

Tribal Council emphatically moves to eradicate drugs on the reservation

The Council unanimously voted to create a Drug Task force to eradicate drug abuse on the reservation. The Council is committing its political and financial support to end drug abuse on the reservation and stop the suffering that it causes. Drug abuse affects the health and spiritual well being of everyone in the community.

The charge of the Task Force is to develop a multi-prong strategy to eradicate the drug abuse problem on reservation. The Task Force has been directed to consider all ideas and approaches. This effort will be ongoing to ultimately provide better quality of life in our tribal community.

The Task Force members have been appointed by Tribal Council. Council appointed Kathy Block, Director of Operations, to lead the Task Force. Any community member with suggestions on how best to eradicate drug use on the reservation is encouraged to contact Kathy Block by telephone at 360-432-3982 or by email at kblock@squaxin.us.



2012 Salish Sea Plunge

Joseph Peters - I am very excited to share with you that this was the most attended Squaxin Community Salish Sea Plunge to date. Twenty Four of us braved the waters of Pickering Passage in the 4th Annual Squaxin Community Salish Sea Plunge at 11:10 a.m. on January 1st, 2012 at the Arcadia Boat Ramp.

Water temp = 36 F
Air temp = A balmy 45 F

Even better news - we collected a good number of canned foods for the Squaxin Island Food Bank. Also, my daughter, Kia, helped us raise \$50 in donations by setting up a hot cocoa, cider, doughnut and cookie table. She suggested \$1 donations for the food bank for a drink and snack. With the \$50, we purchased more food to add to our collection that was delivered yesterday afternoon.



I am very happy that this event is starting to grow and become something special. I hope that maybe next year we can get some Tribal Council Members to take part in the 2013 Salish Sea Plunge.

Happy New Year.



Snow Fun



See the awesome snow creatures made by Billie (L) and Jordan (R) Lopeman-Johns and more fun in the snow on page 10



Little Creek Casino Resort Presents the 4th Annual
SA'HEH'WA'MISH DAYS
February 18th & 19th, 2012 • Skookum Creek Event Center

EVERYONE WELCOME!
OVER \$38,000 IN PRIZES

- Grand Entry Times • Saturday 1pm & 7pm • Sunday at 1pm
- Dance Competitions • Prize Money for 1st, 2nd & 3rd Place
- Drum Contest - 1st Drum Roll Call 12:45pm Saturday
1st Place \$5,000 • 2nd Place \$4,000 • 3rd Place \$3,000
- Head Man Dancer - Nathan Nez (Navajo)
- Head Woman Dancer - JoVelle Pacheco (Navajo/Sioux/Pueblo)
- Master of Ceremony - Ray Fryberg (Tulalip)
- Arena Directors - Sonny Eaglespeaker (Blood)
Casey Mac Wallahee (Yakama)
- Drum Contest Judges - Buck Wallahee (Yakama)
Bixie Wallahee (Puyallup)
- Sat Specials: Owl Dance, Switch Dance, 7-12 Boys and Girls & Tiny Tot

Vendor space is available
Call 360-432-3841

Sponsored by:



All proceeds benefit the Squaxin Island Museum. This is a drug and alcohol-free event!
For reservations call: 1-800-667-7711 or 360-427-7711
91 W State Route 108, Shelton, WA 98584



Office of Housing, Department of Community Development Attention Housing Applicants

REMINDER - If you are on the Squaxin Island Tribal Housing Waiting List, it is time to update your housing application. The updated application will be mailed to the last known address that the Office of Housing has on file for you. If you have recently moved or have a change of address, please call Juana Perry, Occupancy Specialist, at (360) 432-3863. If you do not update your application by March 31, 2012, your name will be removed from the housing waiting list.

Attention Tribal Elders!

Office of Housing has an elders' duplex coming available. If you are interested there are applications available at the Office of Housing located in the Tribal Center or contact Juana Perry, Occupancy Specialist at (360) 432-3863.

Tribal Council Resolutions

11-81: Approves the Settlement Agreement for *Squaxin Island Tribe v. WDFW & Kitsap County* pertaining to Hydraulic Project Approvals (HPA) for projects in and near fresh and salt waters that can harm fish

11-82: Approves the Stipulation and Agreed Order of Dismissal for *Port of Shelton v. Ecology* pertaining to water use

11-83: Adopts accounting procedures for Salish Cliffs, LLC golf course

11-84: Authorizes submission of a funding request to the BIA for implementation of a tribal noxious weed program

New Employee



Sarah Fiskness
Ta-Qwo-Ma Business Center
Manager

Hi, my name is Sarah Fiskness. I am the new manager at Ta-Qwo-Ma Business Center. Island Enterprises has brought me aboard to support services to local entrepreneurs. The TBC exists for all community members who are considering a start-up, or who seek to develop an existing business. If you have ideas or questions, feel free to come by and introduce yourself!

I am excited to work for Squaxin, as I am from Olympia and have a great love for the Olympic Peninsula. I am Evergreen alum. My background is in non-profit administration, at-risk youth and social entrepreneurship. I am an avid traveler and have lived in various parts of Africa and Europe, as well as Haiti. I enjoy all things outdoors and currently live in a yurt in Steamboat Island.

I am happy to be home again and look forward to getting to know your community. Thanks!



Tribal News

10 S.E. Squaxin Lane
Shelton, WA 98584

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TOLL FREE: 877.386.3649
FAX: (360) 426-6577

www.squaxinidland.org



Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:
15th of each month

SQUAXIN ISLAND TRIBAL COUNCIL:

DAVE LOPEMAN: Chairman
ARNOLD COOPER: Vice Chairman
PETE KRUGER: Secretary
ANDY WHITENER: Treasurer
RAY PETERS: 1st Council Member
JIM PETERS: 2nd Council Member
CHARLENE KRISE: 3rd Council Member

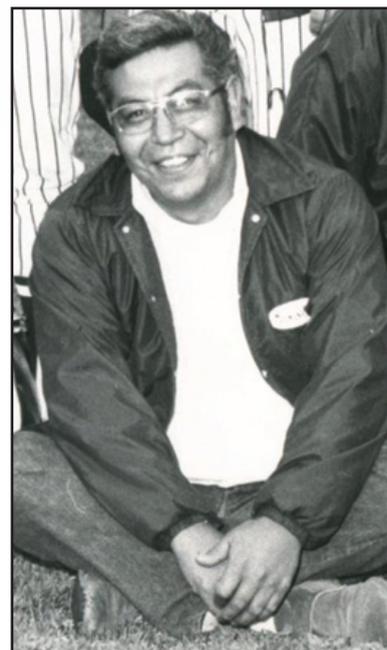
Klah-Che-Min Staff:
THERESA M. HENDERSON: EXT. #3945
thenderson@squaxin.us



Weekly Craft Classes

Squaxin Island TANF is sponsoring a Building Strong Families Through Culture Project. The project, which is open to the community, consists of weekly classes to be held each Thursday from 3:00 - 5:00 at the Community Kitchen. The classes will promote cultural awareness and strengthen families through participation in a variety of hands-on activities. Some of the highlighted events will be beading, weaving, carving, drum making, knitting and sewing. Dinner will be served at each Building Strong Families Through Culture event. Various speakers will be presenting each week. Please join Vicki Kruger and the rest of the TANF staff at these weekly events.

Who is it?



