible. During the school year it’s harder, because I can’t always get out of school to go on the digs. Definitely summer time though.

SG: And…??

CG: And…there is golf balls.

SG: Yes! A LOT of golf balls! At last count there were 5000+ am I right? I’m sure there are those that are wondering, “Now what does he do with that many golf balls?”

CG: I sell them.

CG: We started retrieving golf balls a few years ago. On the East Coast where there are PGA sized golf courses, as well as a LOT of golfers who use those courses, the golf Course will hire a golf ball retrieval company to come in and retrieve balls from the water hazards and out of bounds areas. It’s totally different than anything we have here. Of course our water hazards do not come stocked with living alligators or large water snakes either.

SG: Now most golf courses that I’ve been to I’ve noticed that there will be signs prohibiting people to retrieve balls that are not their own.

CG: Well yes. You need to be given permission or you could be faced with trespassing. It doesn’t hurt to ask the owners or the Golf Pro about whether or not it’s okay to do that. Most of the courses around here don’t really have a designated person to do the job, so if you have a proposal in mind BEFORE you approach them, then chances are you stand a good chance of being given approval.

SG’s note: The proposal needs to state what both parties will get or how they will both benefit from having an outside individual retrieve balls from their hazard areas.

SG: Then what?

CG: I would wash the balls and send them to a company on the East Coast who then would mail me a check. Also, there are several local courses who would buy them from me, as well as several individual golfers.

SG: How time consuming is this for you?

CG: I can only work on this when I’m not in school or at practice (SHS Golf practice). It can take up as much or less amount of time as you want it to.

SG: Would you consider yourself a saver or a spender?

CG: I do spend money on things I don’t really need. But I really want to save money. I want to know that I have a certain amount saved in the bank so that I don’t have to worry about not having any money. I have a goal that I want to reach by the time I am ready to move out on my own.

SG: Really? What’s the goal?

CG: Can we talk about this later? I thought you would be happy that I have a goal.

SG: Are you kidding? Of course I am happy that you have goals. And you know something? I am one proud mother of 3. I really am! Well anyways, thanks for the interview Colton! It wasn’t that bad…was it?

CG: (slight pause) Okay mom! Just a final thought: Motivation, determination and the ability to play the game well just may prove to be a winning combination.

*Please contact Stephanie Gott at the Taqwo-Ma Business Center with any business spotlight suggestions. 360-462-0339.
Running for Tribal Council Member #2

Marcella Castro

Hello Squaxin Island Tribal members! My name is Marcella Castro. I am currently on Tribal Council and plan on running for another term.

I have worked for the tribe for 15 years; the first two years I was program support for Social Services, and since then I have been the Community Advocate/Child Care Coordinator. I am a member of the Cooper family. My Mother is Rose (Cooper) Davis and my grandfather was the late Buddy Cooper.

I grew up here and I love working for my community in whatever capacity they deem fit.

I have lived on the reservation for 29 years, and I care about our tribal people. I grew up here and I love working for my Tribe. I hope that I can depend on your support for a vote on this coming election in May.

Thank You!
Marcella Castro

Running for Tribal Council

Davey Whitener

Hi, my name is Davey Whitener, and I want to formally announce that I am running for council.

I believe our Tribe has made great strides in many areas over the years, but I don’t think anyone foresaw a 2 ½ times growth in less than 20 years of our tribal population. And I believe that growth will continue. This is going to put continued pressure on our natural resources, health, housing and pretty much every area of our community.

I am committed to creating new opportunities for our tribal members in the areas of jobs, health and education and I am committed to bringing a new way of thinking to our future. One of my favorite quotes is by Albert Einstein who said, “You cannot solve today’s problems with the same thinking that created them.”

This new thinking approach is not about focusing on what’s wrong, but on what’s next.

It is not about blame or fault but taking those things we consider mistakes or failures to uncover the solutions and opportunities that benefit our community.

Ultimately, for me, it is about standing on the shoulders of our elders, our cultural leaders, and those who have brought us to where we are now so that we may more clearly see the path we need to travel. I wish to be a part of this journey and serve my community in whatever capacity they deem fit.

Thank you!
Davey

Art of the Canoe

Dear Native American (and Indigenous) youth providers, parents or friends,

I am trying to reach as many Native American Teenagers as I can. Please forward this onto any youth that you think might be interested in art. This year’s camp theme is “Art of the Canoe: Looking and making art from the Native People of the Pacific Northwest.” Here is a link to the “Journeys In Creativity: Explorations in Native American Art” camp program and application: http://ocac.edu/#/community-programs/youth-programs/a-susana-santos-journeys-in-creativity-program-an-exploration-in-native-americans-

This art program is a pre-college camp for Native American (Native Hawaiians and other indigenous) teens ages 15-19. The camp is free to all students involved (with the exception of travel to the start of camp and travel back home). It takes place on August 8th - 21st, on the Oregon College of Art and Craft campus in Portland, Oregon. Students live on campus (with a chaperone) for up to two weeks. Teens that are ages 18-19 have the option of staying for two weeks and teens ages 15-17 are able to stay for one week.

The application process is competitive and qualifying youth are selected by a review panel of Native American artists and OCAC college administrators. So please have any youth that are interested take the time to follow the instructions so that they don’t accidentally leave anything out when mailing back their application. Completed applications must be received by June 1st.

Thank you for your help!

Shirod Younker
Journeys Program Manager
Oregon College of Art & Craft
8245 SW Barnes Road
Portland, OR 97225
syouunker@ocac.edu
or call me at 971-255-4148.

Jamestown S’klallam Arts & Crafts Fair

Last year the Jamestown S’Klallam Tribe held its first holiday arts and crafts fair. It was very successful, but one of the most common comments we received was, “We wished there had been more Native vendors.” So this year, we are opening the fair up first (in May) to the Jamestown community; then to Native vendors from across the Puget Sound area; then to last year’s vendors (July); and lastly (in August) to the general public. The opening date for vendors to apply is June 1.

If last year is any indication, the tables will fill up quickly, so we urge any Native vendors to get their applications in before July 1 to guarantee that there will be a table for their handmade ware at our fair.

Saturday & Sunday, November 5 & 6
Red Cedar Hall and Heron Hall on the Jamestown S’Klallam campus

CONTACT:
Betty Oppenheimer
1033 Old Blyn Highway, Sequim, WA 98382
360-681-3410 or boppenheimer@jamestowntribe.org

Thank you for your help!
Spring Break with the Youth Activities Program

Thanks to everyone who pitched in to make the youth activities throughout Spring Break a great time for all. Our theme for the week was Star Wars, coinciding with the traveling Star Wars exhibit at the Pacific Science Center. Each day focused on a different part of our theme. Monday featured activities related to flight — everything from paper airplane contests to flying kites. Tuesday activities were about space including making maps of the solar system and charted different constellations. Wednesday’s focus was on life forms, and included a community clean up by the kids — to take care of the life forms here at Squaxin.

This led to our field trip on Thursday as many young people got to enjoy the Star Wars exhibit in Seattle, and the many fascinating and interactive things on display at the Pacific Science Center. We ended the week with a Friday afternoon filled with outdoor activities and a late afternoon barbecue, where many parents got to enjoy a hamburger with their kids to start the weekend.

May 2011

Squaxin YOUTH Education, Recreation and Activities Calendar

All activities are drug, alcohol and tobacco free.