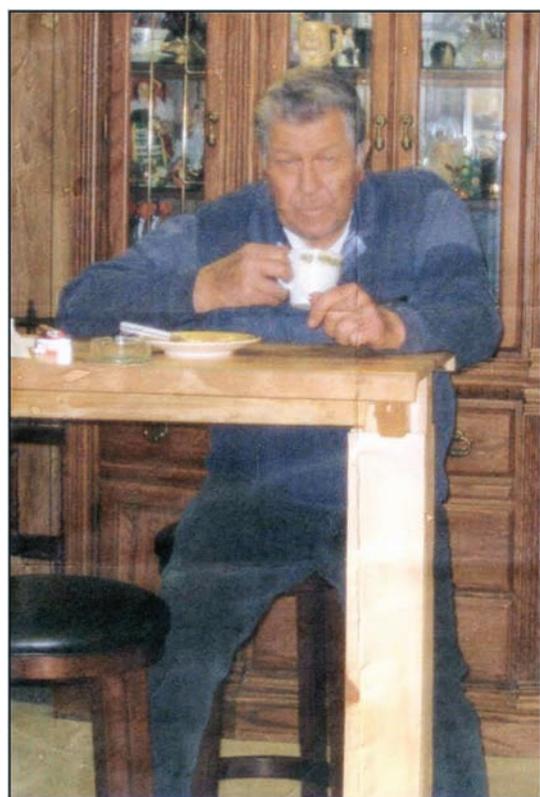
For the answer,
see page 15



Walking On

Kenneth Brownfield

Kenneth M. Brownfield, 74, died Tuesday, Dec. 20th. He was a lifelong resident of Mason County. He was born Nov. 6th, 1937, to Martin and Pearl (Satter-Thwaite) Brownfield. He attended Shelton schools. He worked in the timber industry his entire life; from planting trees, working in the rigging mill, work to truck driving. His family shared that a young age, he found a love of music. He learned to play pedal steel guitar, playing in country western bands throughout western Washington. He enjoyed motorcycles, owned many and rode with his friends. His children, Debra, Jon, Kim, Shari and Morris; nine grandchildren; nine great-grandchildren; sister Carol Hagman; brothers Don and Gary Brownfield and numerous nieces and nephews survive him.



He was preceded in death by his parents, wife Doris, sister Barbara Lee (Betty) Brownfield, and brother Michael L. Brownfield.

A memorial service was held at 1:00 p.m. on January 12th at the Squaxin Island Tribal Center.

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The family of Kenneth Brownfield would like to thank the Squaxin Island community for their generous assistance. "I couldn't have done everything without so much help," said his daughter, Kim Olson. "It is outstanding how everyone comes together for each other in this community. I don't know how to thank everyone enough. I really, really want everyone to know how much everything is appreciated!"

Available Scholarships:

Please contact Lisa Evans if you are interested in available scholarships to help with your Higher Education endeavors. Currently there is a booklet available with approximately 75 different scholarships for Native Americans students. Please come into TLC to pick up the booklet as it is too heavy to mail out. I can email the booklet to interested parties with a working email address.

Charlene Cooper

Charlene Mae Cooper, 64, died Wednesday, December 21, at the University of Washington Hospital in Seattle. She was a resident of Kamilche for 62 years.

She was born Dec. 21, 1948 in Olympia to Wilson W. and Sarah L. (Miller) Johns.

She attended Chilocco Indian School in Oklahoma and South Puget Sound Community College, Olympic College, and Bellingham Indian College.

She married Arnold Cooper Sr. in Olympia October 21, 1989.

She began her working career as a Community Health Representative, then as a lead clerk at the Kamilche Trading Post and most recently as a Cultural Resource Technician II for the Squaxin Island Tribe. Her family says she was passionate about her position, interviewing tribal elders to be saved in the archives of tribal history.

She was a member of the Shaker Church. Her hobbies included collecting native baskets, Elvis Presley and Coca Cola memorabilia and native Indian dolls. She was the inspiration of the tradition of the cedar rose corsages given out at tribal services. She enjoyed cooking for family holidays, gatherings and yard sales. Her family says she was the glue that held them together and was compassionate, big hearted, a great wife and mother and a person who gave above self.

She is survived by husband Arnold Cooper of Kamilche; daughters Rose Boggs (Cody) of Kamilche, Nicole Cooper of Kamilche, Angel Johns of Kamilche and Alexandria Cooper of Shelton; sons Nicholas Cooper, Alan Cooper, Gene Cooper, Rusty Cooper, Tom Blueback, Chauncey Blueback (Karen) all of Kamilche; stepfather Herb Johns of Kamilche; brothers Isaac Johns (Babe) and Sunny Johns both of Skokomish; sisters Elizabeth Yeahquo (Conrad) of Steamboat Island, Ruth Whitener (Andy) of Shelton, Sarah Johns of Kamilche and Iladee King (Jerry) of Shelton; 22 grandchildren and three great-grandchildren and numerous nieces, nephews and cousins.

She was preceded in death by her parents, brother Wilson W. Johns Jr. and son Wilson Neal Blueback.

A service was held at 11 a.m. on Friday, Dec. 30, at the Squaxin Island gymnasium. McComb Funeral Home of Shelton handled the arrangements. For your convenience, online condolences may be sent to the family at www.mccombfh.com.

"My family and I want to thank everybody for their love, prayers and help, even during your Christmas holidays! We love and appreciate you all so much!"

- Arnold & Family





TU HA' BUTS LEARNING CENTER



Homework Support

A new semester has just begun. Get the second half of the school year off to a positive start. Got a big final project due or need help studying for your tests?

Homework support and tutoring are offered in the classroom of the Tu Ha' Buts Learning Center Tuesdays, Wednesdays and Thursdays, beginning at 4:00. I am here to help you with any projects, essays or homework you may have throughout the school year. I will also help you study for upcoming tests. Please feel free to drop in. You don't need an appointment to receive help from me.

For more information or if you have any questions, please feel free to contact me: Jamie Jhanson (360) 292-3301 or email me at jjhanson@mcclary.wednet.edu.



GED Preparation Classes

GED Preparation Classes are held Tuesdays, Wednesdays and Thursdays from 4-7 p.m. in the classroom of the Tu Ha' Buts Learning Center.

I am here to help you take practice tests, identify what subjects need further study, identify specific skills needed further study and help you work through any and all areas needing further study.

For more information or if you have any questions, please feel free to contact me: Jamie Jhanson (360) 292-3301 or email me at jjhanson@mcclary.wednet.edu.