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
</tbody>
</table>
|     | Open Swim 3-6  
     | Open Gym 3-7  
     | Rec Room 3-7  
     | Open Swim 3-6  
     | Open Gym 3-5:30  
     | Open Gym 3-5:30  
     | Open Gym 3:4-3:30  
     | Rec Room 3-7  
     | Rec Room 3-7  
     | Native Stars 4:30-5:30  
     | Youth Council 5:30  
     | Cheerleading 5:30-7  
     | Open Gym 3:4-3:30  
     | Rec Room 3-7  
     | WSU Nutrition 4-5:30  
     | Field Sports 5:30-6:30  
     | Open Swim 5-8  |
| 8   | Mother’s Day  |
| 9   | TLC CLOSED FOR REORGANIZATION  |
| 10  | CLOSED  |
| 11  | CLOSED  |
| 12  | CLOSED  |
| 13  | CLOSED — AMERICAN INDIAN DAY  |
| 14  |     |
| 15  | 16  | 17  | 18  | 19  | 20  | 21  |
|     | Open Swim 3-6  
     | Open Gym 3-7  
     | Rec Room 3-7  
     | Open Swim 3-6  
     | Open Gym 3:5:30  
     | Open Gym 3-5:30  
     | Open Gym 3:4-3:30  
     | Rec Room 3-7  
     | Rec Room 3-7  
     | Native Stars 4:30-5:30  
     | Youth Council 5:30  
     | Cheerleading 5:30-7  
     | Open Gym 3-5:30  
     | Rec Room 3-7  
     | WSU Nutrition 4-5:30  
     | Field Sports 5:30-6:30  
     | Open Swim 5-8  |
| 22  | 23  | 24  | 25  | 26  | 27  |
|     | Open Swim 3-6  
     | Open Gym 3-7  
     | Rec Room 3-7  
     | Open Swim 3-6  
     | Open Gym 3:5:30  
     | Open Gym 3:5:30  
     | ER SSD  |
|     | Rec Room 3-7  
     | Crafts 4-5  
     | Basketball Skills 4-5  
     | Rec Room 3-7  
     | Rec Room 3-7  
     | Rec Room 3-7  
     | Open Gym 1:30-4:30  
     | Crafts 4-5  
     | Basketball Skills 4-5  |
| 29  | 30  | 31  |
|     | CLOSED MEMORIAL DAY  |
|     |     |

Key:
E.R. = early release
SSD = Shelton School District
GSD = Griffin School District
TLA = TuHa’Buts Learning Academy

REMINDER
Tutors are available everyday afterschool, 3:30-5:00pm.

Homework Help is every Tuesday, Wednesday & Thursday from 4:00-7:00pm

After school snacks:
Computer Lab:
Sylvan:
Homework Help & GED Prep (in TLC classroom): T-TH 4-7pm

TLC hours: M-F 8:30am-5pm  Front Desk: 432-3958
YOUTH Gym/Recreation hours: M-Th 3-7pm; F 3-7  Gordon: 432-3992
Sgwí' Gwi
The 14th Annual Sgwí' Gwi will be held on Friday June 17, 2011 at 5:00pm and will be held at the Little Creek Casino Resort Events Center. Please contact TLC and let us know if you or someone you know will be graduating from High School, receiving a GED certificate, vocational technical certificate, obtaining an Associates, Bachelors, or Masters degree. Contact TLC if your student had 95% or better attendance for the school year or would like to add someone to the program who was not listed last year. Please respond by email to levans@squaxin.us. WE HOPE TO SEE YOU ALL THERE!

Sylvan Corner
These students only missed perfect attendance by one session: Casey Badillo-Brown, Grace Brown, Tiana Henry, Jeffrey Nerney, Christian Rodriguez, Emily Whitener.

KEEP UP THE EXCELLENT WORK GUYS!

After School Homework Help
Do you need help with your homework after school or just want to brush up on your skills? Help is available Monday and Friday 4:00 to 5:00pm; Tuesday, Wednesday and Thursday 4:00 to 7:00pm in the TLC classroom.

Higher Education
If you or someone you know are interested in going to college please contact Lisa Evans in TLC for the Squaxin Island Higher Education application and for college information. Lisa can be reached in TLC at 432-3882 or by email at levans@squaxin.us.

Remember Higher Ed. Students: Summer quarter requires a special request to the Education Commission. Please write a letter to the Education Commission specifying the need to attend summer quarter. Reasons may be that summer quarter is the only time a class is offered, the student may need to make up a class in order to graduate, or the students program may run year round. The deadline for summer requests is Friday May 27, 2011.

Grays Harbor Reservation Based AA Degree Bridge Program
The Grays Harbor College Bridge Program is designed to serve students with less than 90 college credits who are place-bound students and deeply connected to their tribal communities. It prepares students for success in the Evergreen State College Reservation Community Determined (RBCD) program or any upper division college program. It operates in tribal communities, and is implemented in partnership with The Evergreen State College in cooperation with WashingtonOnline, Washington Tribes and Washington community and technical colleges.

The classes for this program are provided on-line with partnering colleges, including those of cultural relevance and those compatible with Evergreens philosophy. There are weekly class meetings at each site, with a study leader to help students succeed. Students also attend Saturday classes at the Longhouse on the Evergreen campus, and participate in seminars with Reservation Based Community Determined students through an integrated studies class, providing a bridge to the RBCD program.

If you are interested or would like more information on this program contact Lisa Evans in the ‘Tu Ha’ Buts Learning Center at (360) 432-3882 or by email at levans@squaxin.us.

Available Scholarships
SAIGE is offering scholarships for Native students to attend the 2011 Training Conference June 13-17, 2011 in Tulsa, Oklahoma. The scholarship will include conference fee, airfare, hotel accommodations and per diem for meals. The Youth Track is open to Native Students between the ages of 18 and 25 who can demonstrate they are currently enrolled in good standing at an accredited high school, college or university. Students must be interested in gaining a processional degree and in the possibility of pursuing a career with the federal government. SAIGE invites American Indian/Alaska Native students to submit their application form, letter of reference, proof of school enrollment, and completed emergency medical information form for consideration to attend the conference. A short essay about interest in government careers and information about themselves is also required. Completed application packets must be postmarked or electronic copies sent no later than APRIL 15, 2011. To obtain a complete application visit our website, under Youth Track at: www.saige.org

American Indian Endowed Scholarship: The Higher Education Coordinating Board (HECB) is now accepting applications for the 2011/12 American Indian Endowed Scholarship (AIES) awards. The application is available at the HECB web site at www.hecb.wa.gov/paying/waaid-prgm/aies.asp. A hard copy must also be printed, signed and mailed to HECB.

Department of Energy, Bonneville Power Administration: American Indian students within the Pacific Northwest. This scholarship is available for the 11/12 academic school year and available to applicants attending an accredited college, university, technical school, or graduate school program, and are engaged in a field of study related to careers at the Bonneville Power Administration. For more information and application please visit their website at: www.bpa.gov/corporate/About_BPA/Tribes/index.cfm

The American Indian College Fund: For information and application please visit their website at: www.indianaffairs.org/scholarships/aaia_scholarships.htm

Indian Health Services Scholarship: For more information and application please visit their website at: www.scholarship.ihs.gov

American Indian Services Scholarship: For more information and application please visit their website at: www.tribes.niu.edu/tribal/scholarships/aissc.html
Spring Break
Spring Break
Spring Break
Spring Break
Family Services Department

TANF Program Open House a Success

By Lorraine Van Brunt, Director - Thanks to Mike and Rose for blessing both buildings - we appreciate your support. Thanks also to the families and staff who attended and helped with the Open House barbecue. It was fun to share a meal together and have everyone walk through the buildings to see the newly remodeled offices.

TANF staff have settled into their new space and we are all working together in Family Services to provide the best services possible to our community. It is our mission to work together with families to assist them to reach their goals. If you need to contact anyone in the Family Services Department, this is our contact information:

CONTACT INFORMATION
Lorraine Van Brunt, Director
lvanbrunt@squaxin.us 432-3914

Shelley Wiedemeier, Admin. Assistant
swiedemeier@squaxin.us 432-3995

ELDERS PROGRAM
Colleen Woodard, Activities Coordinator
cwoodard@squaxin.us 432-3936