Feb 2012

Squaxin YOUTH Education, Recreation and Activities Calendar

TLC hours: M-F 8:30am-5pm Front Desk: 432-3958

YOUTH Gym/Recreation hours: Monday-Friday as follows

Monday	Tuesday	Wednesday	Thursday	Friday
		1 GSD ER Open Gym: 2:30-4:30 Rec Room: 2:30-6 Open Swim: 3-6 Teen Room: 3:30-5:30 Basketball: 4:30-5:30 (Gr. 5-)	2 Open Gym: 3-4 Rec Room: 3-6 Teen Room: 3:30-5:30 Basketball: 4-5:30 (Gr. 6+) Youth Council: 5:30-6:30	3 Open Gym: 3-6 Rec Room: 3-6 Teen Room: 3:30-5:30 Open Swim: 5-8
6 Open Gym: 3-6 Rec Room: 3-6 Open Swim: 3-6 Teen Room: 3:30-5:30	7 Open Gym: 3-4 Rec Room: 3-6 Teen Room: 3:30-5:30 Basketball: 4-5:30 (Gr. 6+)	8 GSD ER Open Gym: 2:30-4:30 Rec Room: 2:30-6 Open Swim: 3-6 Teen Room: 3:30-5:30 Basketball: 4:30-5:30 (Gr. 5-)	9 Open Gym: 3-4 Rec Room: 3-6 Teen Room: 3:30-5:30 Basketball: 4-5:30 (Gr. 6+) Youth Council: 5:30-6:30	10 SSD ER 1.5 Open Gym: 1:30-6 Rec Room: 1:30-6 Teen Room: 3:30-5:30 Open Swim: 5-8
13 Open Gym: 3-6 Rec Room: 3-6 Open Swim: 3-6 Teen Room: 3:30-5:30	14 Open Gym: 3-4 Rec Room: 3-6 Teen Room: 3:30-5:30 Basketball: 4-5:30 (Gr. 6+)	15 GSD ER Open Gym: 2:30-4:30 Rec Room: 2:30-6 Open Swim: 3-6 Teen Room: 3:30-5:30 Basketball: 4:30-5:30 (Gr. 5-)	16 Open Gym: 3-4 Rec Room: 3-6 Teen Room: 3:30-5:30 Basketball: 4-5:30 (Gr. 6+) Youth Council: 5:30-6:30	17 GSD No School SSD ER 3.0 Open Gym: 12-6 Rec Room: 12-6 Teen Room: 3:30-5:30 Open Swim: 5-8
20 SSD Holiday Open Gym: 12-6 Rec Room: 12-6 Open Swim: 3-6 Teen Room: 3:30-5:30	21 SSD No School Open Gym: 12-4 Rec Room: 12-6 Teen Room: 3:30-5:30 Basketball: 4-5:30 (Gr. 6+)	22 GSD ER Open Gym: 2:30-4:30 Rec Room: 2:30-6 Open Swim: 3-6 Teen Room: 3:30-5:30 Basketball: 4:30-5:30 (Gr. 5-)	23 Open Gym: 3-4 Rec Room: 3-6 Teen Room: 3:30-5:30 Basketball: 4-5:30 (Gr. 6+) Youth Council: 5:30-6:30	24 Open Gym: 3-6 Rec Room: 3-6 Teen Room: 3:30-5:30 Open Swim: 5-8
27 Open Gym: 3-6 Rec Room: 3-6 Open Swim: 3-6 Teen Room: 3:30-5:30	28 Open Gym: 3-4 Rec Room: 3-6 Teen Room: 3:30-5:30 Basketball: 4-5:30 (Gr. 6+)	29 GSD ER Open Gym: 2:30-4:30 Rec Room: 2:30-6 Open Swim: 3-6 Teen Room: 3:30-5:30 Basketball: 4:30-5:30 (Gr. 5-)		REMINDER Tutors are available everyday afterschool, 3:30-5:00pm. Homework Help is every Tuesday, Wednesday & Thursday from 4:00-7:00pm in the TLC classroom
After school snacks: Computer Lab: Sylvan: Homework Help, GED Prep:	M-F 4-5pm M-Th 3-6, F 3-5pm M-Th 4:30-7:30pm T-TH 4-7pm	Key ER = early release SSD = Shelton School District GSD = Griffin School District		

All activities are drug, alcohol and tobacco free.



Facebook

Is Facebook right for your business? In this era where social networking is thriving, have you asked yourself that question? Go to www.IsFBForMe.com and find out. This quick and simple 10-question quiz, developed by Facebook advertising experts Perry Marshall and Thomas Meloche, will generate your Facebook Compatibility Score. In less than one minute, you will find out if Facebook is worth your time and advertising dollars.

Do you Tweet?



Sign up for Twitter and follow your interests! It's as simple as that. You will receive instant updates from friends, industry experts, favorite celebrities & what is happening around the world. Go to www.twitter.com to find out more.

Are you LinkedIn?



Now becoming a particular favorite of mine, LinkedIn is a business related social networking site that lets you manage your professional identity. "Build and engage with your professional network. Access knowledge, insights and opportunity"-LinkedIn website. Go to www.linkedin.com to learn about this worthwhile networking tool.

Stephanie's book suggestion of the month:

The E Myth Revisited, by Michael E. Gerber *Why Most Small Businesses Don't Work and What to Do About It*. Shortly after I began working for the business center, it was suggested that I purchase several copies of *The E Myth Revisited* to have on hand for entrepreneurs who wanted to read a great resource pertaining to small business start up. The book is an easy read with a total of 266 pages, and it is loaded with useful information. It covers the birth of a business and follows the steps through the adolescent stage and then to the mature entrepreneurial perspective. There are several copies available at the Business Center. Stop by if you're interested and check one out.

The Social Media Edition

By Stephanie James (Gott)

Before I get started on this month's business spotlight, I wanted to point out that I am adding 2 additional monthly sections to my article. Each month you can expect to see business related updates/happenings not only from the business center, but also from businesses we work closely with. And also, there will be a section with business resource suggestions. I hope that readers find these helpful and as always, I am open for suggestions or comments, so please contact me at the business center should you have one (or two).

This month's entrepreneur came into the "business spotlight" with more than one individual suggesting that an article be written about her. Her ambitions are inspirational and her personality is equally charming. I enjoyed writing this article about Malynn Foster. Let's see what she had to say.

SJ: What type of art do you make?

MF: Jewelry, Prints, baskets, woodwork and clothing

SJ: How long have you been making your creations?

MF: 14 years

SJ: What made you decide on becoming an artist?

MF: I don't think there was any one particular moment or anything like that, just a constant desire to express myself in a positive way. My early childhood training from my grandpa and parents really helped channel that expressive energy.

SJ: What do you like most about being an artist?

MF: Being able to create something the world has never seen, from somewhere deep inside of me and sharing it with everybody.

SJ: What do you like the least?

MF: When you get a commission to do a piece, and the person ordering it is trying to use this as their opportunity to be an artist, thereby taking creative control away from you, but expecting the piece to look good when it's done.

SJ: Where do you do your work?

MF: Here at my house, we have a couple shops we work out of, depending on what type of work needs to be done.

SJ: If someone wants to buy one of your pieces. How would they go about contacting you?

MF: They can find me on Facebook or email me atmalynnfoster@comcast.net. We are currently in the process of designing our online store called Haitwas Studios. Both Mike and I carry our work at the Arctic Raven in Friday Harbor and Quintana Galleries in Portland OR as well.

SJ: Who inspires you?

MF: Geez, there are so many wonderful artists to choose from these days, but my earliest inspirations include my Grandpa Bert Wilbur "Mr Haitwas", and of course my dad and mom Andy and Ruth Peterson.

SJ: Where do you see yourself in say 5 years?

MF: I'm not a future oriented person, as crazy as that may sound to many goal/ future driven individuals, I wake up every morning and create what I want to create, because I want to create it. I don't see the point in spending any amount of time or energy on focusing on 5 years from now, when I might up and die tomorrow. I'd rather just spend life enjoying it right now.

Thank you Malynn!

I had a lot of fun writing this article about you.

***If you would like your business highlighted in an upcoming issue of the Klah-Che-Min, please contact Stephanie James (Gott) at the Ta-Qwo-Ma Business Center.**

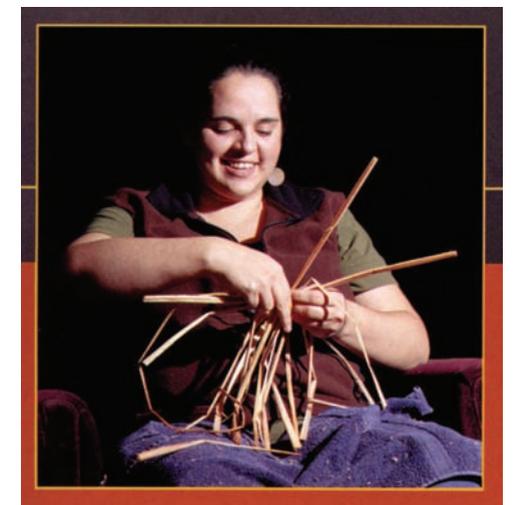


Photo courtesy of
Karen and Ralph Norris,
*Contemporary Art
of the Northwest Coast*





After School Homework Help

Do you need help with your homework after school or just want to brush up on your skills? Help is available Tuesday, Wednesday and Thursday 4:00 to 7:00 p.m. in the TLC classroom.