Senior Meal Cooks
Mary Lou Van Brunt 432-3854
Deb Boelk

VOCATIONAL REHABILITATION
June Krise, Counselor
jkris@squaxin.us 432-3821

PREVENTION/WEALTH PROGRAM
Janita Rahan
jraham@squaxin.us 432-3972

CHILDCARE/Emergency Services
Marcella Castro
mcastro@squaxin.us 432-3931

Domestic Violence Program
Gloria J. Hill
ghill@squaxin.us 432-3927

TANF STAFF
Vicky Engel, Site Manager
vengel@squaxin.us 432-3913

Rose Boggs, Case Manager
rboggs@squaxin.us 432-3950

Jill Krise, Case Manager Trainee
jdkris@squaxin.us 432-3896

Paula Henry, Case Aide
phenry@squaxin.us 432-3959

Lea Krise, Intake Specialist
lkrise@squaxin.us 432-3965

Elizabeth Fenton, Family Support Specialist
efenton@squaxin.us 432-3934
Cassidy Gott knows how to celebrate! Hawaiian style!!!
Outdoor Activity of the Month
A Hidden Treasure-only about 10 miles away- Fry Cove County Park

Plan a BBQ with the family, enjoy the water & view of Mt Rainier.

Submitted by Patty Suskin, Diabetes Coordinator

What
Frye Cove County Park on Eld Inlet.
(Steamboat Island Area)

Where
The park is at 61st Avenue Northwest, off of Young Road Northwest.

To do
The park has a 1,400-foot beach on Eld Inlet. The beach is great for shellfishing, birdwatching and walking. Check the tides if you want to walk on the beach, as a big high tide covers up just about the whole beach. It’s a good idea to visit the park when the tide is dropping. Be sure to watch for areas of soft mud. Look for shells, starfish and water birds.

The short trail to the beach is steep in a couple of spots, but it winds through a maturing cedar forest. The leaf-covered paths are a perfect road into the silent, mossy forest of cedar, Douglas fir, alder and madrona. This 86-acre park offers more than a great beach. The park has nearly 2 miles of trails through a mature forest -- and with views of the beach, Mount Rainier and Eld Inlet. There are two covered picnic areas, a playground, grassy spots, quality restrooms and water. You can spend an hour -- or an entire day -- at this park.

The picnic shelters and grills make the park a good option to gather for a meal.

Look for deer, water birds and ducks. Sea lions and seals have been seen from the beach.

Hike Details
The beach trail has one steep pitch, so beware.

Safety
Watch kids on the beach, as there are sharp shells, barnacles and rocks. Sharp barnacles encrust several fallen trees on the beach, so watch where you put your hands. Old sneakers or sandals are a must for walking on the beach. The trail system has some steep slopes and thick brush. Equipment: Rain gear, food, water, warm clothes, cameras and binoculars.

Directions
From the tribal center, go south on Highway 101 toward Olympia. Exit at Steamboat Island. Go north on Steamboat Island Road Northwest about 6 miles to Young Road Northwest. Turn right onto Young Road NW. Take Young Road two miles & turn left on 61st Avenue Northwest and follow the road into the park.

Parking
Keep driving till you get to the crest of the hill to the parking lot.

Restroom
A restroom is midway between the parking lot and the beach.

Rules
The park is open from 9 a.m. to dusk. No camping, alcohol or firearms.

Information
Call Thurston County Parks and Recreation at 360-786-5595 or go to www.thurston-parks.org.

Cassidy’s Comments
• The terrain gives walkers a challenge
• There are beautiful views of the water & the houses across the inlet
• It is peaceful, relaxing
• The beach has agate rocks
• It’s worth the trip!

Have an outdoor activity you would recommend? Share it in the Klah-Che-Min!

http://www.co.thurston.wa.us/parks/parks-fryecove.htm

Cassidy Gott, Tribal member, recommends you check out this park . . .
May is National Physical Fitness and Sports Month
Submitted by Patty Suskin, Diabetes Coordinator

Health experts recommend that children get at least 60 minutes each day of physical activity. They need to run, climb, jump and get up and move around, away from desks, television and computer games. Today, about one in every four school-aged children are overweight or at risk for becoming overweight. It is extremely important to encourage children to adopt good physical activity behaviors as a family that promote a healthy lifestyle. Adults need at least 150 minutes a week (example: 30 minutes 5 days a week). Regular physical activity can have beneficial effects on the following aspects of health for everyone:

- Weight
- Muscular strength
- Cardiorespiratory (aerobic/heart health) fitness
- Bone mass (through weight-bearing physical activities)
- Blood pressure reduction
- Anxiety and stress reduction
- Depression reduction
- Self-esteem booster

Tips For Childcare Providers and Parents
As a caregiver for children, you have an important role in shaping a child’s physical activity attitudes and behaviors. Here are some tips to encourage the children in your care to be more physically active.