Sylvan Corner

These students have achieved perfect attendance for the month of December: Talon Beattie, Grace Brown, Trinity Byrd, Tiana Henry, Cleveland Johnson, Lynzy Petty, Kiana Henry, Malia Henry, Kiona Krise, Jordan Lopeman-Johns, Eva Rodriguez, Fern Rodriguez, and Emily Whitener. You guys are AWESOME, keep up the great work!!

These students only missed perfect attendance by one session: MaTaya Stroud, Jackson Cruz, Alonzo Grant, Billie Marie Lopeman-Johns, and Kayden Palmas.

KEEP UP THE EXCELLENT WORK, GUYS & GALS!

GED Instruction & Testing Assistance

GED instruction & testing assistance is available in TLC on Tuesday, Wednesday, and Thursday 4:00 to 7:00 p.m. in the TLC classroom. Ask for Jaimie.

Higher Education

If you or someone you know are interested in going to college, please contact Lisa Evans in TLC for the Squaxin Island Higher Education application and for college information. Lisa can be reached in TLC at 432-3882 or by email at levans@squaxin.us.

ALL STUDENTS (new and returning) interested in Higher Education please be aware that the due date for the 2012/13 FAFSA is Friday, March 2, 2012. You can complete your 2012/13 FAFSA online after January 1, 2012. The website is www.FAFSA.ed.gov.

Grays Harbor Reservation Based AA Degree Bridge Program

The Grays Harbor College Bridge Program is designed to serve students with less than 90 college credits who are place-bound students and deeply connected to their tribal communities. It prepares students for success in the Evergreen State College Reservation Community Determined (RBCD) program or any upper division college program. It operates in tribal communities, and is implemented in partnership with The Evergreen State College in cooperation with WashingtonOnline, Washington Tribes and Washington community and technical colleges.

The classes for this program are provided online with partnering colleges, including those of cultural relevance and those compatible with Evergreen's philosophy. There are weekly class meetings at each site, with a study leader to help students succeed. Students also attend Saturday classes at the Longhouse on the Evergreen campus, and participate in seminars with Reservation Based Community Determined students through an integrated studies class, providing a bridge to the RBCD program.

If you are interested, or would like more information on this program, contact Lisa Evans in the Tu Ha' Buts Learning Center at (360) 432-3882 or by email at levans@squaxin.us.

Basketball

Gordan James - Let me start by once again thanking everyone who helped make our holiday youth basketball tournament a success - from the Tribal Council's continuing support, to the staff and volunteers who put in some crazy hours, a lot of people contribute to making sure this opportunity happens for the youth.

This year's tournament featured two age brackets, an eight-team tourney for youth 11 and under, and a twelve-team tourney for youth 14 and under. We had originally hoped to offer a 17 and under bracket but most other tribal teams weren't able to put a team together in that age bracket.

Though the youth didn't advance as far in the tourney as they would have wanted, these young people showed great energy and enthusiasm. This year's tournament offered lots of excitement and we all appreciate how many families and friends came out to cheer for the Squaxin youth. I think everyone involved will be looking forward to the chance to play in other upcoming youth basketball tournaments.

Next up? We're keeping our eyes open, but the next chance may be the Skokomish youth tourney during the President's Day holiday weekend (February 17-21?). We'll let everyone know as we find out more. Until then, youth basketball practice continues on Tuesday and Thursday, 4:00 - 5:30, for grades 6 and up, and on Wednesday, 4:30-5:30, for grades 5 and under.

After School Recreation

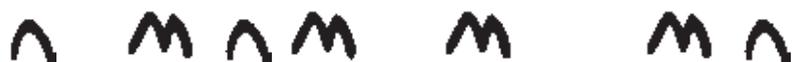
Hours for the afterschool youth activity program are detailed on the February calendar. Please note the hours are different on days when the schools have early release or are on holiday. We did experience some days in January when the afterschool program was closed due to extremely poor weather conditions. The possibility continues into February so we want to remind everyone - if the Shelton School District is closed due to weather, the tribal facilities will be closed as well (including the afterschool youth activity program).

Teen Center

During the month of February, the teen room continues to be available weekdays from 3:30-5:30. We are still seeking input from teens about how they would like to see use of the room - what hours, activities, supplies, support, etc. Just come by the Recreation Room on Monday-Friday between 3:30-5:30 and one of our staff can open the room for you. We'll ask you to fill out one of our questionnaires to get your ideas for the future of the room. For more information and ideas call or e-mail Gordon at 432-3992, ggames@squaxin.us

College Visits

Knowing what colleges have to offer and being familiar with the site can be very important to students making decisions about life after high school. To assist our students in making these decisions TLC is offering college campus visits for high school students. In January Jaron Heller, Youth Services Manager and Julie Martinez, high school tutor organized two College visits for high school students. On January 13 students went to the University of Washington, Tacoma Campus for a presentation and tour. On January 27 students visited Grays Harbor Community College in Aberdeen. Details for additional visits are still being developed, if you are interested in college campus visits, contact Jaron Heller at the Tu Ha' Buts Learning Center.





Local electronics recycling



In 2009 Washington State established a free and convenient method for recycling electronics. Electronics can be recycled through the E-Cycle Washington program which accepts computers, monitors, laptops, tablet computers, televisions, and e-readers. Sites have been established in each county to collect these products used by households, small businesses, schools and school districts, and small governments, special purpose districts, and charities.

Many electronics contain toxins which, when electronics are disposed improperly, are released into the environment and accumulate in our waterways and in the animals and fish we eat. Electronics accepted through the E-Cycle Washington program are disassembled here in Washington State and, unlike many other electronic recycling programs, are not exported to third world countries where low standards expose workers to the toxins. Materials are safely separated to be reused as raw materials in the manufacturing of new products.

In Mason County electronics are taken at Goodwill (301 Wallace Kneeland Blvd Ste. 210) and Wilson Recycling (2278 E. Brockdale Rd).

In Thurston County electronics are taken at any Goodwill store and at the Thurston County Waste and Recovery Site (2420 Hogum Rd) and at Midway Recovery Inc. (7834 Old Hwy 99 SE).

For more information visit <http://www.ecy.wa.gov/programs/swfa/eproducycle/>.

Questions and comments regarding this article can be directed to Sheena Kaas, Solid Waste and Recycling Program Manager at 432-3907 or skaas@squaxin.us.

Free Tax Preparation Site (BASIC RETURNS)

Administration Building – 1st Floor
February 6 – April 13, 2012
By appointment only

MAKE TAX TIME CASH TIME
The Squaxin Island Tribe – Office of Housing will be sponsoring a FREE TAX PREPARATION SITE for the 2011 tax year.

The site will be open to the public and operating evenings from February 6 to April 13, 2012.

Don't pay high or unnecessary fees to a commercial taxpayer!

Use your local free tax prep site.

**THINK OF THE MONEY
YOU WILL SAVE!!!**

Call Lisa @ 432-3871
to schedule an appointment



RARE

The Office of Housing is sending out a reminder that RARE (Rez Animal Resource Education) is still taking application for altering your pets. Your pet can be altered at either the Steamboat or Shelton vet by submitting an application to Housing Enforcement. The program will pay for the procedure and one (1) shot for your animal. You will be required to only pay a \$5 copay and any other procedure that you might desire for your pet.

To submit your application, you can either call Amy Loudermilk at 253-370-6392 or go to the Office of Housing and see Jim Reinhold and fill out an application. Jim can also be reached at 432-3953.

Documents to Bring to your Tax Appointment

If you plan to use a preparer to help you file a return and claim the EITC, you should bring certain documents to prove your income, deductions/credits, dependents, etc.