- Set a positive example by making physical activity part of your daily routine such as designating time for walks or playing active games together.
- Offer positive reinforcement for the physical activities in which children participate.
- Make physical activity fun. Fun activities can be anything the child enjoys, either structured or non-structured. They may range from team sports, individual sports, and/or recreational activities such as walking, running, skating, bicycling, swimming, dancing, playground activities, and free-time play.
- Ensure that the activity is age appropriate and, to ensure safety, provide protective equipment such as helmets, wrist pads, and knee pads.
- Limit the time children watch tv or play video games. Instead, encourage children to find fun physical activities to do with friends or family members on their own that simply involve more activity (walking, playing chase, dancing).

Upcoming Events

- Brief Community Walk
  Every Thursday at 12:40 p.m.
  Meet at Elder’s Building after Lunch

- Free Diabetes Screening
  at Health Promotions
  Tuesday through Friday
  Contact Melissa Grant for details

- Want a garden in your yard?
  Are you low income?
  Contact Juana Perry @ 432-3863
to get on the waiting list to have a garden placed in your yard – for FREE.

- Free Pilates classes
  Community members welcome
  Mondays and Thursdays
  4:00 - 5:00 p.m. at Health Promotions

- Smart Shopping/ Food Label Reading Workshops
  Contact Patty to schedule
  a family & friends session

- Health Promotions Programs
  We have exercise videos in the building across from clinic
  Work out alone, with us or schedule a time for a group

- Our Nationally Recognized Lifestyle Balance Program
  If you are ready to lose weight, we can provide support.
  If you are Native American and over 18, see if you qualify to participate.

- Mammogram Clinic
  May 11th & June 12th, July 27th
  9 a.m. to 3 p.m. @ the Health Clinic
  Contact Elizabeth Heredia at 432-3930

- Community Health Walk
  Thursday, May 19th
  Meet at Elder’s Building at 12:40
  for a 20 minute walk around the REZ
  Contact Melissa Grant (360)432-3926
  Patty Suskin (360)432-3929

May Menu

- Mon. 2 - Pizza
- Wed. 4 - Hamburger and Fries
- Thurs. - Linguine
- Mon. 9 - Pork Roast
- Wed. -11 - Tuna Melt
- Thurs. 12 - Clam Chowder
- Mon. 16 - Crabby Patties
- Wed. 18 - Pork Chops and Sweet Potatoes
- Thurs. 19 - Spaghetti
- Mon. 23 - Tatter Tot Casserole
- Wed. 25 - Build your own sandwich
- Thurs. 26 - Pepper Steak and White Rice
- Mon. 30 - Hamburger & Tots

Need Food?
Check these out..

WIC @ SPIPA
Provides healthy foods and nutrition information for you and your child up to age 5
Please bring: your child, medical coupons or paystub & identification
Tuesday, May 10th
9:00 - 4:00
Contact Debbie Gardipee-Reyes: 462-3227
Dates subject to change

USDA FOODS AT SPIPA
Contact Shirley or Bonita at 438-4216 or 438-4235
Monday, May 9th
10:00 a.m. - Noon
Applications available at Housing, Food Bank, NR and TANF

FOOD BANK
At Health Promotions Building
If you need access to the food bank at any time once a week, just stop by.
If possible, Wednesday is the best day.
If you would like to be on call list for fresh produce or bread, let me know.
Contact Melissa Grant: (360)432-3926