These documents include:

- Valid driver's license or photo identification (Self & spouse, if applicable)
- Social Security cards for all persons listed on the return
- Dates of birth for all persons listed on the return
- All income statements: Forms W-2 and 1099, Social Security, Unemployment, or other benefits statements, records of income and expenses from a business you own and any documents showing taxes withheld
- Dependent child care information: payee's name, address and SSN or tax ID#
- Proof of account at financial institution for direct debit or deposit (i.e. cancelled/voided check or bank statement)
- Prior year tax return (if available)
- Any other pertinent documents or papers

Your Return Preparer, whether paid or volunteer, is required to ask you multiple questions to determine your correct income, expenses, deductions, and credits. Your Return Preparer has your best interests in mind and wants to help you avoid penalties, interest, or additional taxes that could result from later IRS contacts.

You are responsible for what is on your tax return. Being ready, with the right documents to prepare your return, will save you time and reduce the chance of mistakes.

VA -VA- VA
VOOM
Valentines Day
Make over!

↓ Sunday, February 12th
↓ Time 1:00-4:00 P.M.
↓ Place: MLRC

BEAUTIFY YOURSELF FOR VALENTINES DAY WITH FOOT SOAKS

Bring a "white elephant" for the dice game!

Sponsored by:
Squaxin Island Tourism
&
Squaxin Island Museum,
Library & Research Center

Shaker Church Ministers Rose and Mike Davis

Available for prayer, services and special requests
360-877-9480
360-529-1115





MLRC & FAMILY SERVICES



February Menu

Wed., Feb 1	Fritters
Thurs., Feb 2	Tater Tot Casserole
Mon., Feb 6	Sloppy Joes
Tues., Feb 7	Soup & Sandwich
Wed., Feb 8	Sweet & Sour Pork
Thurs., Feb 9	Baked Chicken
Mon., Feb 13	Pork & Cabbage
Tues., Feb 14	Soup & Sandwich
Wed., Feb 15	Pepper Steak
Thurs., Feb 16	Pizza
Mon., Feb 20	Tacos
Tues., Feb 21	Soup & Sandwich
Wed., Feb 22	Shrimp Stir Fry
Thurs., Feb 23	Crispy Chicken
Mon., Feb 27	Beef Roast
Tues., Feb 28	Soup & Sandwich
Wed., Feb 29	Oysters

Paddle to Squaxin 2012 Gifts

Leila Whitener handmade 50 cedar headbands for the Paddle to Squaxin 2012 Canoe Journey gift giving. She prepped all the cedar into kits and took them to Fort Lewis College in Durango, Colorado, where she worked on them a few at a time. When she came home for Thanksgiving, she created more kits to take back with her. Just before Christmas break, she was on her last few headbands when her boyfriend Jeremy decided he'd like to learn, so he helped out with the last ones. Leila then shipped them home and brought them in to 2012 Canoe Coordinator Deb Meiser-Whitener's office. Leila has attended in support of the Canoe Journey in years past and is excited to be a part of 2012. Her parents are Andy and Ruthie Whitener who are very proud of both Leila and Wes. Pam Hillstrom made a beautiful cedar hat.



The Nike Air Native Tempo+ N7 is here!

The shoe has been completely revamped with new innovation and technology. The Air Native Tempo+ N7 still retains many original characteristics of the original shoe but as you can see below has incorporated new and improved features to make the shoe even more comfortable, sustainable, and stylish. The shoe will officially launch on February 1st. You will notice this is the first time two styles are offered in men and women. There is a 1.5 size difference between men and women. If a woman wearing size 7 would like a men shoe she can order a 5.5 men. If a man prefers a woman shoe and wears a 9.5 for example he can order a size 11 in womens.

The shoes will be \$60 this price includes shipping and tax. You can pre-order with Janita Raham 360-432-3972 or jraham@squaxin.us.

I will place the first order on February 1st.



Men



Women

Available February 1st
www.Nike.net
\$50.35



Men



Women

Shoe Specifics

- *Water than traditional Nike shoe
- *Outdoor trail specific traction for walking
- *Laces made with 100% recycled material
- *Engineered for higher performance and lower environmental impact
- *7mm sockliner
- *Durable mesh for ventilation
- *Midfoot lockdown system
- *Dynamic arch bridge for support
- *Environmentally preferred rubber



Men

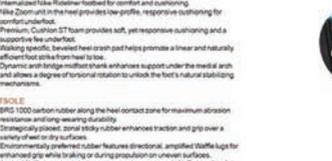


Women

Available February 1st
www.Nike.net
\$50.35



Men



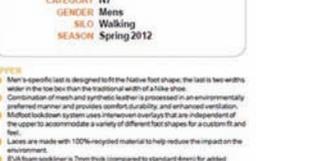
Women

Shoe Specifics

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- *Outdoor trail specific traction for walking
- *Laces made with 100% recycled material
- *Engineered for higher performance and lower environmental impact
- *7mm sockliner
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Men



Women

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Men



Women

Shoe Specifics

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- *Midfoot lockdown system
- *Dynamic arch bridge for support
- *Environmentally preferred rubber



New Employees



Alex Mirka
Accounting Assistant Trainee
Finance Department

Hi! I've been hired as the Office Assistant Trainee in the Finance Department! I started out in mid-September as a temporary Office Assistant, which was perfect and allowed me to adjust to the working hours and the work environment here.

I've also come to discover the multitude of family that I have here at the Squaxin Island Tribe. Its a complete blessing, and I'm so thankful to have such a great opportunity, not only to work with new found family members, but also to be in an environment with such honest and helpful coworkers. They have all been so good and helpful, and I am just thankful for that.

I'm most excited about the opportunity to get acquainted with the community and help towards the goal of positive community development.



Snow photos by Sis Brownfield



Jerilynn Vail
Youth Activities
Manager Assistant, TLC

Hi! I'm Jerilynn Vail. I grew up in Port Angeles and moved to Lacey in April. I've been working with school-age kids since 1997. I am also very excited that I recently returned to college and just started my second quarter. Now I only have five quarters left and will have my Early Childhood Education degree!

I have been enjoying working with the people, especially the kids. Its like being with my family away from my family. I look forward to helping the kids at the Learning Center! Its exciting to watch kids grow and succeed in their lives!



Tara James
Youth Activities
Manager Assistant, TLC

Hi! I'm Tara James. My family has always worked with people, whoever it was, to help and support the tribes. I want to follow in the same pattern.

I enjoy working with kids, so its really awesome that I was given the opportunity to be able to work with the youth. I look forward to working at the Learning Center and I am very grateful.



Jeromy Meyer
Maintenance, DCD

Hi! I am a member of the Sigo family, and I am looking forward to working with friends and family.



Sally Greco
Dental Assistant

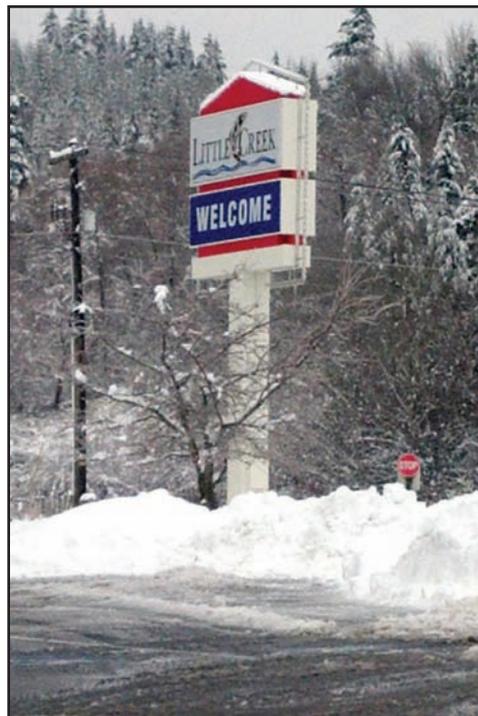
Hi! Most of you don't know me. I am fairly new to the Shelton area, but my family and I have been longtime residents of the Lacey/Olympia area. I am a single mom and have four great kids. I am so excited to work at the dental office with the great team there. I have been a Dental Assistant for 16 years, and I love what I do! I look forward to meeting you all. I am excited to serve this community in any way I can. Feel free to say "Hi!" if you see me around.



SALISH SEA PLUNGE AND SNOW FUN



Photos by Sis Brownfield





Why we need chiropractic medicine

Dr. George Blevins - Today, more than ever, we are concerned with our health and overall well-being. More and more time and research is going into understanding the role our nervous system has in our overall health. The nervous system is a highway of communication within us that controls virtually every aspect of our lives. Like a highway congested with traffic the daily grind of our lives causes the nervous system to get backed up, degrading our overall health. Chiropractors work to do away with that traffic helping you maintain a properly functioning nervous system. They work to align body and mind and allow you to feel your best. Most people think being healthy is the absence of pain or symptoms, Chiropractors can show you how it feels to be truly healthy and feel the natural energy we all have inside us.

A Chiropractor is an expert in the care of bones, nerves, muscles, and connective tissues, which makes up almost 60% of your body. Getting connected with the right chiropractor who can provide spinal adjustments, nutritional advice, exercise recommendations, and other methods of treatment based on your particular needs will correct problems you are having with that extremely important 60%. Chiropractic techniques treat disc problems, headaches, lower back problems, neck pain, whiplash, and many other ailments.

Anyone looking to restore or maintain their health should look into what Chiropractic medicine can do for them. *Chiropractic medicine is now offered at the Squaxin Island Tribal Health Center. Call the clinic at 360 427-9006 for more information.*



Take the Family to White Pass Winter Carnival

Sat 3/3/2012 – Sun 3/4/2012

Location: Naches

White Pass Ski Resort

Join us for the 26th Annual White Pass Winter Carnival. Celebrate the last weeks of winter with our spectacular interactive snow castle, carnival games and races, world-class snow sculptures, fireworks, and live music. The Winter Carnival is routinely rated among the best winter events in the Pacific Northwest!

The event centerpiece is a gigantic snow castle located in the base area. Admittance to the castle and the surrounding snow sculptures is free and open to the public. Live music, a torchlight parade and fireworks highlight festivities on Saturday night and various fund-raising games and races support Children's Miracle Network and our own White Pass Volunteer Ski Patrol!

For a complete schedule/information, visit www.skiwhitepass.com.



FREE BLOOD PRESSURE SCREENING 2012

The First Thursday of each month



Blood Pressure checked by your friendly neighborhood firefighters

Where: Elder's building
When: 11:45am - 12:45 pm.
Everyone is welcome!



Photo by Sis Brownfield





WIC
(Women, Infants, and Children)
provides healthy foods & nutrition information for you and your child up to age 5.

Please bring:
Your child, Provider One Card or paystub and Identification for you & your child

Tuesday, Feb 14th is WIC DAY at SPIPA

Call Debbie Gardipee-Reyes at SPIPA 360 462-3227



February is American Heart Month

5 medication-free ideas to help prevent heart disease

By Mayo Clinic staff, Submitted by Patty Suskin, Diabetes Coordinator - You can prevent heart disease by following a heart-healthy lifestyle. Here are five strategies to help you protect your heart.

Heart disease may be a leading cause of death, but that doesn't mean you have to accept it as your fate. Although you lack the power to change some risk factors — such as family history, sex or age — there are some key heart disease prevention steps you can take.

You can avoid heart problems in the future by adopting a healthy lifestyle today. Here are five heart disease prevention tips to get you started.

1. Don't smoke or use tobacco

Smoking or using tobacco is one of the most significant risk factors for developing heart disease. Chemicals in tobacco can damage your heart and blood vessels, leading to narrowing of the arteries (atherosclerosis). Atherosclerosis can ultimately lead to a heart attack. When it comes to heart disease prevention, no amount of smoking is safe. Smokeless tobacco and low-tar and low-nicotine cigarettes also are risky, as is exposure to secondhand smoke.

In addition, the nicotine in cigarette smoke makes your heart work harder by narrowing your blood vessels and increasing your heart rate and blood pressure. Carbon monoxide in cigarette smoke replaces some of the oxygen in your blood. This increases your blood pressure by forcing your heart to work harder to supply enough oxygen. Even so-called "social smoking" — smoking only while at a bar or restaurant with friends — is dangerous and increases the risk of heart disease.

Women who smoke and take birth control pills are at greater risk of having a heart attack or stroke than are those who don't do either. This risk increases with age, especially in women older than 35.

The good news, though, is that when you quit smoking, your risk of heart disease drops dramatically within just one year. And no matter how long or how much you smoked, you'll start reaping rewards as soon as you quit.

2. Exercise 30 minutes on most days

Getting some regular, daily exercise can reduce your risk of fatal heart disease. And when you combine physical activity with other lifestyle measures, such as maintaining a healthy weight, the payoff is even greater. Physical activity helps you control your weight and can reduce your chances of developing other conditions that may put a strain on

your heart, such as high blood pressure, high cholesterol and diabetes. It also reduces stress, which may be a factor in heart disease.

Try getting at least 30 to 60 minutes of moderately intense physical activity most days of the week. However, even shorter amounts of exercise offer heart benefits, so if you can't meet those guidelines, don't give up. You can even break up your workout time into 10-minute sessions. And remember that activities such as gardening, house-keeping, taking the stairs and walking the dog all count toward your total. You don't have to exercise strenuously to achieve benefits, but you can see bigger benefits by increasing the intensity, duration and frequency of your workouts.

3. Eat heart-healthy

Following the Dietary Approaches to Stop Hypertension (DASH) eating plan can help protect your heart. Following the DASH diet means eating foods that are low in fat, cholesterol and salt. The diet is rich in fruits, vegetables, whole grains and low-fat dairy products, which can help protect your heart. Beans, other low-fat sources of protein and certain types of fish also can reduce your risk of heart disease. Limiting certain fats you eat also is important. Of the types of fat — saturated, polyunsaturated, monounsaturated and trans fat — saturated fat and trans fat increase the risk of coronary artery disease by raising blood cholesterol levels.

Look at the label for the term "partially hydrogenated" to avoid trans fat.

Heart-healthy eating isn't all about cutting back, though. Most people need to add more fruits and vegetables to their diet — with a goal of five to 10 servings a day. Eating that many fruits and vegetables can not only help prevent heart disease, but also may help prevent cancer.

Omega-3 fatty acids, a type of polyunsaturated fat, may decrease your risk of heart attack, protect against irregular heartbeats and lower blood pressure. Some fish, such as salmon and mackerel, are a good natural source of omega-3s. Omega-3s are present in smaller amounts in flaxseed oil, walnut oil, soybean oil and canola oil, and they can also be found in supplements.

Following a heart-healthy diet also means drinking alcohol only in moderation — no more than two drinks a day for men, and one a day for women. At that moderate level, alcohol can have a protective effect on your heart. More than that becomes a health hazard.

4. Maintain a healthy weight

As you put on weight in adulthood, your weight gain is mostly fat rather than muscle. This excess weight can lead to conditions that increase your chances of heart disease — high blood pressure, high cholesterol and diabetes.

One way to see if your weight is healthy is to calculate your body mass index (BMI), which considers your height and weight in determining whether you have a healthy or unhealthy percentage of body fat. BMI numbers 25 and higher are associated with higher blood fats, higher blood pressure, and an increased risk of heart disease and stroke. The BMI is a good, but imperfect guide. Muscle weighs more than fat, for instance, and women and men who are very muscular and physically fit can have high BMIs without added health risks. Because of that, waist circumference also is a useful tool to measure how much abdominal fat you have:

- Men are considered overweight if their waist measurement is greater than 40 inches
- Women are overweight if their waist measurement is greater than 35 inches

Even a small weight loss can be beneficial. Reducing your weight by just 10 percent can decrease your blood pressure, lower your blood cholesterol level and reduce your risk of diabetes.