Upcoming Events May Menu
Happy Birthday

Leo Henry 01
Veronica Rivera 02
Robert Jones 02
Julio Valencia 02
Vernon Kenyon 03
Krystal Koenig 03
David Lewis 03
Kim Cooper 03
Brian Tobin 04
Kenai James 04
Ahree Allen 05
Todd Hagmann, Jr. 05
Payton Lewis 05
Lauren Todd 05
Taylor White 06
Jacqueline Smith 06
Sally Brownfield 06
Nancy Rose 06
Justin Saenz-Garcia 06
Raven Thomas 06
Josiah Perez 07
Jaidon Henderson 07
Eric Castro 07
Morningstar Green 09
Takoda Tahkeal 09
Jacob Spezza 09
Justin Johns 09
Colleen Merriman 09
Kassidy Whittener 10
Stanley Black 10
Breanna Peters 10
Keven Harper 10
Richard Johns, Jr. 11
Jeromy Meyer 11
Janelle Krise 12
Julie Owens 13
Treyson Spezza 14
Celia Rosander 16
Donna Wood 17
Jaclyn Meyer 17
Christi Aguinaga 17
Taylen Powell 17
Bryan Johnson 17
Marlene Castellane 18
Shawnee Kruger 18
Gary Brownfield 19
Jeffery Kenyon 20
Geneva Brownfield 21
Richard Harper 21
Jennie Martin 21

What's Happening

1  2  3  4  5  6  7
Drum Group 6:00 p.m. Museum  Family Court  AA Meeting 7:30  General Body Meeting

8  9  10 11 12 13 14
Criminal/Civil Court  Drum Group 6:00 p.m.  Council Mtg.  AA Meeting 7:30

15 16  17 18 19 20 21
Petroglyph presentation @ State Capital Museum - Noon  Drum Group 6:00 p.m. Museum  AA Meeting 7:30

22 23 24 25 26 27 28
Criminal/Civil Court  Drum Group 6:00 p.m.  Council Mtg.  AA Meeting 7:30

29 30 31
Drum Group 6:00 p.m.

Church Services with Ron and Kathy Dailey
Every Sunday morning from 11:00 a.m.
All are welcome!
It will be a time of songs, prayer, and reading of the Bible
Pastors Ron and Kathy Dailey, Phone: 432-3781
Happy Belated Birthday to Auntie Lila, Dorinda (Evon), Vickie Lee, Jolene Renee' & Kiana Jean!

Love & Best Wishes to You All!          - Vinny & Margaret

Happy Birthday Dave
Dave Peters gave himself a Birthday present (it was his birthday) by participating in the Cedar Leggings workshop with his brother Rick Peters. Their final outcome of elk fur straps inter woven into the cedar leggings was stunning. The teacher of the class was Josh Mason. Thank you. - Charlene

Congratulations Jamie Nelson and Dennis Hartwell

Domanick Litefoot Hartwell was born March 25, 2011 at 12:16pm. He weighed 4lbs 13oz and 17” long.
We are all so happy he is here....
Love Mom, JC, and Dodie
Over $20,000 in Cash and Prizes!

**BINGO**

Friday, May 27th at 6:30pm
Saturday, May 28th at 2:30pm & 6:30pm

2:30pm Session Blackout Prize • $599
6:30pm Session Blackout Prize • $1,199
Early Bird Specials • 6:30pm Sessions
Participants receive a $69 Hotel Stay!*

**WEAR RED, WHITE & BLUE**
& receive a free level 1 with buy-in!

**LITTLE CREEK CASINO • RESORT.**
[www.little-creek.com](http://www.little-creek.com)

*Must show buy-in receipt. Restrictions apply. Must be 18 or over to play.

---

**CONCERTS AT LITTLE CREEK**

**THE TEMPTATIONS & THE FOUR TOPS**
Saturday, May 14th at 7pm
Tickets $55/$45/$35

**FRANK CALIENIDO**
Saturday, May 21st at 8pm
Tickets $65/$60/$50

For tickets visit the box office or purchase online at [www.little-creek.com](http://www.little-creek.com) or call 360-432-7300

Must be 21 or older. For Skyboxes call 360-432-7300

---

**PEOPLE OF THE WATER**
10 S.E. Squaxin Lane
Shelton, WA 98584

---

Return Service Requested