5. Get regular health screenings

High blood pressure and high cholesterol can damage your heart and blood vessels. But without testing for them, you probably won't know whether you have these conditions. Regular screening can tell you what your numbers are and whether you need to take action.

Blood pressure. Regular blood pressure screenings start in childhood. Adults should have their blood pressure checked at least every two years. You may need more-frequent checks if your numbers aren't ideal or if you have other risk factors for heart disease. Optimal blood pressure is less than 120/80 millimeters of mercury.

Cholesterol levels. Adults should have their cholesterol measured at least once every five years starting at age 20. You may need more frequent testing if your numbers aren't optimal or if you have other risk factors for heart disease. Some children may need their blood cholesterol tested if they have a strong family history of heart disease. Diabetes screening. Since diabetes is a risk factor for developing heart disease, you may want to consider being screened for diabetes. Talk to your doctor about when you should have a fasting blood sugar test to check for diabetes. Depending on your risk factors, such as being overweight or a family history of diabetes, your doctor may recommend first testing you for diabetes sometime between ages 30 and 45, and then retesting every 3-5 years.



HEALTH CLINIC



Colon Health Program

The Squaxin Tribe, through SPIPA, contracted with the CDC about two years ago to provide a Colon Health Program. This program is designed to bring awareness to the importance of screening for colorectal cancer and to help remove barriers to screening for its members.

Of cancers, that affect both men and women, colorectal cancer is the second leading cause of cancer related deaths.

Regular screening reduces the colorectal cancer incidence and death rate through early detection of cancers at a curable stage by the removal and detection of pre-cancerous lesions called polyps.

National surveys have shown that colorectal cancer screening tests are underused despite strong recommendations for their use. These surveys show that American Indians receive approximately 50% fewer screenings than the general population. This grant is an attempt to change that through awareness, funding and ease of obtaining this screening.

Colorectal cancer screening is currently readily available to tribal members and at no cost, in most cases. Screenings should begin at the age of 50, or sooner if there is a prior family history of colorectal cancer.

Early detection is the key. Colorectal cancer is preventable when screenings are done and pre-cancerous polyps can be detected and removed. Colorectal cancer is a slow growing cancer and has a high rate of successful treatment if found in the early stages.

One of the perks of this grant program is to reward you for getting your colorectal screening done and you will receive a gift or two after you complete a test.

Please give yourself the gift of good health and peace of mind. Take advantage of this Colon Health Program and get your colorectal cancer screening done now.

To learn more about how to get your colorectal cancer screening done, see Lindy Fredson, Colon Health Patient Navigator for more information. Lindy is located in the Squaxin Health Clinic, straight back as you walk through the front doors. For more information you can call 360-432-3933 or email, lfredson@squaxin.us

Early detection is the key! Screening saves lives!



KTP photo by Sis Brownfield

Need food?

WIC @ SPIPA

Provides healthy foods and nutrition information for you and your child up to age 5
Please bring: your child, medical coupons or paystub & identification
Tuesday, February 14th, 9:00 - 4:00
Contact Debbie Gardipee-Reyes: 462-3227
Dates subject to change

USDA FOODS AT SPIPA

Contact Shirley or Bonita at 438-4216 or 438-4235
Call for the date
Feb. 6th from 10:00 a.m. - Noon
Applications available at Housing, Food Bank, NR and TANF

FOOD BANK

At Health Promotions Building
If you need access to the food bank at any time once a week, just stop by.
If possible, Wednesday is the best day.
If you would like to be on call list for fresh produce or bread, let me know.
Contact Melissa Grant: (360)432-3926

Foot Exam Morning
with Dr. Kochhar (Foot Doctor)

Friday, February 3, 2012

9 am—noon

Priority for people with Diabetes
Others will be seen if space is available.



Contact Patty Suskin,
Diabetes Coordinator for an appt.
360 432-3929

Upcoming events

Brief Community Walk

Every Thursday at 12:40 p.m.
Meet at Elder's Building after Lunch

Free Diabetes Screening

at Health Promotions
Tuesday through Friday
Contact Melissa Grant for details

Want a garden in your yard?

Are you low income?
Contact Juana Perry @ 432-3863
to get on the waiting list to have a garden placed in your yard – for FREE

Smart Shopping/ Food Label Reading Workshops

Contact Patty to schedule a family & friends session

Health Promotions Programs

We have exercise videos in the building across from clinic
Work out alone, with us or schedule a time for a group

Our Nationally Recognized Lifestyle Balance Program

If you are ready to lose weight, we can provide support.
If you are Native American and over 18, see if you qualify to participate.

Mammogram Clinic

February 8th from 9 a.m. to 3 p.m.
@ the Health Clinic
Contact Elizabeth Heredia at 432-3930

Contact Melissa Grant (360)432-3926
Patty Suskin (360)432-3929



Happy Birthday

Harry Johns Jr.	01	Michael Henderson	09	Kimberli Burrow-Elam	18
Camden Adams-Lewis	01	Stefanie Kenyon	09	Steven Peters	18
Winter Perez	01	Crisaleena Rees	10	Haley Peters	18
Mistifawn Martinez	03	Hunter Merriman	11	Robert Whitener, Jr.	19
Donald Briggs	03	Shaelynn Peterson	11	Benjamin Parker	19
Lareciana Broussard-James	04	Alei Henderson	11	Rachel Ford	19
Lydia Algea	04	Russ Addison	12	Katalina Lewis	19
Larry Bradley, Jr.	04	Che-Vonne Obi	12	Cheryl Monger-Sept	20
Isaiah Rees	04	Eugene Cooper	13	Timothy Linn	21
James Cooper	04	Ramona Mosier	13	Kristopher Peters	21
Kalea Johns	04	Michael Furtado	14	Sallee Elam	21
Ronald Dailey	04	Alicia Boyette	15	Steven Peters	21
Dylan Suarez	05	Sonja Clementson	15	Jordan Sweitzer	21
Anthony Pinon	05	Sean Jones	15	Margaret Witcraft	21
Shannon Cooper	05	Jennifer Reboin	16	Annie Ruddell	21
John Briggs	05	Justine Vandervort	16	Grace Pughe	22
Stephanie Gott	06	Jean Henry	16	Kimberly Zachry	22
Sebastian Rivera	07	Clayton Bethea	17	Lydia Parrott	23
John Tobin	07	Sophia Martin	17	Joshua Melton	23
Ruth Lopeman	07	Antone Hidalgo-Hawks	17	Barbara Henry	23
Michael Mosier	07	Raul Avalos	17	Marvin Newell, Jr.	23
Justin Lopeman-Dobson	08	Micheal Kenyon	17	Delwin Johns	24
Fawn Tadios	08	Derrick Wily	17	Zachariah Mirka	25
Barbara Knudsen	08	Crystal Mc Culloch	17	Jonathon Fry	25
Apisai Moliga Jr.	08			Miriam Whitener	25
				Samuel Penn	26
				Katrina Story	26
				Alex Salgado	27
				Cameron Henry	27
				Juana Perry	27
				Katherine Ackerman	28
				Dennis Sigo	29

What's Happening

			1	2	3	4
			<i>Family Court</i>	<i>TANF Craft Class</i> 3-5, C Kitchen AA Meeting 7:30		
5	6	7	8	9	10	11
		<i>Criminal/Civil Court</i> Drum Group 6:00 p.m.		<i>TANF Craft Class</i> 3-5, C Kitchen <i>Council Mtg.</i> AA Meeting 7:30		
12	13	14	15	16	17	18
		Drum Group 6:00 p.m.		<i>TANF Craft Class</i> 3-5, C Kitchen AA Meeting 7:30		
19	20	21	22	23	24	25
		Drum Group 6:00 p.m.		<i>TANF Craft Class</i> 3-5, C Kitchen <i>Council Mtg.</i> AA Meeting 7:30		
26	27	28	29			
		<i>Criminal/Civil Court</i> Drum Group 6:00 p.m.				

Photo by Sis Brownfield





sgWigWiaꞑltxW
House of Welcome
Longhouse Education and Cultural Center at The Evergreen State College

FRIDAY
February 3, 2012
1:00 p.m.

You are invited to attend the **Ground Breaking Ceremony for the Longhouse's new Northwest Native Woodcarving Studio, "Pay3q'ali"**

Ford Foundation
"Funding support provided by the Ford Foundation"

For more information or to RSVP: kuckaht@evergreen.edu or 360-867-5344

Regalia, quilows & any sewing projects or crafts you may need help with for the Canoe Journey
Week nights, M-F, 5-7 p.m. in the Elders building with Dorinda Thein, 360-790-9307

Who Is It Answer from Page 2
Pete Kruger Old Timers' Favorite

Pete Kruger has been playing baseball since 1954 and continues to play on his Old Timers team with a game every year.

"I started playing fastpitch in 1954 with the Shelton Merchants and played 10 years with them. In 1966, I started my roofing company and sponsored them and played third base. The first year was not so good. We came in last in the Olympia League the first year. But the second, third and fourth years we took first place!

"In 1970, I sponsored a team we called the Shelton Athletics. We got the best players to play with us. We got the best in Shelton and Olympia and took second in state in 1971.

"In 1973, Manke Lumber took over the team. In 1975 Wayne Clary called and wanted the start the Old Timers team with players over 40 years. Vern's Clams sponsored the Old Timers. We got good ball players, all over 40 years old, and had a very good team and some good times.

"We still get together and have an Old Timers game every year. The last one was in Lacey. Everyone was between 70 and 80, so we decided not to play in the heat. But we all had a very good time.

"I consider myself lucky to have played with and against some of the best fastpitch players in the state. We had tournaments at Callanan Park for years with teams from Seattle, Tacoma, Portland, Olympia and Shelton."

Go Pete!!!!

Congratulations Marvin and Happy Birthday Cameron!



**Love, Willow, Dad,
Melissa & Alonzo,
Annie Beth & Shannon!**



1973

CONCERTS AT LITTLE CREEK

◆ THE ISLEY BROTHERS

Featuring **Ronald and Ernie Isley**

Saturday, February 25th + 8pm *On sale now!*

◆ GLEN CAMPBELL

Friday, March 2nd + 8pm *On sale now!*

◆ LIVE CHAMPIONSHIP BOXING

Hosted by Special Guest **Sugar Ray Leonard**

Saturday, March 10th + 7pm *On sale now!*

◆ CHRIS ISAAK

Sunday, March 18th + 7pm *On sale now!*

◆ CRYSTAL GAYLE & TANYA TUCKER

Saturday, April 28th + 8pm *On sale 2/23/12*

LITTLE CREEK

CASINO • RESORT

www.little-creek.com

For ticket pricing and more information
visit the box office, online or call 360-432-7300.

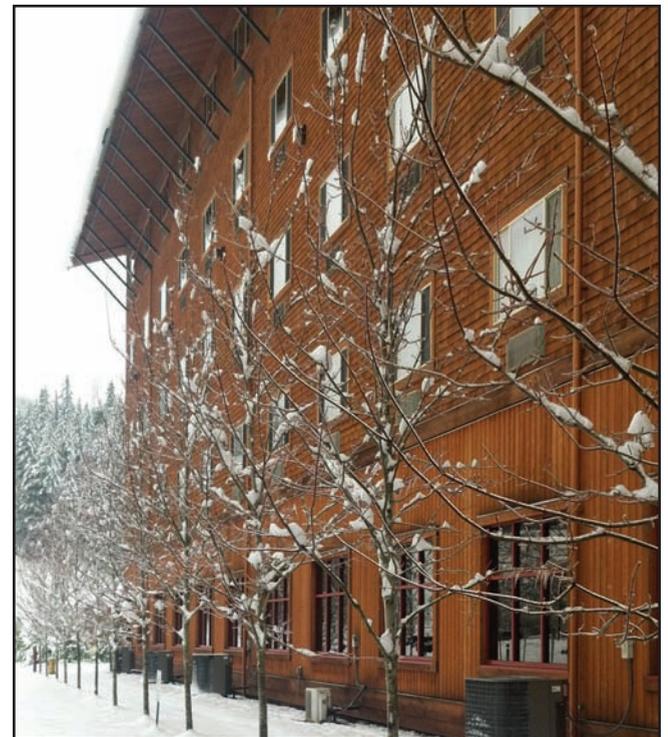
Must be 21 or older. Call for Skyboxes.

January 24, 2012

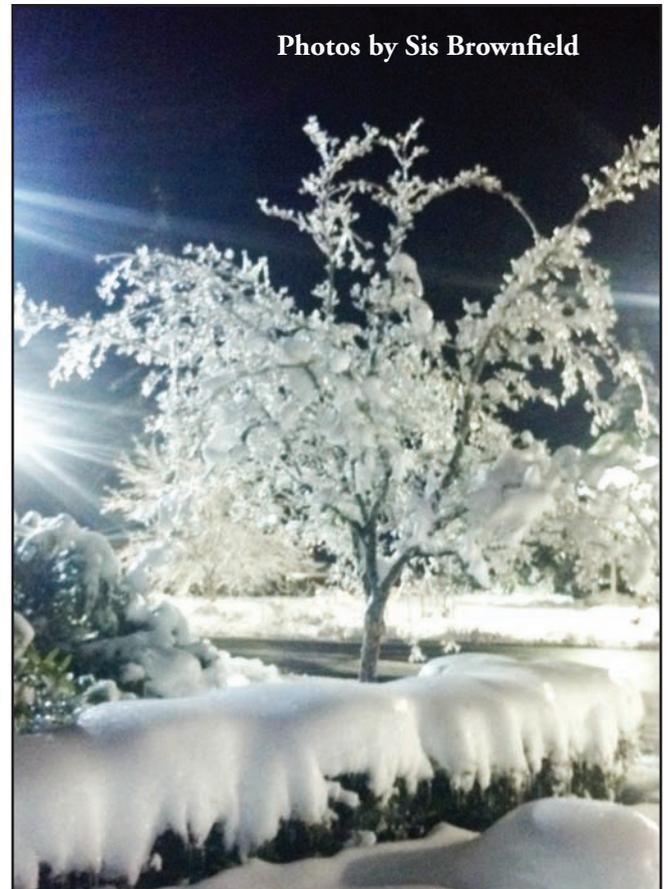
Kudos to LCCR

Last week I had the pleasure of staying at the Little Creek Hotel for the first time. The Kamilche Point Road, where I live, was so bad and our lights were out, so I got a room. The management, supervisors and all staff were scrambling to cover all the duties. I am sure over half of the employees were calling out because they couldn't get in. I was very impressed by the pleasant demeanor of the employees that did get in. Those who stayed at the hotel, putting in extra hours and being away from their families, are to be commended. I was very impressed at the smoothness of operation in such a disruptive time. I have always been impressed, but overwhelmingly so with such short staff, at the high standards of cleanliness at the casino. I have been to several of the tribal casinos here in Washington and in other states on my travels, and am always proud of how attentive the staff at Little Creek is. I never see full ashtrays, drinks left sitting around, or untidy restrooms at Little Creek as I have seen at other establishments. Thank you for making us proud of our casino, a place I am always proud to recommend. It takes the whole crew to make such a complex operation like Little Creek shine, and you, each and everyone of you, working at the hotel/casino contributes your special skills and touches in making Little Creek the fine place people want to come to. Thank you.

Sally Brownfield



Photos by Sis Brownfield



Return Service Requested

PEOPLE OF THE WATER

10 S.E. Squaxin Lane
Shelton, WA 98584

PRSR STD
U.S. POSTAGE
PAID
SHELTON, WA
PERMIT NO. 96

